

The Covenant

JANUARY/FEBRUARY 2024 • VOLUME 67 • ISSUE 1



Temple
Jeremiah
The Joy of Belonging



**Celebrating Inclusion
at Temple Jeremiah**
Rabbi Heaps

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Editor's Note

MEREDITH LEVINSON

Communications Coordinator

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Oh, the weather outside is frightful, but Jeremiah is so delightful. Temple is the place to go... for Shabbat, for events, and for shows! I believe those are the original lyrics by Dean Martin that were lost somewhere along the way, right?

Either way, our musical guest list for the next few months is overflowing with talent, including Jay Rapoport and Cantor Jonathan Comisar. January and February are typically the coldest, dreariest months of the year, which is why our staff have worked hard to plan exciting, inclusive events and special guests to get people out and about — even in the snow! In fact, our theme for this issue of *The Covenant* is inclusion.

Every February we celebrate Jewish Disabilities Awareness, Advocacy, and Inclusion Month (JDAIM), which is a month of deep significance in our Jeremiah and broader Jewish communities, as discussed in Rabbi Heaps' article on page 4. In honor of JDAIM, we look forward to welcoming everyone to our annual Scott B. Crane Abilities Awareness Kabbalat Shabbat on Friday, February 23rd.

Throughout the next several pages, you will also read about the fun we had during Chanukah, what's been happening around J-Quest, and an update on our Caring Community. Finally, you will read a touching article from one of our members, Evan Mogilner, who was in Israel on October 7th. Evan summed it up best when he wrote, *"I feel proud of my roots, and proud of the people around me."* At Temple Jeremiah, we all belong.

Meredith

TORAH PORTIONS

JANUARY

January 6th	Sh'mot	Exodus 1:1-6:1
January 13th	Va-eira	Exodus 6:2-9:35
January 20th	Bo	Exodus 10:1-13:16
January 27th	B'shalach	Exodus 13:17-17:16

FEBRUARY

February 3rd	Yitro	Exodus 18:1-20:23
February 10th	Mishpatim	Exodus 21:1-24:18
February 17th	T'rumah	Exodus 25:1-27:19
February 24th	T'tzaveh	Exodus 27:20-30:10



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Temple Jeremiah***
Rabbi Heaps



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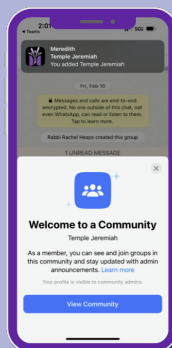


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COMING UP AT TEMPLE JEREMIAH

Dates and times are subject to change.
Check our calendar for the most up-to-date information at
tinyurl.com/TJ-calendar

A WEEKEND WITH JAY RAPOPORT!



Please join us as we welcome Jay Rapoport as our special musical guest for the weekend! Jay is a nationally-touring music educator who takes Jewish values and stories and transforms them into "Ruach Rock." He is currently the director of URJ 6 Points Creative Arts Academy.



*Registration required. Visit our calendar for more information.

FRIDAY, JANUARY 12TH 5:30 p.m. Shabbat Dinner with Families* 6:30 p.m. Family Kabbalat Shabbat with Special Musical Guest Jay Rapoport & Monthly Birthday Celebration	SATURDAY, JANUARY 13TH 9:30 a.m. Shabbat Morning Torah Study	SUNDAY, JANUARY 14TH 9:00 a.m. J-Quest Family Day; Jay Rapoport joins Kehillah
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5 Lesbians Eating a Quiche



Saturday, February 10th
5:00 p.m.



Temple Jeremiah proudly presents *5 Lesbians Eating a Quiche*, brought to you by Mosaic Players, a traveling theatre troupe whose work embraces social justice, human rights, and equality. This hilarious, interactive show finds five women assembled in a church basement (along with the audience) for the 1956 annual meeting of the Susan B. Anthony Society for the Sisters of Gertrude Stein's annual quiche breakfast. Following the performance there will be a moderated Q&A session with the actors.

Learn more: tinyurl.com/Quiche24



Respect the egg.

Club345 at Dave and Buster's

Saturday, January 13th @ 4:30 p.m.

Kabbalat Shabbat (6:30 p.m.) & Shabbat Dinner with Friends (7:30 p.m.)

Friday, January 19th

Jeremiah Kids Pajama Jammie Jam

Sunday, January 21st @ 11:00 a.m.

Gan Jeremiah

Sunday, January 21st @ 9:15 a.m.

Sunday, February 11th @ 9:00 a.m.

Jeremiah Parents Coffee Connections

Sunday, January 21st @ 9:30 a.m.

Sunday, February 18th @ 9:30 a.m.

Kabbalat Shabbat celebrating Shabbat Shirah with Cantor Jonathan Comisar and Adult Choir

Friday, January 26th @ 6:30 p.m.

JeTY Top Chef

Sunday, January 27th @ 5:00 p.m.

Jeremiah Buddies

Sunday, January 28th @ 9:00 a.m.

Sunday, February 25th @ 9:00 a.m.

