

The Covenant

NOVEMBER/DECEMBER 2023 • VOLUME 66 • ISSUE 6

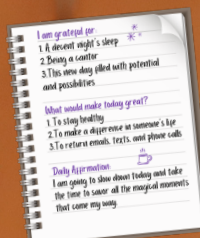


Temple
Jeremiah
The Joy of Belonging



**Get to know
Erin Levine**

PAGE 11



**Gratitude Journaling
with Cantor Amy
Zussman**

PAGE 10

Photos from Sukkot!

PAGE 14

**Gratitude Brings Us From
Darkness to Light
Rabbi Cohen**

PAGE 4

**Perspective: Jake Kane on
The Enriching Impact of OSRUI**
PAGE 8



Editor's Note

MEREDITH LEVINSON

Communications Coordinator
meredith@templejeremiah.org



Things are back in full-swing at Temple Jeremiah, with J-Quest and special events to fill our winter calendars. But before we look ahead, I want to take a moment to thank everyone for the wonderful High Holy Day season and start to the new year. We are all so grateful for our member volunteers and volunteers from the Center for Enriched Living, Misericordia, and Keshet who helped prepare our High Holy Day packages, and to our ushers for day-of assistance.

This issue of *The Covenant* highlights the importance of gratitude, and that theme can be seen throughout Rabbi Cohen's article, Cantor Amy's touching message, our partnership with Second Nurture, and our acknowledgements section. Moreover, we have a special feature this issue written by Temple Member Jake Kane on the enriching impact of Jewish overnight camp for children. Finally, we are proud to welcome our newest members and happy to have seen them participating in events like our J-Quest Social Justice Family Day and our Inclusion programs!

As we move into the end of 2023 and beginning of 2024, I can't help but be thankful for the place where I work and the people I work with, and I am excited to see everyone this fall and winter at Jeremiah!

Meredith

TORAH PORTIONS

NOVEMBER

November 4th	Vayeira	Genesis 18:1-22:24
November 11th	Chayei Sarah	Genesis 23:1-25:18
November 18th	Tol'dot	Genesis 25:19-28:9
November 25th	Vayeitzei	Genesis 28:10-32:3

DECEMBER

December 2nd	Vayishlach	Genesis 32:4-36:43
December 9th	Vayeishev	Genesis 37:1-40:23
December 16th	Mikeitz	Genesis 41:1-44:17
December 23rd	Vayigash	Genesis 44:18-47:27
December 30th	Va-y'chi	Genesis 47:28-50:26



Inside This Issue

FEATURES

4

***Gratitude Brings Us From
Darkness to Light***
Rabbi Cohen

8

***Perspective:
The Enriching Impact
of OSRUI: A Jewish
Pediatrician's Perspective***
Jake Kane, MD

HIGHLIGHTS

10

***A Message From
Temple Jeremiah's
Cantor Emerita***
Cantor Amy Zussman



11

5 Questions For...
Erin Levine

MORE

Coming Up at Temple Jeremiah	3
Meet Our Newest Members!	5
ICYMI: A Throwback to Summer	6
Inclusion Picnic and Havdallah	7
Partner Spotlight: Second Nurture	12
Winter @ Jeremiah Crossword Puzzle	13
Social Justice at Jeremiah	14
Sukkot Festival	14
Temple Jeremiah's Most Recommended	15
Acknowledgements	16
Crossword Puzzle Answers	17

COMING UP AT TEMPLE JEREMIAH

Dates and times are subject to change.
Check our calendar for the most up-to-date information at
tinyurl.com/TJ-calendar

ADULT PROGRAMMING

1930s Decades Luncheon with Cantor Amy Zussman, David Lornson, and Rabbi Cohen
Wednesday, November 1st @ 12:00 p.m.

Jeremiah Parents Coffee Connections

Sunday, November 12th @ 9:00 a.m.
Sunday, December 17th @ 9:00 a.m.

**Kabbalat Shabbat (6:30 p.m.)
& Shabbat Dinner with Friends (7:30 p.m.)**
Friday, November 17th

Yoga

Sunday, November 19th @ 9:15 a.m.
Sunday, December 17th @ 9:15 a.m.

New Trier Multifaith Alliance Thanksgiving Service (Wilmette)
Tuesday, November 21st @ 7:30 p.m.

Adult Learning with Rabbi Heaps

Wednesdays, November 29th, December 6th & 13th @ 7:00 p.m.

Temple Office CLOSED

Sunday, December 24th - Monday, January 1st

YOUTH & FAMILY



JR. JETTY DESSERT SCAVENGER HUNT

JOIN JR. JETTY AS WE SAMPLE SOME SWEET TREATS

SUN, NOV 5TH
2:00 P.M.

COST: \$18*
*SCHOLARSHIPS AVAILABLE

HAWTHORN MALL
MEET AT THE DOOR BETWEEN MAGGIANO'S AND MACY'S

REGISTER:
TINYURL.COM/JRDESSERTHUNT23

Temple Jeremiah
The Joy of Belonging



"I'll Have What She's Having"
THE JEWISH DELI

Sunday, November 12th
11:00 a.m. - 12:45 p.m.
Illinois Holocaust Museum (Skokie)

\$12/person to attend

More than a place to get a meal, the Jewish deli is a community forged in food. The exhibition explores how Jewish delicatessens became a cornerstone of American food culture. Following the tour, we will gather for a boxed lunch and to socialize (additional \$12/person for boxed lunch).

Register: tinyurl.com/JewishDeliExhibit

**Shabbat Dinner with Families (5:30 p.m.),
Family Kabbalat Shabbat featuring special
musical guest Rachel Wolman (6:30 p.m.),
and Monthly Birthday Celebration**
Friday, November 3rd

6th Grade Yad & Siddur Program
Sunday, November 5th @ 9:30 a.m.

Gan Jeremiah

Sunday, November 12th @ 9:15 a.m.
Sunday, December 10th @ 9:00 a.m.



