



J-Quest 10.2.2022

Inside This Issue

 Editor's Note.....	2	 Building Tomorrow Together.....	9
 Adult Learning.....	2	 Chai Lights: Inclusion Events.....	10
 Message from Rabbi Cohen.....	3	 Checking In With Brotherhood.....	11
 Checking In: Security.....	4	 Upcoming Events.....	12
 Perspective: Dr. Scott Levin.....	5	 Chai Lights: The High Holy Days.....	13
 Weekly Torah Portions.....	5	 The Covenant Crossword.....	14
 Social Justice + Advocacy Opportunities.....	6	 Sisterhood Book Club.....	14
 Good News to Share.....	7	 Lately Around Jeremiah.....	15
 Volunteers Needed.....	7	 Acknowledgments.....	16
 Note from Leslie Landman.....	8	 Israel Trip 2023.....	17

Unexpected Blessings



By JULES HENSON
Digital Designer/Developer
j@juleshenson.com

When I decide to write something—be it a poem, a note to a friend, a song for my son—I sit down with a blank canvas inside of my mind. I haven't shared that with anyone; I imagine it might seem a bit silly. How could I write something meaningful if I haven't given any thought to what I should write? It would be a good question if I was asked, and I probably wouldn't have a great answer. But I can say this. It has been a productive practice, allowing myself to stay open to whatever may come. And, as it turns out, something always seems to manifest on the page.

It can be difficult to approach life from a blank perspective; we have all sorts of desires for what we want our days, weeks, months, years, and so on to look like. Our desires do become our

reality—sometimes. But also, as we all know, we are hit with certain events that we didn't account for. Then, we either become upset and look for ways to get back to where we were headed before, or we become happy and look for ways to maintain that feeling we didn't know was coming. Could we learn to make space in our mind—to find gratitude in all of life's events, whether planned or unplanned, whether they produce a positive or negative immediate result? In his Perspective article, Temple President Dr. Scott Levin writes a lovely parable about just that. The bottom line: Whether or not we leave space, events will happen in our lives. If we stay open, then we give ourselves the gift of accepting what does.

Here's what I have found: Life is sweeter the stiller my mind becomes. Life's unexpected blessings come in all shapes and sizes and many times disguise themselves as something other than what they are. This issue of the Covenant is all about unexpected blessings. I invite you to dig in and read the beautiful and important messages within.

Adult Learning with Rabbi Cohen

Adult Learning with Rabbi Heaps

Understanding Jewish Peoplehood in the 21st Century

November 2nd, 9th, and 16th

Judaism as an identity has aspects of a religion, but it also has aspects of a national identity. In this course, we will begin by exploring two models of Jewish collectivity: one based on the ideas of family and ethnicity, the other based on ideology and common aspirations.

Details and registration: tinyurl.com/AL-RPC-NOV

Debate Club

November 30th, December 7th, and 14th

Everyone has their own way of knowing, doing, believing, and belonging when it comes to Judaism. We know our Jewish selves better when we engage in spirited and respectful debate. Join Rabbi Heaps and your fellow Jeremiahans in *machloket l'shem shamayim* (debate for the sake of heaven)!

Details and registration: tinyurl.com/AL-RRH-DEC

My Promise to You

By RABBI PAUL F. COHEN, D. Min, D.D.
Senior Rabbi
rabbi@templejeremiah.org

Beloved Friends,

This year affords us the opportunity to reflect upon the manifold blessings that are ours in both the months of October and November. In October we concluded the High Holy Days with our celebration of *Sukkot*, *Z'man Simchateinu*, the festival of our rejoicing. It is a festival during which we express our gratitude to God for the bounty of creation. We dwell in the *Sukkah* replete with symbols of the harvest. This month, we look forward to the national holiday of Thanksgiving. Similarly, and actually based upon the biblical *Sukkot* festival, Thanksgiving is a time to gather with family and friends and reflect upon the bountiful blessings we enjoy. The blessings of food, friendship, and community can never be taken for granted nor should they ever be ignored. With the High Holy Days, as with *Sukkot*, we express our gratitude in many ways. Perhaps the most impactful way is through acts of loving kindness—*gemilut chasadim*—that share the bounty we enjoy with those who are in need and for whom such blessings may not, in fact, exist.

Reaching out to others is the expression of gratitude that recognizes our good fortune. It allows us more and more to respond from an attitude of abundance and move away from the tendency to respond from the place of scarcity. The act of giving, of opening ourselves to others—sharing of ourselves—does not diminish our lot. When we give to others we also gain. This is true materially and it is true spiritually and emotionally.