Yoga

Sunday, January 28th @ 9:15 a.m.

Sunday, February 25th @ 9:15 a.m.

Rescheduled

Shabbat Dinner with Families of Kindergarten, 1st, & 2nd Graders (5:30 p.m.), Family Kabbalat Shabbat and Monthly Birthday Celebration (6:30 p.m.)

Friday, February 2nd

NCJW Reproductive Justice Shabbat (6:30 p.m.) & Shabbat Dinner with Friends (7:30 p.m.)

Friday, February 9th

4th Grade Creative Tefilah

Sunday, February 11th @ 9:30 a.m.

Jr. JeTY Escape Room

Saturday, February 18th @ 2:15 p.m.

Jeremiah Kids and Club345 Ice Skating

Saturday, February 24th @ 3:00 p.m.

JCC Inclusion Coordinator Rena Rosen at J-Quest

Sunday, Feb. 25th @ 9:00 a.m.

Acoustic Kabbalat Shabbat & Weekend with Steven Chaitman (6:30 p.m.) & Shabbat Dinner with Friends (7:30 p.m.)

Friday, Mar. 1st

Adult Learning with Rabbi Heaps

Unpacking Hate: Attempting to Understand Antisemitism and Antizionism

Wednesdays, January 24th, 31st, & February 7th @ 7:00 p.m.



Celebrating Inclusion at Temple Jeremiah

RABBI RACHEL HEAPS

rabbiheaps@templejeremiah.org

Shalom,

Every February we celebrate Jewish Disabilities Awareness, Advocacy, and Inclusion Month (JDAIM), which is a month of deep significance in our Jeremiah and broader Jewish communities.

JDAIM is a time when we come together to recognize and lift up the voices, experiences, and legacies of individuals with disabilities. It is a symbol of our commitment to our shared values of *Tzedek* (justice), *rachamim* (compassion), and *kehillah* (community). In a world that sometimes marginalizes those with disabilities, it is our duty as Jews to advocate for a more equitable and accessible society, beginning with ourselves.

At Temple Jeremiah, we have long understood the importance of creating an inclusive and welcoming space for all. Our Torah teaches us that each person is created in *B'tzelem Eloheim* (in God's image), and we fundamentally cherish the worth and dignity of every human being. This extends to those with disabilities, who may face unique challenges, but also may bring unique gifts and perspectives to our community.

JDAIM is a time when we spotlight the experiences of individuals with disabilities and their families. It is an opportunity to listen, to understand, and to amplify their voices. By celebrating JDAIM and our year-round inclusion work, we build bridges of empathy and compassion, breaking down the barriers that separate us from one another. In our Torah, it is written, *Tzedek, Tzedek, Tirdof* (Justice, justice you shall pursue) (Deuteronomy 16:20). To pursue justice is to work toward a world where all people, regardless of their abilities, can fully participate and thrive.

But it is not enough to celebrate past successes during JDAIM. We must not only be aware of the challenges faced by those with disabilities but also take action to address them. We can advocate for more accessible public spaces, for better educational opportunities, and for workplace accommodations. Our Jewish tradition calls us to stand up for the rights and dignity of our fellow human beings. We are all responsible for creating a more just and inclusive world.

"Our Jewish tradition calls us to stand up for the rights and dignity of our fellow human beings. We are all responsible for creating a more just and inclusive world."



I encourage you to reach out to your fellow Jeremiahans, friends, and family members who may have disabilities. Listen to their stories, ask about their experiences, and show your support. It is through these conversations that we can build a more compassionate and understanding community, one that truly reflects the values of our faith.

I am deeply grateful for the opportunity to celebrate every aspect of inclusion with all of you. Together, we can continue to make Temple Jeremiah a place of welcome and belonging for everyone, a sanctuary where each and every person can experience Torah, worship, study, and acts of loving kindness. Let us pursue justice, advocate for change, and strive for greater inclusion. It is in these efforts that we live out the timeless values of Judaism and create a more inclusive and compassionate world.

Rabbi Rachel Heaps

SAVE THE DATE

Scott B. Crane Abilities Awareness Kabbalat Shabbat



FRIDAY, FEBRUARY 23RD
6:30 P.M.

Join us for our annual Scott B. Crane Abilities Awareness Shabbat service in celebration of Jewish Disabilities Awareness and Inclusion Month.
Guest Speaker TBA.

MEET OUR NEWEST MEMBERS!

*Those who joined after December 1st will be featured in the next issue.



THE GRINBERG FAMILY
Katie, Ilan, Ethan, and Levi



THE SUKENIK FAMILY
Kathleen, Greg, Emma, and Adam



THE MUROKH FAMILY
Leo, Jessie, Benjamin, Owen, and Eli



RONALD AND SUSAN SCHINLEBER



THE KRAMER FAMILY
Sarita, Oliver, Mia, and Ava



JEANNE AND ARNOLD GRANT



THE ZIMBLER FAMILY
Evan, Jill, and Isabella

Youth Events



Jeremiah Kids Ceramics Painting

Jeremiah Kids gathered on Sunday, November 19th to design their own *Chanukiyot* (Chanukah Menorahs) at the Painted Penguin in Vernon Hills! Jeremiah Kids events are geared toward children in Kindergarten through 2nd grade.