OSRUI Chicagoland Family Retreat

Friday, December 1st - Sunday, December 3rd

Shabbat Chanukah Dinner with Families & Friends & Monthly Birthday Celebration

Friday, December 8th @ 5:30 p.m.

Rick Recht Concert

Sunday, December 10th @ 9:00 a.m.

Consecration

Sunday, December 10th @ 9:30 a.m.

Jeremiah Buddies

Sunday, December 17th @ 9:00 a.m.

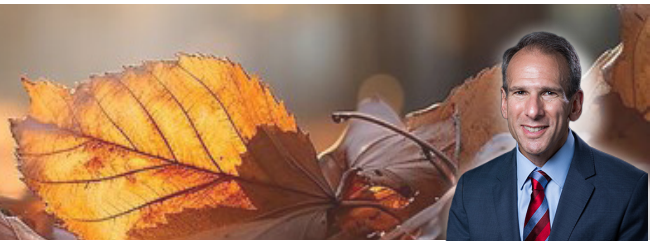
Brotherhood Family Bingo Night

Sunday, December 17th @ 5:00 p.m.



Gratitude Brings Us From Darkness to Light

RABBI PAUL F. COHEN, D.MIN, D.D.
rabbi@templejeremiah.org



Beloved Friends,

Gratitude is a spiritual attribute, *middah*, that has the power to transform our lives, guiding us from the depths of darkness to the radiant light of positivity and resilience. In the Jewish discipline of Mussar, the concept of gratitude is deeply rooted, and serves as a guiding principle for personal growth and spiritual development. Gratitude acts as a beacon of hope and illumination, leading us from despair to hope, and from darkness to light.

In our tradition, the importance of gratitude is emphasized from an early age. The act of thanking God for the blessings in our lives is ingrained in daily rituals, such as reciting blessings before and after meals. These blessings are a reminder that even in times of darkness and adversity, there is always something for which to be thankful.

One of the most well-known Jewish sources on gratitude comes from the Talmud. In *Berakhot* 35b, it states, "Whoever enjoys something in this world without a blessing, it is as if he stole it." This passage underscores the idea that gratitude is not merely a virtue but a moral obligation. By acknowledging the goodness in our lives and expressing gratitude, we prevent ourselves from falling into the trap of ingratitude and entitlement, which can lead to spiritual darkness.

Gratitude is not just about acknowledging the positive aspects of life but also about finding strength and resilience in the face of adversity. Our people have a long history of facing persecution, exile, and hardships, yet our ability to maintain a sense of gratitude has been instrumental in our survival.

The story of Job, found in the Hebrew Bible, is a poignant example of gratitude in the face of immense suffering. Despite losing his wealth, health, and family, Job declares, "Adonai has given, and Adonai has taken away; blessed be the name of God" (Job 1:21). Job's unwavering gratitude in the darkest moments of his life illustrates how gratitude can serve as a source of inner strength and a path towards illumination, even when surrounded by darkness.

While I certainly don't want to compare myself to Job and his tremendous suffering, I know how gratitude has been instrumental in moving from the pain and incredible inconvenience of a broken shoulder to being able to see so much goodness. When I first had my accident, I tried to be careful to share not only what happened when I was asked, but also to share the three huge positives.

First, I am right-handed, and it is my left shoulder that was affected. Two, at least, as of this writing, I do not require any surgery to repair the brake. And third, the dog that Tali ran after did not suffer any wounds. Amen!

Judaism places a strong emphasis on community and the interconnectedness of individuals. Gratitude is not only directed towards the Divine but also towards fellow human beings. The act of giving thanks extends to acknowledging the kindness of others, which strengthens social bonds and fosters a sense of unity. I am deeply grateful for all who have reached out with words of kindness and sympathy and support. I cannot adequately express how much it means to me having so many people so willing to help. It is clear to me that the gratitude I feel has been instrumental in my healing. The biggest thanks of all goes to my incredible wife, Cathy, without her, I would be lost.

The concept of *hakarat hatov*, recognizing the good is central to Jewish ethics, encourages us to acknowledge the good deeds of others and express gratitude for them. In this way, we not only uplift ourselves but also create a more compassionate and harmonious society, where darkness is dispelled by the warmth of human kindness.

Gratitude, my friends, is a powerful force that guides us from darkness to light. It reminds us that even in the most challenging circumstances, there is always something to be thankful for. Gratitude is not a passive virtue; it is an active practice that transforms our perspective, making us more resilient, compassionate, and connected to the world around us.

Gratitude is not merely a fleeting emotion but a way of life. It serves as a source of strength, a beacon of hope, and a path towards illumination. By cultivating gratitude in our daily lives, we can move from the shadows of despair towards the radiant light of positivity, resilience, and unity, just as generations of Jews have done throughout history. In this way, gratitude truly becomes a guiding principle that can lead us from darkness to light, inspiring us to live more meaningful and fulfilling lives.

My friends, I am so grateful for all the blessings in my life. I am grateful for my incredible family, and I am deeply grateful to be a part of this sacred community. May the light of our gratitude dispell the darkness of despair, anxiety, and fear transforming our world and bringing hope to all.

Shalom,

MEET OUR NEWEST MEMBERS!

*Those who joined after October 1st will be featured in the next issue.



THE BESLOW FAMILY

Michael, Lauren,
Lucas, and Danielle



JULIE ROGERS



THE LUBETSKY FAMILY

Daniel, Jill, Liam, and Jesse



THE BURKE FAMILY

Rebecca, Dustin,
Henry, and Isaac



THE FROST FAMILY

Brian, Amanda,
Henry, and Daniel



THE COHEN FAMILY

Jared, Anne, Hazel, and Levi



THE WEINBERG FAMILY

Josh, Arin, Dylan, and Paige



THE BOLON FAMILY

Matthew and Hannah



THE MAROUNI FAMILY

Amir, Margaret, Talia, and Leah



THE ROSS FAMILY

Beverly, Justin,
Benjamin, Michael,
and Kimberly



AUERBACH/TATAR

Benjamin, Ilene,
Cameron, and Everleigh



THE BECKER FAMILY

Samantha, Daniel,
Marley, and Joey



THE SHOLTES FAMILY

David, Laura,
Naomi, and Sammy



**LOUIS AND JACKIE
ROBINSON**



ANDREA WOLPA



THE WISNIEWSKI FAMILY

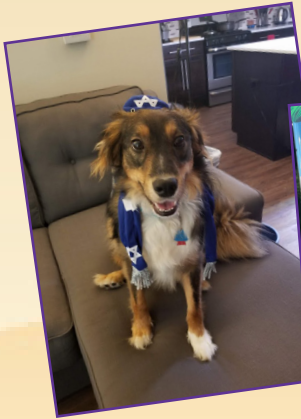
Kevin, Alissa, Lilah, and Emerson



Not Pictured:
TOBY RUBENSTEIN

ICYMI...