I am grateful for all of you who have helped me connect so deeply with this community. You are a blessing. I want to fulfill a promise that I made to you on *Rosh HaShanah* as part of expressing my gratitude. I shared a few weeks ago that I found a very compelling lesson that speaks to what is at the core of my promise. In chapter one of Genesis, God creates the first human in the Divine Image as both male and female. In chapter two of Genesis, we get a very different account of this creation. God first creates Adam, a single human, and immediately detects that it is not good for a human to be alone. Humans need companionship. Humans need community. Once a second human is created, Eve, these two humans can see the good in each other and the goodness that is in the world.

Then, things go very wrong. They both eat from the Tree of Knowledge of Good and Evil. Confronted by God who asks, "Where are you?" the humans go on attack. They attack each other, they attack God, and they attack the creation. Things go horribly wrong, indeed. The punishment is that life will become ever more

difficult. The humans, through their response to being confronted by the error of their own actions, are forever changed—doomed to engage in strife. This did not have to be. The humans could have made a better choice. Adam and Eve could have paused instead of immediately reacting. They could have asked questions instead of attacking. They could have sought understanding instead of seeking to blame. We live in a time when attack is the response to disagreement. Cancellation has almost completely overshadowed understanding. We too often choose polarization instead of harmonization.

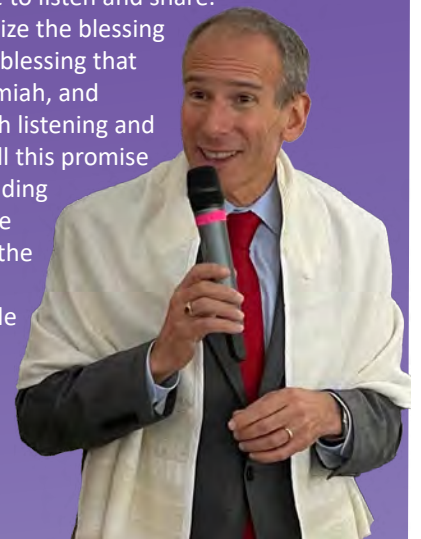
CHANGING THE SCRIPT

On *Rosh HaShanah*, I promised to create an opportunity to change the script. There are many who feel estranged from Jeremiah, perceiving that their political views are not valued. There are people who feel that there is a political tone to our worship and our social justice programs that is either too one-sided or at odds with what they think a house of worship should be.

I would like for us to gather for conversation that seeks understanding. I invite people who identify themselves as Jews with conservative views, along with people who think the congregation has become too political, along with people who are simply interested in hearing from fellow congregants who have views different than their own, to participate.

The first meeting will be November 21st at 7:00 p.m. in person at Temple. I hope you will come to listen and share.

I hope that we can all recognize the blessing that is Temple Jeremiah, the blessing that is the people of Temple Jeremiah, and express our gratitude through listening and understanding. Help me fulfill this promise to build bridges of understanding that will most truly reflect the vision of the prophet Isaiah, the vision that our founders had when they established Temple Jeremiah 63 years ago: "Let My house be a house of prayer for all people."

🚒 CHECKING IN: SECURITY



By MEREDITH BEIRNE

Communications Coordinator
meredith@templejeremiah.org

***Disclaimer: Mention of active shooter incidents, references to violence, photos containing fake injuries and/or blood.**

Back in April, our Director of Philanthropy Leslie Landman wrote an article for the Covenant highlighting how every dollar contributed to the *Building Tomorrow Together* Campaign has made a difference. One of the campaign's funding priorities was upgrading and installing needed security features, such as protective security coating that was added to our windows and night locks and shades that were installed for all the doors in our school wing, including offices, the teacher resource center, the multipurpose room, and the conference room.

We have kept safety at the forefront here, and recently, Temple Jeremiah staff participated in two trainings in an effort to educate and prepare for various situations.

As Leslie put it, "The need for security enhancements in our private and public spaces remains an ongoing reality. Jewish institutions in particular need to constantly reevaluate security protocols, including investing in various equipment that helps keep buildings and their occupants safe and secure."