Jr. JeTY Axe Throwing

Jr. JeTY got together after J-Quest on Sunday, December 10th to test their axe throwing skills at BullsEye Axe Lounge in Glenview! Jr. JeTY events are best suited for children in middle school.

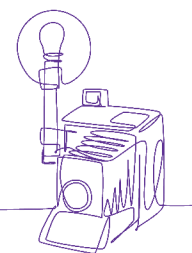


Club345 at Funtopia

Planned with 3rd, 4th, and 5th graders in mind, Club345 went to Funtopia in Glenview on Saturday, December 9th for an active and fun afternoon!

ICYMI...

(In Case You Missed It)



1930s Decades Luncheon

Cantor Amy Zussman, David Lornson, and Rabbi Cohen took attendees on a journey back in time to visit the nostalgia, music, and headlines of the 1930s during our Decades Luncheon on Wednesday, November 1st. Lots of hats were worn and fun was had by all!



"I'll Have What She's Having" : The Jewish Deli

On Sunday, November 12th, Jeremiah folks experienced "I'll Have What She's Having": The Jewish Deli Exhibition at the Illinois Holocaust Museum. The exhibit explores how Jewish immigrants, mostly from Central and Eastern Europe, imported and adapted traditions to create a uniquely American restaurant and how Jewish delicatessens became a cornerstone of American food culture. Led by two Temple Jeremiah congregant docents, Jerry Lidsky and Michael Kamen, attendees got a taste of deli history through neon signs, menus, advertisements, uniforms, photographs, and film and TV clips. Following the tour was a boxed lunch and time to socialize.

Chanukah at Temple Jeremiah

Shabbat Chanukah Dinner with Families, Friends, and Wally's Waffles

Catered by Wally's Waffles, our Shabbat Chanukah Dinner on Friday, December 8th had both sweet and savory waffles to enjoy with friends and families. Following dinner, our BYO menorah Family Kabbalat Shabbat with Monthly Birthday Celebration was fun (and tasty) for all ages.



Inclusion Chanukah Bowling Party

On Sunday, December 10th, a special Chanukah Bowling Party was planned for participants of the Inclusion activities and J-Quest students (8th grade and up). Plus, bowling was followed by a pizza lunch!

Rick Recht Chanukah Concert (Sneak Peek)

We were so excited to welcome back Rick Recht to our Sanctuary for our annual Chanukah concert! Families rocked out to Jewish music and classic Chanukah tunes during this musical treat on Sunday, December 10th. More photos to come in our next issue!

Send us your photos!

Do you have photos from Jeremiah events you would like to share with us? We would love to see them! Please send photos to Meredith Levinson at meredith@templejeremiah.org.

A Message From...



MEREDITH LEVINSON
Communications Coordinator
meredith@templejeremiah.org

Communication is literally the transmission of the information. We live in a digital age where people are innudated with communication, often making it challenging to sift through and determine what is credible and what is misinformation. It is so important to educate ourselves and be backed by the facts, especially when our words hold so much power.

I'm proud that Temple Jeremiah has offered our congregants avenues to stay informed and to show their solidarity with Israel. Specifically, I would like to highlight a recent, multi-session adult education course taught by Uri Feinberg.

Uri, a Jewish Educator and Israel tour guide, offered a deep dive into the history of the State of Israel through his class: *The History of the State of Israel, Zionism through 2023: The first 75 years, how did we get here, and what will happen next?*

In the aftermath of the devastation which began on October 7th, 2023, many found themselves on very shaky ground. How did this happen, why did this happen, what actually happened, and how can I explain how I feel and why? These were just some of the questions emphatically circling our consciousness. By taking attendees on a journey through the history of the young state, Uri's goal was to offer a first step toward creating a broader, stronger foundation of knowledge on which to stand. A goal which he accomplished according to those who attended.



Born in the U.S., Uri immigrated to Israel when he was 10, grew up in Jerusalem, served in the IDF, and then traveled the world. A licensed tour guide since 1999, Uri has guided Jewish heritage trips throughout Europe and has lectured on Israel and Jewish identity across North America.



TJ ♥ Israel



JUF's community-wide Israel Solidarity Gathering on Tuesday, October 10th.

J-Quest second graders made cards of comfort with drawings and messages of hope to send to Israel on Sunday, October 15th.



Gil Hoffman, the executive director of HonestReporting; a lecturer on political strategy at Israel's College of Management; and former chief political correspondent and analyst for The Jerusalem Post, spoke to congregants on Sunday, October 22nd.

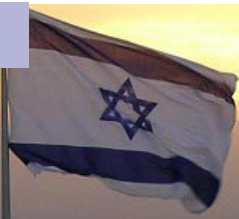


Several Temple Jeremiah members gathered in downtown Northbrook on Sunday, November 12th, to be part of a peaceful and silent protest to counter an anti-Israel protest.