WARM UP THIS WINTER



Kabbalat Shabbat with Pet Blessing
& New/Propsective Member BBQ



Temple Jeremiah at Portillo's



Jews in Canoes



WITH A THROWBACK TO SUMMER

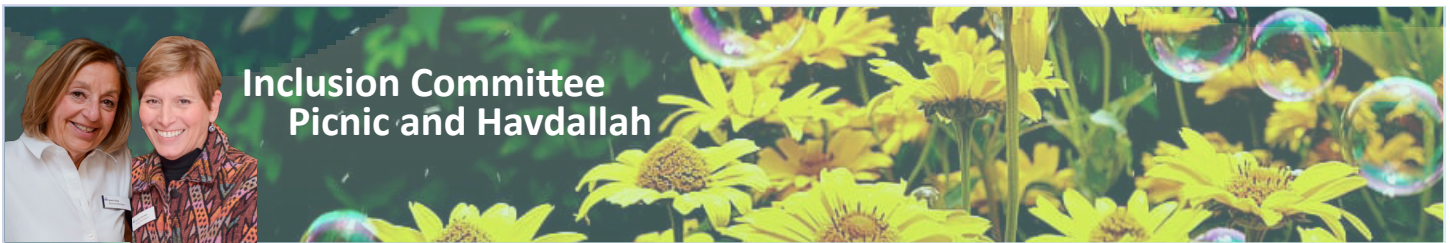
J-Quest Family Day



Maot Chitim



Rosh HaShanah
Inclusion Service



Inclusion Committee Picnic and Havdallah

BARB KITE & CAREN BROWN
Inclusion Committee Co-Chairs

Saturday afternoon, August 26th was sunny and mild, but the wind was pretty fierce! Nevertheless, individuals with special needs and their families, plus members of the Inclusion Committee, braved the weather to attend a fun picnic and havdallah service at Clarkson Park in Northfield. We totaled 32 hardy souls, some covered in blankets!

Most people ate their dinner at the picnic tables, and then tried their hands at tossing bean bags and blowing bubbles. The wind was a great help with the bubble wands! Zack M. practiced his tossing skills and Steve B. demonstrated his bubble making technique. Danny, Eden, and Levi G. also showed up to make balloon "dogs" for our guests.

Afterward, we all gathered for a havdallah service — which included a 3-foot long havdallah candle balloon made by Danny — and songfest with Rabbi Heaps. We learned some new songs that we also sang at the Rosh HaShanah Inclusion service on September 16th. As we gathered our belongings, we agreed that a good time was had by all.

Please plan on joining us for the upcoming Inclusion events mentioned below!

Chanukah Celebration

Sunday, December 10th, 2023 @ 2:00 p.m.

Scott B. Crane Abilities Awareness Shabbat

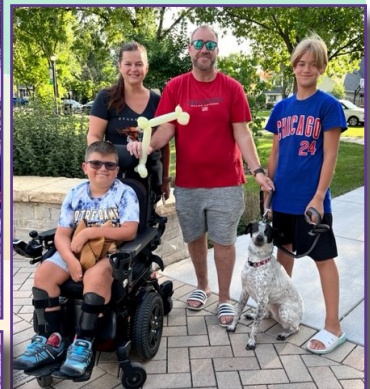
Friday, February 23rd, 2024 @ 6:30 p.m.

Hamantaschen Baking

Sunday, March 10th, 2024 @ 1:00 p.m.

Passover Seder

Sunday, April 28th, 2024 @ 2:00 p.m.



Join the Inclusion Committee!

Our Inclusion Committee meets once a month to plan special events and discuss ways to be more inclusive at Temple Jeremiah.

Upcoming Meetings:

Wednesdays @ 7:00 p.m.

November 15th

January 17th

February 14th

March 11th

April 17th

May 15th



The Enriching Impact of OSRUI: A Jewish Pediatrician's Perspective

JAKE KANE, MD
Temple Jeremiah Member

Emerging from the global pandemic, parents and families are grappling with the question of what the future holds for their children. Many have observed significant shifts in their kids' emotional wellbeing, a phenomenon supported by scientific data demonstrating the adverse effects of pandemic-related challenges on our children's social-emotional development. From difficulties in regulating their emotions to adapting to new stressors and connecting with peers, our children have missed out on crucial opportunities for cultivating age-appropriate emotional intelligence, which typically thrive through face-to-face interactions such as routine schooling, outings, playdates, and gatherings. As we acknowledge the data and insights from leading educators and social scientists, it becomes apparent that our children may face enduring struggles in these areas. Yet, I firmly believe that our community possesses a unique opportunity to not only help our children catch up but potentially excel in developing essential social skills that may have suffered due to the recent global pandemic. That opportunity is the transformative summer camp experience at OSRUI.

Full disclosure: I am an OSRUI parent. Having spent several summers as a camper at OSRUI in the 1980s, I eagerly wanted to send my own children there for their overnight camp adventure. Unfortunately, the COVID-19 pandemic initially disrupted our plans for our kids to enjoy a traditional camp experience in Oconomowoc, but this summer my kids completed their 5th and 3rd summers at OSRUI. As a pediatrician, I understand the profound positive impact that overnight camp can have on a child's social and emotional development. Camp provides a nurturing environment where children can forge relationships, learn cooperation, hone leadership skills, face challenges, and cultivate self-confidence and independence. It immerses kids in a world beyond their usual social circles, enabling them to connect with peers from diverse backgrounds and cultures. OSRUI, in particular, sets itself apart by offering a screen-free environment that fosters creativity, free play, and the quintessential camp experiences with a uniquely Jewish perspective.