We have kept safety at the forefront here, and recently, Temple Jeremiah staff participated in two trainings in an effort to educate and prepare for various situations. The first session, "Active Threat/Assailant Training" was taught by Security Consultant and Temple Jeremiah member Michael A. Crane, Esq., CPP, CFE. Michael explained important statistics, such as the number of active shooter incidents in the workplace between 2000-2018, which was 277, and of those, only 11 (4%) were in houses of worship. He then used this information to demonstrate the importance of pre-incident planning, the response to an incident, and post-incident recovery. The most critical piece of information that Michael went over? Run, Hide, Fight. **If you are ever in a threatening situation, you should remember to:**

RUN

- ✓ Know where the exits are near your location.
- ✓ If you know where the threat is and can get to an exit – do it!
- ✓ When outside, run to a safe place away from the building.
- ✓ If you can call 911, do so when safe.

HIDE

- ✓ If you cannot run or leave the building without encountering the threat – HIDE!
- ✓ Classroom – lock door and hide from interior windows.
- ✓ Offices – find a room that has a lock.
- ✓ Sanctuary – hide behind chairs, etc.
- ✓ Do not come out until the police come to get you.

FIGHT

- ✓ If no other options are available, and the offender is approaching, then fight the offender with whatever you can find.

On Wednesday, September 14th, Michael, along with Chuck DuShane from Homeland Security and Officer Steve Modert, presented a similar situational awareness training to congregants, as well as a briefing about the state of security in Jewish institutions. This was also an excellent opportunity for members to meet the officers that work at Temple Jeremiah.

The second training that Temple Jeremiah staff and a few other individuals in our community participated in focused on what to do during the first seven minutes following a violent incident. Magen David Adom (MDA) Senior Paramedic and Instructor Raphael Herbst, as well as MDA Paramedic Kelly Rachel Peretz, presented on real-life situations they had experienced, followed by a hands-on training session.

Raphael explained what he feels are the most critical responses in the first seven minutes:

- ✓ Work together/communication
- ✓ Make no assumptions
- ✓ Stop the bleed – direct pressure to a wound
- ✓ Call for help

These are only a few of the trainings and preparedness opportunities that we have at Temple. I am thankful that the leadership at Temple Jeremiah has taken steps to enhance security while still promoting a welcoming community. For security-related questions, contact Danny Glassman (daniel@templejeremiah.org). For *Building Tomorrow Together* campaign information, please contact Leslie Landman (leslie@templejeremiah.org).

Unexpected Blessings and Our Journey

By DR. SCOTT LEVIN
Temple President
scottamy93@aol.com

“Wouldn't it be wonderful, at times, to just surrender to the universe, as if a cork in the ocean letting the blessings, both expected and unexpected, wash over us?”

Mitch Albom, one of my favorite authors, writer of *Tuesdays with Morrie*, also wrote a book called *have a little faith*. The title is in all lower-case, I think, to emphasize the humility in this directive, and is also the spirit in which I write these words. There is no single answer for everyone, nor a single answer for an individual at all times. Religion, faith, God, and congregational communities mean different things for each of us at different times. There is only the journey of our lives, our connections, our love, and our faith.

There is a story from the book I would like to share. It is actually a Buddhist parable. A farmer wakes to find that his horse has run off. The neighbors say, “Too bad. Such awful luck.” The farmer says, “Maybe.” The next day, the horse returns with a few other horses. The neighbors congratulate the farmer on his reversal of fortune.

“Maybe,” the farmer says. When his son tries to ride one of the new horses, he breaks his leg, and the neighbors offer condolences. “Maybe,” says the farmer. And the next day, when army officials come to draft the son, and don't take him because of his broken leg, everyone is happy. “Maybe,” the farmer says.

Wouldn't it be wonderful, at times, to just surrender to the universe, as if a cork in the ocean letting the blessings, both expected and unexpected, wash over us?

This is what Temple Jeremiah has meant to me as an adult. The rituals, the connections to generations past and future, and having a little faith can be very steadying. Please take the time to reflect on how you can strengthen your reserves, to build those steadying forces, to feel a part of this community and others. You may not need it now, but you will, without question.

Thank you for the honor, the privilege, of serving as your Temple Jeremiah President.

WEEKLY TORAH PORTIONS

We invite you to join us on Saturday mornings to discuss the Torah portion and how it might apply to our lives. We meet in-person at 9:30 a.m. every Saturday.