Perspective



EVAN MOGILNER
Temple Jeremiah Member



On the Ground in Israel

Israel is an incredible place. Full of culture, people, and *shukim* (markets). There are no department stores. Instead, there are small specialty shops, such as the shop selling only lightbulbs near where I lived in Tel Aviv. Motorcycles and electric scooters are commonplace. So common, in fact, that people even ride them in flip flops!

I lived in Tel Aviv for two months as a student in the Aardvark Israel gap year program. During those two months, I had the time of my life. Tel Aviv is a wonderful city to walk through. There is always something to look at. Whether it is a cool clothing store, a cute cafe, or a delicious bakery, there's something on every corner. I lived on Levinsky Market. An amazing place, crammed with restaurants, candy stores, and clothing shops. It makes it easy to find my favorite snacks and drinks. I love Tel Aviv. I love it for its charm, its people, and the happiness it brought me. That is, until I woke up one morning [on October 7th] to a call from my *madrach* (counselor) telling me that there might be sirens.

Ten minutes later, I was in the stairwell with everyone else in my building. Twice more that day we ran to the stairwell to take shelter from rockets. Everything shut down. Only one grocery store was still open, a Super Yuda down the street. We couldn't do anything for days. Classes and internships were canceled, events and trips were postponed. My *madrach* was called to reserve duty. Fear took over the streets. My social media feeds were overrun with tragedy. It seemed endless, like I couldn't

Slowly, programming resumed and shops opened up, but there were still daily sirens. As it continued, more and more of my friends left the country. The program went from over one hundred people to less than twenty in two weeks. The sound of the sirens has become so ingrained in me that I began to flinch at the noise of an electric scooter. It is a terrible period. I can't stop thinking about my safety, the safety of my friends, and the people that are in more dangerous areas. Posters of the hostages are everywhere. We are truly at war. Not only are we facing a war at home, but also a war online.

Antisemitism has become rampant, and I cannot find a place away from it. People don't seem to acknowledge the suffering of Israel. In every other country, it has become less safe to be a Jew. But in Israel, that hasn't happened to such a degree. Jewish and Israeli pride are everywhere. Jewish stars are spray painted on the streets. Israeli flags pop up where there weren't before. We became stronger together. I feel proud of my roots, and proud of the people around me. In Israel, it is a *kehillah* (community). In Israel, I belong.

Evan is 19 years old and has been a member of Temple Jeremiah since 2013. Evan's parents are Ellie and Geoffrey Mogilner.



Rabbi Cohen spoke with parents during "Coffee Connections" on Sunday, November 12th and discussed how to talk about antisemitism to their children.

Rabbi Helbraun, along with her family and other Chicago-area residents, attended the March for Israel in Washington, D.C. on Tuesday, November 14th.



On Saturday, November 18th, Peggy Shapiro from *StandWithUs* joined our Torah Study group to discuss the current climate on college campuses and antisemitism in our communities, as well as what is happening in Israel and its impact on all of us.



Lately Around J-Quest

Special Guest: Rachel Wolman!

Special musical guest Rachel Wolman spent the weekend at Temple Jeremiah in November. She joined our Shabbat Dinner with Families and Family Kabbalat Shabbat on Friday, led Torah Study alongside Rabbi Heaps on Saturday, and had fun with our J-Quest students during *Kehillah* on Sunday!

6th Grade Yad & Siddur Program

On Sunday, November 5th, our 6th graders received their *yads* and *siddurs*, and together with their families, celebrated this milestone.



2nd Graders Express Their Creativity

Our 2nd graders have had a blast during the first half of the year! Rachel Smith's class made kiddush cups out of Legos in October, and in November, both Judy Tatar and Rachel Smith's classes made challah with our 7th graders.



1st Grade Consecration

On Sunday, December 10th, our 1st graders and their families celebrated Consecration, a ceremony marking the formal beginning of their Jewish education.



5th Graders get an up-close look at the *Torah* during J-Quest on Sunday, October 22nd.

J-Quest Teachers, Tutors, & VIPs Fun Facts

SHIRA BRANDHANDLER

Favorite Food: Sushi
Favorite Animal: Penguin
Dream Destination: Thailand

MELISSA CELNIK

Favorite Animal: Peacock
Favorite Food: Chocolate-covered orange peel
Superpower: I can find the silver lining!

JESSICA DON

Favorite Color: Blue
Dream Destination: Disney with family
Superpower: Patience

STACY DUDEK

Dream Destination: Anywhere on a private yacht
Favorite Holiday: Thanksgiving
Favorite Animal: Polar Bear

RABBI HELBRAUN

Favorite Food: Pizza and street tacos
Hobbies: Hiking and kickboxing
Favorite Color: Purple

ANNE KAPLAN

Favorite Food: MY charoset
Dream Destination: Maui
Favorite Sport: Baseball

ERIN LEVINE

First Job: *Madrichah*
Favorite Food: Lou Malnati's Deep Dish Pizza
Superpower: Want: fly. Have: forgiveness.