But what truly distinguishes OSRUI from other camps, even other Jewish camps, is its commitment to creating a Jewish community that embraces and values every individual. Implicit in OSRUI's mission is the dedication to fostering openness, inclusivity, sensitivity, and the preservation of Jewish traditions. The opportunity for our children to return to OSRUI and experience what has become a "normal" summer has profoundly benefited both of our kids. This investment in their emotional wellbeing has yielded remarkable returns.



As an organization, OSRUI imparts Jewish values to our children, offering them a safe haven to be their authentic selves. Whether your child is an athlete or a scholar, artsy or intellectual, conformist or nonconformist, religious or secular, typical or atypical, OSRUI provides a welcoming and accepting community that nurtures individuality while teaching the importance of accepting others for who they are. Unlike many other camps, OSRUI seamlessly integrates religious and cultural Judaism into daily life, making it a transformative experience for many children. Much like the way some adults are forever changed by a visit to Israel, where they feel an extraordinary sense of community and a newfound connection to their heritage, many children undergo a similar transformation after a summer at OSRUI. Through the integration of liturgy, prayer, discreet and often covert Hebrew language instruction, and a deep appreciation for secular and cultural Judaism, OSRUI creates an environment where our children can not only develop social and emotional skills that make them empathetic and compassionate individuals but also instills the unique Jewish skills and values that foster a strong Jewish identity.

In the wake of the global pandemic, we have witnessed the profound impact on our children's social-emotional development. OSRUI presents a distinctive opportunity for children to immerse themselves in an inclusive Jewish community, forge a sense of identity and belonging, and engage in the rich tapestry of Jewish traditions. OSRUI's unique model of a Jewish summer camp creates daily opportunities for nurturing social-emotional development, equipping our children with the essential skills needed to thrive in school, build meaningful relationships, and lead fulfilling lives, rooted in the core values of Judaism. If you are contemplating sending your child to summer camp—an endeavor I wholeheartedly endorse—I urge you to explore the extraordinary experience that OSRUI offers.

Jake, Nicole, Simon, and Charlie Kane



Can you spot Jake in this photo from 1984? How about Jeremiah's own Dr. Anne Lidsky?!



"Camp provides a nurturing environment where children can forge relationships, learn cooperation, hone leadership skills, face challenges, and cultivate self-confidence and independence."



OSRUI alum and TJ member Jason Brown (yes, the Olympic figure skater!) visited camp and showed the kids his Bronze medal.

A MESSAGE FROM...



CANTOR AMY J. ZUSSMAN

Temple Jeremiah's Cantor Emerita

In 2015, my son and daughter-in-law, Andrew and Julie, gave me a book for my birthday. It was called *The Five-Minute Journal* and on the title page it read "The simplest, most effective thing you can do every day to be happier." It was set up like a diary and on each page, you filled in the date, read a short inspirational quote, and answered the following:

- *I am grateful for... (list 3 things)*
- *What would make today great... (list 3 things)*
- *A daily affirmation beginning with "I am" ... (1 sentence long).*

That's it! Five minutes in the morning to wake up, enjoy my coffee, and reflect on my upcoming day.

Once the pages in the journal ran out, I went to the Dollar Tree and bought a spiral notebook. I continued to begin each morning jotting down three things I'm grateful for, three things that would make my day great, and a one sentence daily affirmation. Eight years later I'm still doing the journal exercise every morning and I continue to find it a wonderful way to start the day (along with my cup of coffee ☺).

When our grandchildren sleep over, they enjoy helping me fill in the blanks, suggesting what I should be grateful for and what would make my day great. One of our granddaughters enjoyed it so much, she started keeping a gratitude journal for herself.

I still have the original book Andrew and Julie gave me along with the many, many Dollar Tree notebooks I've accumulated over the years. Admittedly, some days it's easier for me to fill in the blanks than others, but I can always find something to be grateful for even during the challenging times.

I'm writing this *Covenant* article during the ten days of repentance, the period between Rosh Hashanah and Yom Kippur. I'm grateful to have sung such beautiful music on the *bema* for the High Holy Days and to have reconnected with so many of you, my Jeremiah family. It has been a very busy (often stressful) time for me after being retired for nine years, but on the other hand, it has been unbelievably fulfilling. I am so grateful for this opportunity to serve my temple community.

I don't usually share my journal entries, but I'll make an exception today.

I am grateful for:

1. A decent night's sleep
2. Being a cantor
3. This new day filled with potential and possibilities

What would make today great?

1. To stay healthy
2. To make a difference in someone's life
3. To return emails, texts, and phone calls

Daily Affirmation:

I am going to slow down today and take the time to savor all the magical moments that come my way.

David joins me in wishing all of you a very happy, healthy, safe, and peaceful 2024.

With Gratitude from our family to yours,

Cantor Amy

Shir Joy is back!

Do you enjoy singing? Join us for Shir Joy, our K-6th grade youth choir! We meet on Sundays from 10:40 a.m. - 11:00 a.m.

No commitment is required; kids come when they can. Shir Joy sings for select Shabbat services throughout the year, including Shabbat Chanukah and Shabbat Shirah.

To get involved, please email Erin Levine
(erin@templejeremiah.org)

5 QUESTIONS FOR...

ERIN LEVINE

Young Family Engagement Director
erin@templejeremiah.org

1

Who is Erin Levine? Please tell us a little about yourself.

I'm a midwestern girl! I grew up in Wheeling, IL, then went to college in Cleveland, OH, at Case Western Reserve University where I majored in Music Education and minored in Judaic Studies. I then returned home and worked in Special Education for a few years before going to grad school. For grad school, I went to Hebrew Union College-Jewish Institute of Religion where I earned a Masters in Jewish Education and a Masters in Jewish Nonprofit Management. For my Masters degrees, I got to live in Jerusalem for a year then spent two years in Los Angeles before coming home to the Chicago area!