NOVEMBER

November 5, 2022	Lech L'cha	Genesis 12:1–17:27
November 12, 2022	Vayeira	Genesis 18:1–22:24
November 19, 2022	Chayei Sarah	Genesis 23:1–25:18
November 26, 2022	Tol'dot	Genesis 25:19–28:9

DECEMBER

December 3, 2022	Vayeitzei	Genesis 28:10–32:3
December 10, 2022	Vayishlach	Genesis 32:4–36:43
December 17, 2022	Vayeishev	Genesis 37:1–40:23
December 24, 2022	Mikeitz	Genesis 41:1–44:17
December 31, 2022	Vayigash	Genesis 44:18–47:27

🏠 SOCIAL JUSTICE AND ADVOCACY VOLUNTEER OPPORTUNITIES



Feed the Hungry

Join us the first Sunday of every month to make lunches to feed the hungry in Chicago. This family-friendly activity requires grocery shopping (approximately \$60) in preparation for the lunch assembly and delivery. Join us on **November 6th** and **December 4th**. There are two ways to participate:

Make lunches at home (two sandwiches with two slices of any lunch meat, one bag of chips, one piece of fruit, and two cookies). Drop off your lunches by 9:30 a.m. at Temple Jeremiah outside the west doors (the circle drive). Please note that each drop-off slot is for 20 lunches (e.g., if you are packing 80 lunches for the month please sign up for four drop-off slots).

Four families gather in the temple kitchen at 9:00 a.m. and collaborate while assembling about 80 lunches assembly-line style. We then load all the lunches at 9:30 a.m. and drive downtown to our partner church and supervise the children handing out their work product to those in need who have gathered there.

To sign up, visit: tinyurl.com/FTH2022-23. Your participation is greatly appreciated. If you have any questions, please contact Mindy Kurtz at cupermom@aol.com.

Thanksgiving Collections for A Safe Place

A Safe Place—the leading organization in Lake County dedicated to addressing domestic violence and human trafficking—has reached out to us as a partner organization for help this Thanksgiving holiday. Temple Jeremiah has committed to sending 50 Thanksgiving Baskets to A Safe Place. Please consider helping in the following ways:

Contribute to our goal of raising \$500 in tzedakah contributions through J-Quest, which will allow us to purchase the items necessary to fulfill the request.

Sign up to bring needed items to Temple Jeremiah on Sunday, November 13th, between 8:45 a.m. and 11:00 a.m. (tinyurl.com/ASP-Baskets)

Help bring these items to A Safe Place. (Please contact Dana Garbarski at dana.garbarski@gmail.com.)

Backpack Blessings

Backpack Blessings feeds between 40 and 60 children during the school year. Children in the Highland Park/Highwood School District are sent home with a bag of nourishing food to eat on weekends, when the children do not receive free breakfast and lunch at school. Please consider volunteering on **December 11th**. We need volunteers for the following:

Shift 1 volunteers: Setup and packing (9:00 - 10:15 a.m.) - bring food up from the temple basement, and set up the food on tables for packing. Pack food into bags, which are loaded into bins to be delivered to the schools. Volunteers also help clean up supplies.

Shift 2 volunteers: Loading and unloading (9:30 - 10:30 a.m.) - must be able to lift 25 pounds. Load the bins onto the truck at Temple Jeremiah, meet at Red Oak Elementary School, and unload bins at Red Oak and Sherwood Elementary Schools.

Truck rental volunteer: (9:00 - 11:00 a.m.) Rent a truck from U-Haul and arrive at Temple Jeremiah at 9:30 a.m. to pick up the bins. The driver drives the delivery to Red Oak Elementary School and returns the truck once unloaded at the school. The rental will be reimbursed.

Another opportunity is to pick up the bins from Red Oak Elementary School on the Friday (prior to packing) before 3:00 p.m. and bring them to Temple Jeremiah.

Volunteers of all ages and abilities are welcome! **To sign up, visit:** tinyurl.com/BPB2022-23. Please contact Dana Garbarski at dana.garbarski@gmail.com with any questions.

Family Promise

Temple Jeremiah is a participating member of Family Promise, a national organization that helps families experiencing homelessness to achieve sustainable independence. These families are like ours, but circumstances have brought them to a point of financial crisis. Temple Jeremiah is a founding member of Family Promise Chicago North Shore, a coalition of interfaith houses of worship that host these families on a rotating basis.

We will be hosting a family from December 25th - January

1st. Please join our Family Promise guests and coordinators in a community meal. We will need two families or groups to sign up each night. One will bring a main dish, the other will bring sides, and the coordinators will bring the dessert. We will also need volunteers to stay overnight at Temple. Come share in an evening of meaningful connection. Please be on the lookout for more information in our weekly email and social justice newsletter.