JACKIE MARIS

Dream Destination: New Zealand
Favorite Food: Arepas
Favorite Sport: Ballet

SUZANNE MCAULAY

Hobbies: Yoga, snowboard, teaching
Favorite Food: Cheese and crackers
Favorite Sport: Baseball

MATT RISSIEN

Favorite Food: Freshly baked soft pretzels
First job: Build-A-Bear Workshop
Dream Destination: The Bahamas, specifically when Kansas is playing in the Battle 4 Atlantis basketball tournament

KAREN ROHRBACH

Favorite Sport: Football
Superpower: Kindness
Dream Destination: Italy, Israel

ALEXIS RUDA

Favorite Food: Fresh pineapple
Hobbies: Making jewelry
Dream Destination: Japan!

JORDAN SHACTER

Favorite Sport: Baseball (Go Cubs!)
Dream Destination: Israel
Superpower: Making my 15-year-old daughter laugh

MARINA SHUBIN

Favorite Holiday: Purim
Superpower: Love
Favorite Sport: Soccer

RACHEL SMITH

Favorite Food: Chicken Tikka Masala
Favorite Holiday: Valentine's Day
Dream Destination: Croatia!

RONNA STEINBACK

Hobbies: Bike riding, walking
Favorite Holiday: Rosh HaShanah
Favorite Sport: Swimming/American Ninja Warrior

JUDY TATAR

Favorite Food: Anything chocolate!
Favorite Animal: Dogs, horses, tigers
Dream Destination: Any place I haven't explored

MINDY TIBBITTS

Favorite Color: Pink
Hobbies: Spending time with my family
Superpower: Making people laugh

ROS WOLFE

Favorite Food: Strawberry Ice Cream
Hobbies: Water sports
Superpower: Strength

Caring Community Update



BARB KITE

Long before there was Uber Eats and Door Dash, Temple Jeremiah started a Caring Community network. We have always known that we need to care for the world, but our caring needs to start at home. It has always been important to our members that part of the “Joy of Belonging” is that we are a community that takes care of its own.

Even though the world appears to be on fire, we need to light up and lift up temple members who are in need. The Caring Community is a wonderful way to give back and help those in need. By joining the committee, you can make a difference in the lives of congregants who are going through a difficult time. Whether it’s providing a meal for a family in need, picking up a member and getting them to a Shabbat service, or simply making a phone call to check in on a member, your contribution can make a big impact.

There are two ways the Caring Community can use your support. First, if you hear something...say something. If you hear that a member of temple is ill or in need of a ride or a call...let the clergy know. Let the Caring Community Network know so they can follow up and get the network working. Even if YOU are in need...don’t hesitate to let someone know. Congregants who have been recipients of this network are extremely appreciative and they become even more committed to helping another member in need.

The second way to participate is becoming part of the network. All you need to do is download the “WhatsApp” app. Once the Caring Community gets a call, you will receive a text. If you’re available to help, just respond YES!

It is every member's responsibility to pitch in and support another Temple Jeremiah member. By working together to help those in need, you can build meaningful relationships and make a positive impact on the world around you.

Please take the first step...download *WhatsApp* and become an important part of the Caring Community Network.

Scan the QR codes below to join the Temple Jeremiah Community on WhatsApp

General



Meals



Transportation



Testimonials

"The families I brought a meal to were very appreciative of the food as well as the personal contact. They all said how much they missed seeing their friends at temple. In a way, I felt like I was bringing a little bit of TJ to them! Participating in the Caring Community shows that a little bit of kindness goes a long way."

-Caren Brown

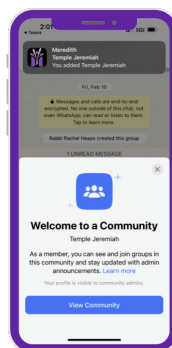


"After a fall which took a week to concentrate pain in my Sacrum, I was hospitalized. Rabbi Cohen came to my bedside and when I returned home, the Temple Jeremiah community rallied around both myself and Robin with several wonderful meals and concern. The Caring Community is a vital asset of our temple with compassionate leadership provided by Barbara Kite. I am forever grateful, and looking forward to returning the wonderful support I received to other members who may face similar challenges."



-Jon Lavin

If you are interested in learning more about *WhatsApp* with the Temple Jeremiah Caring Community, please contact Barb Kite at Bkite1002@gmail.com.