I now live in Glenview with my brother and his cat, Kona, and my service dog, Ruth! In addition to loving music and Judaism, I love movies and being outside. I try to get outside as much as possible, maybe hiking or just sitting in the sunshine.

2

What brought you to Temple Jeremiah?

There are a few things that brought me to Temple Jeremiah, but the main element was the community! I always feel warm and welcome here, and that is so important to me. I also love how inclusive the community strives to be. Another element that drew me in was the incredible professional staff! I feel so fortunate to work with such caring and fun people. I look forward to coming into the office and interacting with my colleagues, and that is a great feeling.

Fun Fact: If Erin had her own late night talk show, the first guest she would invite would be Julie Andrews.



"As the new Young Family Engagement Director at Temple Jeremiah, I oversee the youth group programming, the Madrichim program, Shir Joy, and more. A big part of my role involves connecting our youth and teens to the Temple Jeremiah community, and also making sure their adults feel an authentic and meaningful connection to our community! I love that my job is all about getting to know the members of our community and connecting them with each other in fun and meaningful ways!"

3

What does the "Joy of Belonging" mean to you?

The "Joy of Belonging" means that feeling of warmth and comfort you feel inside when you feel a sense of belonging to a community that is meaningful to you. It means feeling comfortable to be your true, authentic self when you're with the members of the community. It means smiling when thinking about that special community.

5

What are your favorite things to do outside of work?

Sit on the couch with a pet and a loved one watching a favorite movie or tv show. As for what I like to watch, I really love Disney and Pixar movies, Gilmore Girls, Boy Meets World, all variations of NCIS, and more!

Fun Fact: If Erin could watch any movie again for the first time, it would be Cars.

4

What's your favorite Jewish tradition?

I have so many favorite Jewish things! Here are a few:

• **Favorite Holiday: Passover**

I love the seder, the food, the company and the story telling!

• **Favorite Blessing: Shehechyanu**

I love celebrating special moments in time. It's so important to honor and recognize important occasions, people, and times.

• **Favorite Song (Right Now): "Asher Yatzar" by Dan Nichols and Eighteen**

My favorite line in this prayer song is, "I'm perfect the way I am and a little bit broken too." I love how it honors the reality of being B'tzelem Elohim, created in the divine image.

• **Favorite Torah Verse: Tzedek, tzedek tirdof: (Deut. 16:20) (Meaning: Justice shall you surely pursue.)**

I'm very passionate about the concept of pursuing justice and helping create a more just and inclusive world. Fun Fact: This was my Torah portion! I didn't know it was so well known when I read it as a 13-year-old! It has stayed with me ever since, and I love that it is so well known, because it serves as a communal reminder to always strive to be your best, most just and inclusive self.

Fun Fact: Erin's favorite Yiddish phrase is "Oy Gevalt."

MEMBER SPOTLIGHT

SUSAN ISENBERG
AND BETH SHABELMAN

Second Nurture



Temple Jeremiah has always been strong in its work with social justice issues. When a new opportunity developed in Autumn 2022, Rabbi Cohen agreed to join Rabbi Elder of Congregation Hakafa to help start up a chapter of Second Nurture – an organization that focuses on helping foster families.

Second Nurture was founded by Rabbi Susan Silverman in 2017. Currently, there are several groups in California and one group in Ohio. We are the latest – and the only – group in Illinois. Our goal is to both encourage people to become foster parents and to support foster families in a stressful system. Please go to www.2nurture.org for more information about Second Nurture.

In February 2023, Second Nurture had a kick-off event where 80 volunteers from Temple Jeremiah and Congregation Hakafa worked with Comfort Cases®, a national organization, to build 240 backpacks containing PJs, books, and toiletries for foster children. The backpacks were distributed to five agencies in Lake and Cook Counties that serve foster children.

After our February kick-off event, we worked to cultivate relationships with several foster care organizations, including DCFS. We also began to plan for our first foster family get-together.

In June, we had a group meeting with the foster families. We are happy to report that our July meeting had seven families and 15 children who came to our pizza party and parent group. We also had nine volunteers from Temple Jeremiah and Congregation Hakafa to help watch the children while the parents were in a group meeting.

We are continuing to work on enlarging our foster families group. The involvement of Congregation Hakafa and Temple Jeremiah communities is becoming very important! We have started reaching out for help from the congregations. We will need help watching the children during the foster parent group meetings, and we can see where help in other capacities will be needed in the future. You will begin to hear from us about ways you can help.

If anyone is interested in learning more about the fostering process, please let us know. We can provide you with information. We – Susan Isenberg and Beth Shabelman from Temple Jeremiah, and Beth McCullough from Congregation Hakafa – are beginning to see results from our initial work. Rabbi Cohen and Rabbi Elder have been very supportive of us and Second Nurture. We are excited to see all the ways that Second Nurture can have a positive impact on the foster care system and especially on foster parents and foster children.

Susan and Beth are both Temple Jeremiah members and co-coordinators for Second Nurture Chicago. If you have questions or are open to helping, please use their contact information below.

Susan Isenberg
uksusan7@aol.com
(847) 712-3729

Beth Shabelman
dbshabes@yahoo.com
(312) 371-3444

If you are interested in Second Nurture's future plans for Chicago and the rest of the country, please contact Chicago Launch Coordinator Beth McCullough at beth@2nurture.org or (847) 723-5430.