Welcome the Stranger

HIAS (the Hebrew Immigrant Aid Society) has a new volunteer program assisting single individuals arriving from Afghanistan to put down roots in the Chicago area. They have reached out to Temple Jeremiah and are looking for one or two volunteers to help them get settled. If you are interested in more information, please contact Barb Miller at bmiller54@comcast.net.

To learn more about, and get involved in Temple Jeremiah's Social Justice and Advocacy programs, visit: tinyurl.com/TJSocialJustice and tinyurl.com/TJSocialAdvocacy

Temple Jeremiah's

GOOD news to share

MAZEL TOV!



B'NAI MITZVAH

Mazel Tov to Zachary David Galin, son of Matt and Libby Galin, on becoming a Bar Mitzvah on November 5th.

Mazel Tov to Alexandra Charlie Jacobs, daughter of Marc and Vanessa Jacobs, on becoming a Bat Mitzvah on November 5th.

Mazel Tov to Eli Jared Brown, son of Daniel and Andrea Brown, on becoming a Bar Mitzvah on November 12th.

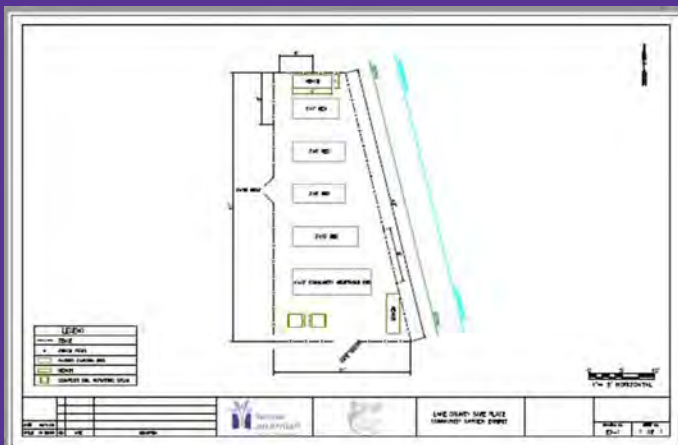
Mazel Tov to Elise Mara Rothstein, daughter of Michael and Allison Rothstein, on becoming a Bat Mitzvah on December 3rd.

Mazel Tov to Samantha Drew Saperstein, daughter of Jennifer and Brian Saperstein, on becoming a Bat Mitzvah on December 3rd.

Mazel Tov to Chase Matthew Kornblet, son of Amanda Gordon and Ben Kornblet, on becoming a Bar Mitzvah on December 26th.

SHARE YOUR GOOD NEWS! We love to hear about the great things happening in our members' lives. Tell us about your engagements, weddings, the birth of your child or grandchild, and more! Please contact Phyllis Burg (phyllis@templejeremiah.org) to share your good news.

VOLUNTEERS NEEDED: LET'S BUILD A VEGETABLE GARDEN!



PLANS FOR THE GARDEN
Building will begin this spring

Temple Jeremiah is building a vegetable garden at A Safe Place, a multi-unit domestic violence and human trafficking shelter in Zion. Our Social Justice Committee and Brotherhood are partnering with Discover Card, A Safe Place Board of Directors, and independent donors, including Landscape Contractor Scott Byron & Co., to complete this exciting project this spring.

If you are interested in a limited time commitment, super-fulfilling, and fun project, please contact Stephen Miller at stephenmiller2854@gmail.com or Dan Bellows at dbellows60025@yahoo.com. We need people who can use basic tools and others who can move woodchips, dirt, wood, and other materials to build the beds and walking areas of the garden. Come alone and meet other volunteers, or make it a group event and volunteer with several families.

Finding the Perfect Match!



By LESLIE LANDMAN
Director of Philanthropy
leslie@templejeremiah.org

One aspect I particularly enjoy in my role as Director of Philanthropy is when I have the opportunity to play matchmaker. While not a matchmaker in the Fiddler on the Roof sense, when someone expresses interest in making a special gift to the

temple, I try to take the emotion that they share and help match them with a giving opportunity that resonates for them. It is amazing when you see the spark!