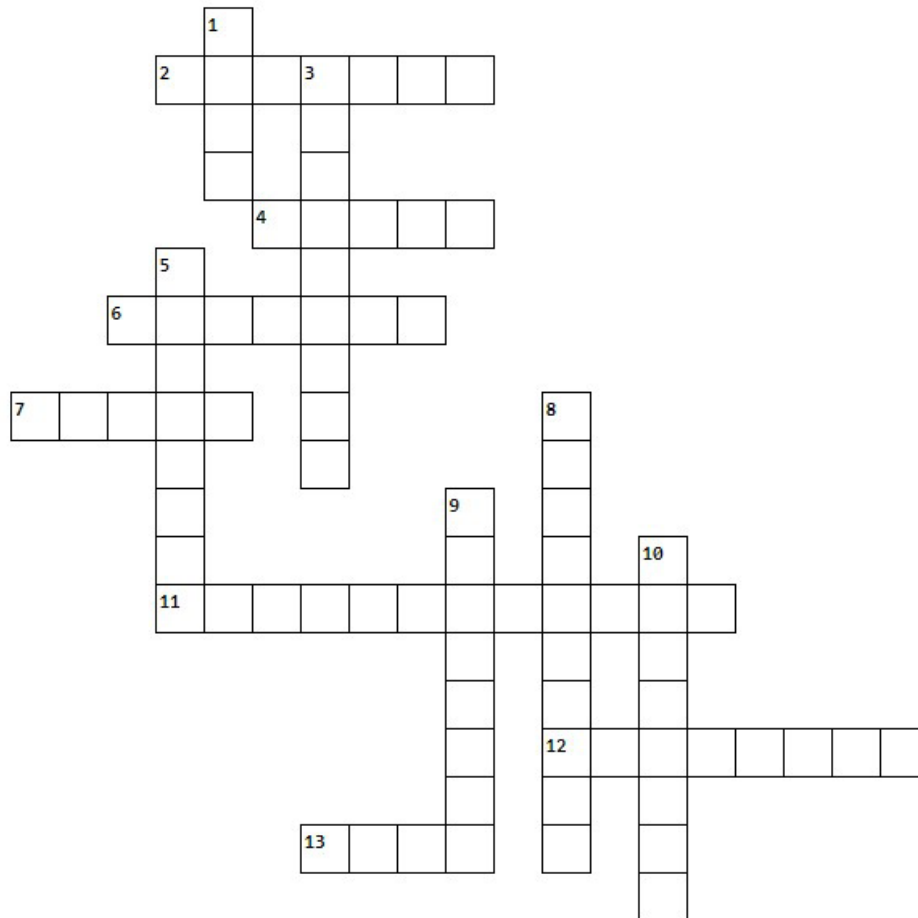
"A mother bird nourishes her young till they gain enough strength, can fend for themselves, and then fly off to resume their lives. I felt a bit like a baby bird, after my knee surgery, living alone, and needing dependence on a “mother” to help nourish me. The Temple Jeremiah Caring Community filled this need and role. Members came to my home and provided me with wonderfully nutritious meals. They expressed words of care and love. I was nourished beyond my dreams. Through the Caring Community's support and provisions of food, they enabled me to regain strength and eventually resume my life...much like the baby bird. Here's to the Caring Community!"

-Hershy Pappadis



Jeremiah Crossword Puzzle

JEWISH FACTS & JEREMIAH FRIENDS



ACROSS

2. Israel sent six athletes to the 2022 Winter Olympics in this city
4. After Tokyo and New York City, Tel Aviv has the most ____ restaurants per capita.
6. Our Shabbat Shirah Celebration with Cantor Jonathan Comisar will take place on Friday, ____ 26th at 6:30 p.m.
7. A unified effort among Jewish organizations worldwide to raise awareness and foster acceptance and inclusion of people with disabilities and mental health conditions and those who love them (abbreviated).
11. Best known for her roles in the comedy television series *The Office* and *Parks and Recreation*, this Jewish-American actress celebrates her birthday in February
12. Temple Jeremiah's Sisterhood Book Club takes place on the second ____ of each month.
13. Yiddish word meaning snack or nibble

DOWN

1. February 2024 will have 29 days, meaning it is this kind of year
3. Every year, about 1,000 letters addressed to God are sent to this holy city in Israel
5. Jewish-American author J.D. ____ was born in January.
8. Israel's most celebrated Paralympic athlete, Keren ____, won three gold medals in swimming competitions in Sydney in 2000, three World Championships, and five European Championships.
9. Jeremiah's Inclusion Committee planned a bowling party to celebrate this recent holiday
10. Our Scott B. Crane Abilities Awareness Shabbat takes place annually during this month

Crossword Puzzle Answers on Page 17.

Social Justice at Temple Jeremiah

RECEIVE
ADVOCACY
ALERTS



Feed the Hungry

More Lunches Needed to Meet Demand!

MINDY KURTZ

Our partnership with Another Chance Assembly in the Austin neighborhood of Chicago has enabled us to continue our mission to feed the hungry in an area with the most need. We have been asked by Pastor Kay to provide more lunches going forward now that many migrants are being sheltered in the area.

Please consider this ask as a wonderful opportunity to make lunches together as a family on a Saturday night and bring them to the temple on the first Sunday of every month. All ages can assemble the lunches in the comfort of your own home, and it's a chance to unplug from electronics and talk while packing. For questions, please contact myself (cupermom@aol.com) or Stephen Miller (stephenmiller2854@gmail.com).

Feed the Hungry

Sundays, Jan. 7th & Feb. 4th
@ 9:00 a.m.
tinyurl.com/FTH2324

Backpack Blessings

Opportunities to Make a Difference

Volunteers of all ages and abilities are welcome to help with Temple Jeremiah's Backpack Blessings Program, which feeds between 40 and 60 children during the school year. As part of the program, children in the Highland Park/Highwood School District are sent home with a bag of nourishing food to eat on weekends when the children do not receive free breakfast and lunch at school.