Winter @ Jeremiah



Across

6. In 2022, White House carpenters created a _____ especially for the official White House **holiday** decorations for the first time, using leftover wood from a Truman-era White House renovation circa 1950.
9. Name of Israel's only winter ski and snowboard resort (two words)
11. Potato pancakes
12. People fry their food in this liquid during Chanukah, as a symbol of the miracle of the holiday.
14. In January of 2022, snow carpeted this holy city in Israel, turning it into a winter wonderland.
16. The first president to recognize Chanukah with a menorah lighting in 1979 on the Ellipse, a lawn south of the White House
18. Yiddish word for "spinning top"
20. Thanksgiving is often compared to this Jewish holiday, which also takes place in autumn.
21. During a Chanukah reception at the White House in 2013 when **this holiday** overlapped with Chanukah, President Obama showed off his turkey-shaped menorah, playfully dubbing it the "menurkey."
22. Known as Israel's "____ siblings," Noa, Barnabás, and Benjamin Szollos all compete for Israel in the sport that completes their nickname. In fact, Noa made sporting history for Israel when she became the first athlete from her country to win an Olympic Winter medal in the Winter Youth Olympic Games.

Down

1. Temple Jeremiah's Shabbat Chanukah Dinner with Families & Friends will take place on Friday, _____ 8th.
2. An eight-day "festival of lights"
3. Holiday celebrated on December 23rd made popular by the TV show Seinfeld. Celebrations include airing of grievances, feats of strength, and the aluminum pole.
4. Hebrew letter meaning "take all" when playing Dreidel
5. Location of the ski and snowboard resort mentioned in clue 9 across (two words)
7. In 1993, Jeff Hoffman brought a travel-size menorah and spun a dreidel while on the Space Shuttle Endeavour to restore the _____ Space Telescope. His mini Chanukah celebration was broadcast over satellite for people back on Earth to see.
8. Olympic figure skater known for skating to the theme from "Schindler's List." Hint: He grew up at Jeremiah!
10. Chanukah celebrates the victory of this small Jewish army that led a rebellion against the Greeks and won.
13. This Jewish comedian and actor first performed his "Chanukah Song" on SNL in 1994. Hint: He recently released a movie on Netflix called "You Are So Not Invited to My Bat Mitzvah"
14. The classic Chanukah treat known as "sufganiyot" are doughnuts filled with _____.
15. We're excited to welcome back musical artist Rick _____ for a concert on Sunday, December 10th.
17. Chocolate coins wrapped in foil that are won during a game of Dreidel
19. Jeremiahs will gather at the Illinois Holocaust Museum on November 12th to explore "I'll Have What She's Having," an exhibition on the Jewish _____.

Crossword Puzzle Answers on Page 17.

SOCIAL JUSTICE AT JEREMIAH

RECEIVE
ADVOCACY
ALERTS



On Sunday, October 1st, our Social Justice Committee hosted a "Social Action Family Day" as part of J-Quest. Students and parents learned about and participated in some of Temple Jeremiah's cornerstone social action programs, such as Feed the Hungry and Backpack Blessings. They also had the opportunity to hear about advocacy and see how Temple Jeremiah helps to repair the world through our Social Justice Committee. Thank you to everyone who helped out!

Upcoming Volunteer Opportunities



Feed the Hungry

Sundays, Nov. 5th & Dec. 3rd
@ 9:00 a.m.

tinyurl.com/FTH2324

Backpack Blessings

Sundays, Nov. 5th & Dec. 3rd
@ 9:00 a.m.

tinyurl.com/Backpack2324

A Safe Place Thanksgiving Baskets

Collection & Delivery

Sunday, Nov. 12th
@ 9:00 a.m.

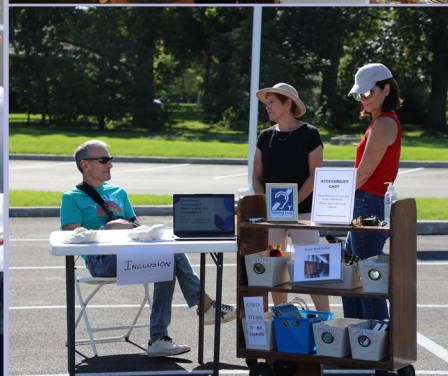
Family Promise Winter 2023

Sunday, Dec. 24th through
Monday, Jan. 1st

tinyurl.com/FPfall23

SUKKOT FESTIVAL

Following our J-Quest Social Action Family Day, we had our Sukkot Festival, complete with sukkah decorating, donuts, games, cotton candy, and bubbles! Plus, information on accessibility at Jeremiah was available through our Inclusion Committee. What a fun Sunday!



TEMPLE JEREMIAH'S

Most Recommended

Podcast *IdeaCast*

RABBI HEAPS' PICK



Produced by Harvard Business Review, this weekly podcast features the leading thinkers in business and management.

Listen to IdeaCast on Apple Podcasts, Spotify, etc.

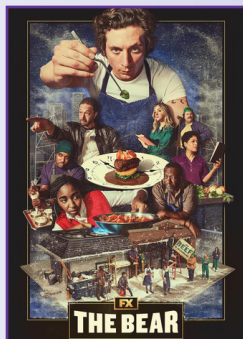


TV Show *The Bear*

ANNE'S PICK

A young chef from the fine dining world, Carmy, comes home to Chicago to run his family sandwich shop after a heartbreaking death in his family. As Carmy fights to transform both the shop and himself, he works alongside a rough-around-the-edges kitchen crew that ultimately reveals itself as his chosen family.

Watch The Bear on Hulu.



Limited Series

The Last Thing He Told Me

JILL'S PICK

I thought it was better than the book! In this limited series, Hannah (Jennifer Garner) must forge a relationship with her 16-year-old stepdaughter, Bailey, to find the truth behind why her husband has mysteriously disappeared.

Watch The Last Thing He Told Me on Apple TV +.



Podcast *New Heights with Jason and Travis Kelce*

MATT'S PICK

Football's funniest family duo — Jason Kelce from the Philadelphia Eagles and Travis Kelce from the Kansas City Chiefs — team up to provide next-level access to life in the league as it unfolds. The two brothers drop weekly insights about their games and share unique perspectives on trending NFL news and sports headlines. Plus, entertaining stories from a combined 21 years in the league, off-field interests, and engaging conversations with special guests.

Listen to New Heights on Apple Podcasts, Spotify, etc.