Another volunteer opportunity is to pick up the bins from Red Oak Elementary School on the Friday before packing before 3:00 p.m. and bring them to Temple Jeremiah. For questions, please contact Jacki Krashin (jackikrashin@gmail.com) or Melanie Morrow (stein.melanie@gmail.com).

Backpack Blessings

Sundays, Jan. 21st & Feb. 25th
@ 9:00 a.m.
tinyurl.com/Backpack2324

Things to Note:

URJ's Introduction to Judaism Class Returns

Wednesdays, January 17th - May 29th
7:00 p.m. - 8:30 p.m.

Several Reform synagogues on the North Shore of Chicago are coming together to offer another year of Introduction to Judaism. Class will be held in-person at host synagogues (including Temple Jeremiah), which both invites participants to experience a range of Reform Jewish communities on the North Shore, and also builds close connections with all of our participating clergy.

The class is grounded in the URJ's Introduction to Judaism curriculum and will explore some of the essential pillars of Jewish life, including Jewish texts, beliefs and values, holidays and rituals, and history.

Jeremiah's own Rabbi Rachel Heaps will share in instructing the course on a rotating basis.

Register: tinyurl.com/URJintroclass24

Follow Us On Social Media



TEMPLE JEREMIAH'S

Most Recommended

Local Fare

The Original Granny's

ERIN'S PICK



Granny's is a homestyle breakfast & lunch place in Wheeling known for their specialty pancakes and seasonal treats. The warm vibes (and food) are great for a chilly winter brunch.



Movie

Golda

CAREN'S PICK



Golda is a 2023 biographical drama depicting the life of Golda Meir, the 4th Prime Minister of Israel, particularly during the Yom Kippur War. It stars Helen Mirren, Camille Cottin, and Liev Schreiber.

Stream *Golda* on Amazon Prime or Apple TV+.



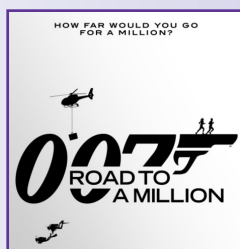
TV Show

007: Road to a Million

MEREDITH'S PICK

Nine pairs of everyday people are unleashed on an epic global adventure through a series of Bond-inspired challenges, for a shot at winning a life-changing £1,000,000 prize. Hosted by Brian Cox (*Succession*).

Watch *007: Road to a Million* on Amazon Prime.

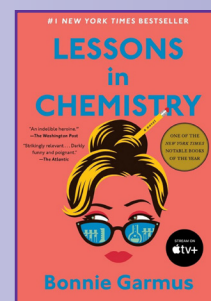


Book

Lessons in Chemistry

PHYLLIS' PICK

Lessons in Chemistry is the story of Elizabeth Zott, a brilliant scientist who becomes a beloved cooking show host in 1960s Southern California after a frustrating failed academic career. This book has also been made into a TV show of the same name, which can be streamed on AppleTV+.



Books

SISTERHOOD BOOK CLUB PICKS

Interested in joining Sisterhood Book Club? Contact Randi Gurian (randi.gurian@gmail.com).

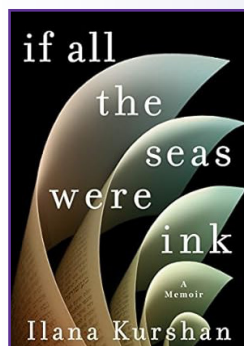
January

If All the Seas Were Ink

By Ilana Kurshan

Thursday, January 11th
10:00 a.m. - 11:30 a.m.

At the age of 27 and alone in Jerusalem in the wake of a painful divorce, Ilana Kurshan joined the world's largest book club, learning *daf yomi*, Hebrew for "daily page" of the Talmud. Her story is a tale of heartache and humor, of love and loss, of marriage and motherhood, and of learning to put one foot in front of the other by turning page after page.



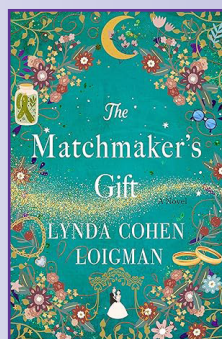
February

The Matchmaker's Gift

By Lynda Cohen Loigman

Thursday, February 8th
10:00 a.m. - 11:30 a.m.

A scrappy Jewish teenager newly arrived in 1920s New York struggles to follow her calling as a matchmaker. Seventy years later, her cynical divorce-attorney granddaughter realizes she has very inconveniently inherited the family gift for matching soulmates.