Books

SISTERHOOD BOOK CLUB PICKS

Interested in joining Sisterhood Book Club? Contact Randi Gurian (randi.gurian@gmail.com).

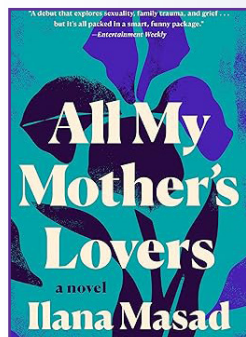
November

All My Mother's Lovers

By Ilana Masad

Thursday, November 9th
10:00 a.m. - 11:30 a.m.

Told over the course of a funeral and shiva, and written with enormous wit and warmth, *All My Mother's Lovers* is a unique meditation on the universality and particularity of family ties and grief, and a tender and biting portrait of sex, gender, and identity.



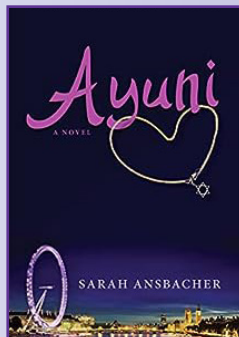
December

Ayuni

By Sara Anspacher

Thursday, December 14th
10:00 a.m. - 11:30 a.m.

Miri and Ben's paths should never have crossed. Although they live in the same north London neighbourhood, they come from two culturally different communities that rarely interact. With distinct nuances from two little-known communities, *Ayuni* is a powerful story about forbidden love, loss, the complexities of family and community, and the bonds of friendship.



Acknowledgements

IN SUPPORT OF

Annual Fund

-Deborah and Richard Ehrlich
-Scott Richards

Goldberg Family Fund for Special Needs Programming

-Ellen Sternweiler

High Holy Day Donations

-Jane Ander
-Bianca Botvinnik
-Mary Brainin
-Caren Brown
-Helene and Mark Cotton
-Jackie and Marc Eisenberg
-Danielle and Michael Greenwald
-Lisa and David Hoffman
-Ron Kalish
-Janice Kaplan
-Gabriel Ladowski
-Ellen Lebelfeld
-Michele and Jon Maeglin
-Kenneth Margolis
-Deborah and Martin Schwartz
-Laurel and Ed Shapiro
-Carol Silverman and Daniel Shevrin
-Viola Stamm
-Eliot Weinstein

IN APPRECIATION OF Rabbi Paul Cohen

-Deborah and Stuart Katz
-Rona Serota

Lisa and Steve Kleiman

For their hospitality and leadership
-Babette and Jeffrey Sanders

Temple Jeremiah

-Alan Funk
-Debra and Rick Winer

Cantor Amy Zussman

For helping to conduct High Holy Day services this year
-Nancy and David Sarne

IN HONOR OF

Lorrie Braidman

On the occasion of her 80th birthday
-Lorrie and Stanley Braidman

Eileen Brottman

On the occasion of her new residence
-Dianne and Joel Rovner

Bill Brown

On the occasion of his 95th birthday
-Hope Bernstein

Bill Brown and Family

A wonderful break the fast for Yom Kippur
-Avis Zimble and Family

Esther Brown

On the occasion of her 100th birthday
-Muriel Kaplan

Jared Carr

Son of Randi and Barry Carr, on the occasion of his marriage to Lauren Ross
-Randi and Barry Carr

Doris and Ron Cohen

On the occasion of their 74th wedding anniversary
-Doris and Ron Cohen

Ira Dolnick

On the occasion of his 60th birthday
-Amy and Ira Dolnick

Barbara Fisher

On the occasion of her 75th birthday
-Barbara and Jack Fisher

Miles Jonathan Goldberg

Grandson of Cantor Amy Zussman and David Fell, on the occasion of his birth
-Liz Trager-Mendel and Scott Mendel
-Emmy Rothschild

Kay and Bart Gordon

On the occasion of their 60th wedding anniversary
-Kay and Bart Gordon
-Emmy Rothschild

Romeo Eli Irizarry

Grandson of Patty and Marc Turim, on the occasion of his birth
-Barb Kite

Julia Elyse Loewy

Daughter of Jennifer and Alan Loewy, on the occasion of her becoming a Bat Mitzvah
-Jennifer and Alan Loewy

Michael Mitzen

On the occasion of his 85th birthday
-Harriet and Gil Adelstein

Sally and Henry Schlessinger

On the occasion of their 50th wedding anniversary
-Sally and Henry Schlessinger

Alison Shapiro

-Olivia and Gerald Shapiro

Emily, Dan, Patricia, Noah, Rebecca, and Sophia Vorona

-Peggy Vorona

IN MEMORY OF

Elsie Abrams

Mother of Sara Liebman, grandmother of Stephanie Schoenberg
-The Liebman and Schoenberg Families

Frank Bachenheimer

Father of Eric Bachenheimer
-Patricia and Richard Geline
-Susan and Ken Lorch
-Ellen and Alan Toban

Ilene Bass

Sister-in-law of Phyllis and Michael Mitzen
-Phyllis and Michael Mitzen

Rochelle Benjamin

Mother of Neil Benjamin
-Pat and Neil Benjamin

Esther Brenner

Mother of Howard Brenner
-Howard Brenner

Carol Christenholz

Sister of Michael Mitzen
-Phyllis and Michael Mitzen

James Conte

-Kathy and Marc Mayer

Doris Davis

Mother of Sharon Neal
-Sharon Neal and Family

Norton Diamond

Father of Rand Diamond
-Lori and Gary Kash
-Susan and Ken Lorch

Marvin Einhorn

Husband of Minna Einhorn
-Minna Einhorn

Irma Feldman

Mother of Mara Lane
-Mara Lane

Charlotte and Murray Franklin

Parents of Cory Franklin
-Suzanne and Cory Franklin

Ruth Gieseke

Mother of Ron Gieseke
-Jeanne and Ron Gieseke

Max Goldberg

Father of Jeff Goldberg
-The Family of Max Goldberg

Ruth Goodman

Aunt of Phyllis Mitzen
-Phyllis and Michael Mitzen

Julia Isaac

Mother of Janine Green
-Janine and Stuart Green

Hannah Israel

Mother of Leslie Goldhar
-Leslie and Joel Goldhar

Nancy Kessler

Wife of Alan Kessler, sister of Peggy Swartzchild
-Susie and Roger Fein
-Diana Kaufmann