Acknowledgements

IN SUPPORT OF

Family Promise

-Judy Homer

Temple Jeremiah

-The Hozman Family
-Jerri and Scott Krantz

IN APPRECIATION OF

Rabbi Paul and Cathy Cohen

For their open house on Sukkot
-Babette and Jeffrey Sanders

Charles Gurian

For his career counseling and help
-Jacob Schurgin

Randi and Charles Gurian

-Shelly Trilling

High Holy Days

-Marcia and David Hirsch
-Ellen and Alan Toban

IN HONOR OF

Hannah Albert

Daughter Diane and Brian Albert, on the occasion of her marriage to Declin Dukworth
-Lori and Gary Kash

Sydney Bagdade

Daughter of Alissa Luck and Michael Bagdade, on the occasion of her becoming a Bat Mitzvah
-Alissa Luck and Michael Bagdade

Jonah Alan Bersh

Grandson of Sue and Joel Bersh, on the occasion of his birth
-Lori and Gary Kash

Bill Brown

On the occasion of his 95th birthday
-Terri Blenner
-Jill and Ed Randell
-Charlene Schuman
-Nikki Schwab
-Shelly Trilling
-Loretta Wexler

Margot Harriet and Claire Goldie Cohen

Granddaughters of Rabbi Paul and Cathy Cohen, on the occasion of their birth
-Barbara and Gordon Cooper
-Nancy and Arnee Eisenberg
-Judy and Jerry Tatar
-Ellen and Alan Toban
-Shelly Trilling
-Maralee and Ed Wicks
-Laura and Bruce Zimmerman

Rabbi Paul Cohen, Rabbi Rachel Heaps, and Cantor Any Zussman

For beautiful High Holy Day services
-Babette and Jeffrey Sanders

Michael Goldberg

-AEB Gold, LLC

Romeo Eli Irizarry

Grandson of Patty and Marc Turim, on the occasion of his baby naming
-Patty and Marc Turim

The Kowitz Family

-Iris Levine

Fern and Michael Kamen

On the occasion of their 60th wedding anniversary
-Joan Golder

Zoe Melam

Daughter of Carrie and David Melam, on the occasion of her becoming a Bat Mitzvah
-Carrie and David Melam

Emma Sands

Daughter of Suzanne and Matthew Sands, on the occasion of her becoming a Bat Mitzvah
-Lori and Gary Kash
-Suzanne and Matthew Sands

Spencer Zimmerman

Son of Laura and Bruce Zimmerman, on the occasion of his engagement to Sara Engleman
-Laura and Bruce Zimmerman

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-Robin and Jon Lavin

Marvin Barkin

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-The Hozman Family

Eleanor Bass

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-Phyllis and Michael Mitzen

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-Muriel Kaplan

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-Jamie and Keff Kost

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-Gail and Terry Belian

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-Jamie and Keff Kost

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Father of Lisa Bockenek and
Mark Kotz
-Mark Kotz

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Father of Philip Krause
-Jacqueline and Philip Krause

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-Leslie and Stephen Lipschultz

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-Mara Lane

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-Nancy Hirschfield
**FOR THE SPEEDY
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Babette Sanders**
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*Donations received and processed after December 1st that are not listed above will appear in the next issue of *The Covenant*.

Donate to Temple Jeremiah

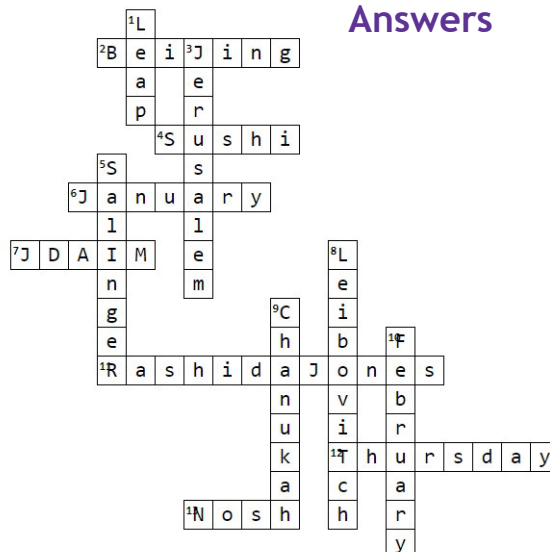
Making a donation to Temple Jeremiah is a wonderful way to honor a friend or family member on their happy occasion or to memorialize a loved one. There are specific funds you can make a donation to that support and enhance education programs for youth, adults, and our congregation as a whole. You can make a donation in two easy ways:

- Click on "Make a Donation" at templejeremiah.org or visit the Member Login section and click on "Donate" to donate online via credit card or ACH/eCheck.
- Mail a check to Temple Jeremiah, 937 Happ Road, Northfield, IL 60093. Be sure to include a note as to what the donation is for and which fund you prefer.

For questions about Hall of Remembrance plaques or Wall of Life leaves, please contact Leslie Landman at leslie@templejeremiah.org.

Thank You!

Jewish Facts & Jeremiah Friends Answers





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Temple Jeremiah is committed to being accessible and inclusive for all of its members and for the community. We welcome people of all ages, races, genders, sexual orientations, and abilities. Temple Jeremiah welcomes you as you are.

Experience Shabbat Shirah with Cantor Jonathan Comisar and Adult Choir



FRIDAY, JANUARY 26TH @ 6:30 P.M.