Jean Kotz

Grandmother of Mark Kotz
-Mark Kotz

Harry Lane

Father-in-law of Mara Lane
-Mara Lane

Sue Ann Lash

Sister of Gail Modro
-Caren Brown
-Debra and Gary Holzman
-Barb Kite
-Amy and Scott Levin
-Liz, Scott, and Sarah Mendel
-Gail and Richard Modro
-Hershy Pappadis

Ronald Lieberman

Brother of Carol Fishbain
-Carol and Arnie Fishbain

Julius Lopin

Father of Sheila Goode
-Sheila Goode

Florence 'Chevy' Mitzen

Mother of Michael Mitzen
-Phyllis and Michael Mitzen

Robert Romanoff

Grandfather of Erin Levine
-Caren Brown
-Lisa and Steve Kleiman

Mitchell Scott Ross

Son of Susan and Gary Ross
-Susan and Gary Ross

Ed Rothschild

Husband of Emmy Rothschild
-Emmy Rothschild

Sanford Rovner

Father of Joel Rovner
-Dianne and Joel Rovner

Sharon Rubinstein

Mother of Brian Rubinstein
-Caren Brown

David Salk

Father of Steve Salk
-Patricia and Steve Salk

Fanny Sauer

Mother of Jennie Berk
-Jennie Berk

Barry Schlaggar

Husband of Sheila Schlaggar
-Sheila Schlaggar

Milton Tornheim

Father of Kenneth Tornheim
-Naoko and Ken Tornheim

Louis Turover

Father of Alan Turover
-Sara and Alan Turover

Judith Upman

Sister of Arlene Drucker
-Arlene and Steve Drucker

Marion Weil

Mother of Mike Weil
-Nancy and Mike Weil

Rosalie Weiner

Mother of Gary Weiner
-Gary Weiner

FOR THE SPEEDY RECOVERY OF

Rabbi Paul Cohen

-Lynn and Don Goffman
-Liz, Scott, and Sarah Mendel
-Phyllis and Michael Mitzen

Michael Johnson

-Liz, Scott, and Sarah Mendel

*Donations received and processed after October 1st that are not listed above will appear in the next issue of *The Covenant*.

Donate to Temple Jeremiah

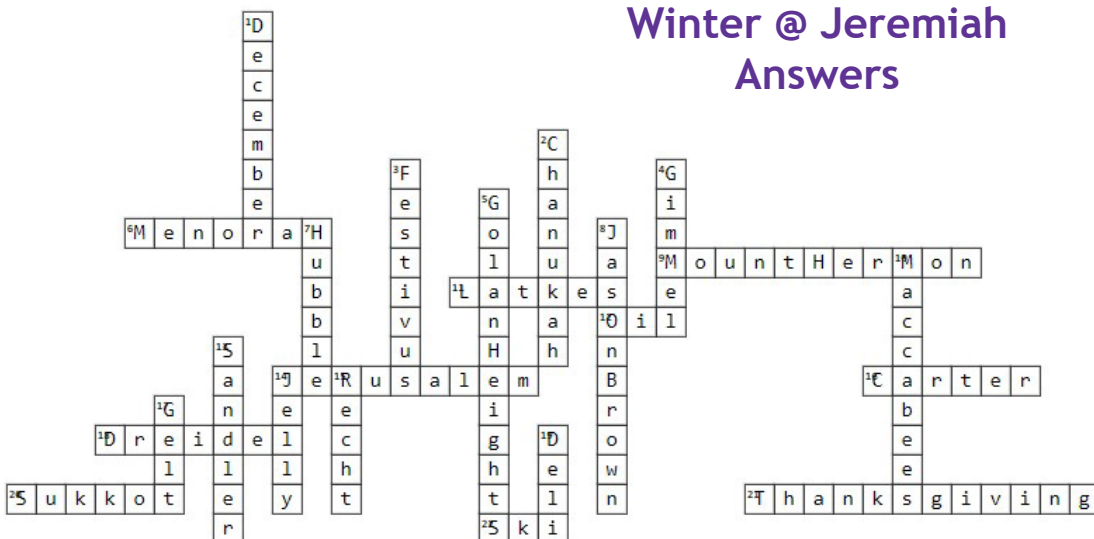
Making a donation to Temple Jeremiah is a wonderful way to honor a friend or family member on their happy occasion or to memorialize a loved one. There are specific funds you can make a donation to that support and enhance education programs for youth, adults, and our congregation as a whole. You can make a donation in two easy ways:

- Click on "Make a Donation" at templejeremiah.org or visit the Member Login section and click on "Donate" to donate online via credit card or ACH/eCheck.
- Mail a check to Temple Jeremiah, 937 Happ Road, Northfield, IL 60093. Be sure to include a note as to what the donation is for and which fund you prefer.

For questions about Hall of Remembrance plaques or Wall of Life leaves, please contact Leslie Landman at leslie@templejeremiah.org.

Thank You!

Winter @ Jeremiah Answers





Standard Mail
U.S. Postage
PAID
Permit #269
Skokie, IL

937 Happ Road
Northfield, IL 60093

Phone: (847) 441-5760
School Phone: (847) 441-0202

An affiliate of the Union for Reform Judaism

Visit us at templejeremiah.org



Temple Jeremiah is committed to being accessible and inclusive for all of its members and for the community. We welcome people of all ages, races, genders, sexual orientations, and abilities. Temple Jeremiah welcomes you as you are.

Contains Dated Material

Save the Date

Sunday, December 10th

9:00 a.m. J-Quest & Rick Recht Chanukah Concert

9:15 a.m. Gan Jeremiah

9:30 a.m. Consecration

2:00 p.m. Inclusion Chanukah

**Read our weekly E-newsletter and check
our calendar for more information!**