Some time ago, I was contacted by one of our congregants, Diane Wayne, who was mourning the recent loss of her father, an esteemed physician and a lover of learning and of books. While Diane's dad was not a member of our temple, he greatly enjoyed seeing his grandchildren educated at our religious school. Diane was interested in naming a room in his memory and scheduled a visit to see the available options. We met on a Sunday, just after the school year had ended, and strolled around the building looking at various classrooms. As we entered an empty classroom filled with the small chairs and desks for our younger students, I could sense that her interest was piquing. We continued our tour and found ourselves in Room 109, the kindergarten classroom. The teacher, Karen Rohrbach, was packing up for the summer and took a few minutes to enthusiastically share her experience as an educator at Temple Jeremiah and how she runs her classroom – and there it was, the spark! This room spoke to Diane. This would be the classroom that would honor her father's memory. In August, we placed the plaque outside Room 109, and held an intimate ceremony as we dedicated this classroom in loving memory of Eugene L. Bronstein, M.D.

Around the same time that Diane and I first spoke, I received an email from Liz Trager Mendel and Scott Mendel. It was one of the most beautiful notes I ever read. In it they recounted an over 30-year relationship with Cantor Amy and their daughter, Sarah. Many of our congregants know Sarah from her pre-pandemic job as a temple greeter, who opened the temple doors and welcomed people in the building with an ever-present smile on her face. In the email, they shared how devastating the early days of the pandemic had been for their family when Misericordia was locked down and they were unable to see Sarah. Cantor Amy became a lifeline for Sarah and for the whole family; she began a weekly Friday afternoon tradition with Sarah in April of 2020, singing Shabbat songs, holiday songs, and folk music with Sarah on Zoom, helping ease her isolation. The next month, Amy invited Scott

and Liz, and their daughter Jessica, to join this Zoom sing-a-long. This weekly Zoom gathering continues through today. To honor the incredible support, appreciation, and love they felt for Amy over the years, Liz and Scott wanted to make a special gift to the temple—and they wanted it to be a surprise.

Inspired by the family relationship with Amy and their commitment to inclusion at the temple, I shared a few potential projects centered around inclusion and access at the temple. One in particular generated the spark! Temple leadership has long discussed plans to make the stage area in the Slotnick Social Hall fully accessible. Proposed ideas were cost-prohibitive and required structural changes. In researching additional options, I learned about a company in Canada called Adaptive Engineering that produces a mobile handicapped lift – a unique solution for spaces just like our stage area.

After keeping the plan under wraps for almost a year, Rabbi Cohen asked Cantor Amy if she could stop by the temple. Much to Amy's surprise, she was greeted by Sarah and her excited smile, as Sarah presented a special sign which said, "In honor of Cantor Amy, who sustained us with the healing power of music during a most difficult time. With love, Liz, Scott, and Sarah."

The mix of Sarah's joy at surprising Amy, sharing the story that led to this generous gift by Scott and Liz, watching Sarah's delight as she tested out the lift, and recognizing that this lift now opens access to a previously unavailable area to all our members, made the excitement palpable! This was not just a spark—it was full fireworks!

If you are considering a special gift to the temple, call me....have I got a match for you!

Leslie

Classroom naming opportunities begin at \$25,000. A variety of special projects and programs are available at various giving levels. Please contact Leslie for more information. To learn more about the lift and the incredible products available through Adaptive Engineering, see their webpage at adaptivelifts.com.

**To see photos from both dedications,
please see *Lately Around Jeremiah*, page 15.**

As we mark one year since the close of the campaign, we thank all our donors for their support and for making our Building Tomorrow Together campaign a success!*

\$250,000-\$999,999		\$100,000 - \$249,999	
Anonymous The Foster Family	Kenneth and Barbara Kaufman Valerie Slotnick	Anonymous Bill and Norma Brown The Golder Family Joan Golder David and Carol Golder	Howard and Gail Lanznar Barbara and Stephen Miller
\$36,000 - \$99,999		\$18,000 - \$35,999	
The Steve Blinder Family Rand and Rhonda Diamond David Eaton and Dr. Louanne Smolin The Fein and Guralnick Families, <i>in honor of the Fein and Guralnick Families</i> Jon and Michelle Fellman	Randi and Charles Gurian Bruce R. and Jamie K. Hague Steve and Lisa Kleiman and Family Debbie and David Lorig and Family	Edward and Cathy Atkins/Lawrence and Darlene Gilford David and Arden Brenner Randi and Barry Carr Rabbi Paul and Cathy Cohen Carlos and Sandy Frum Michael Gershowitz and Jennifer Gong Gershowitz David and Anni Goldberg Sue and Joel Kaufmann	David Goroff and Jay Behel Ellen and Jeff Krupp Ken and Susan Lorch Joyce and Fred Marcus Michael and Phyllis Mitzen Dr. Gerald and Marcia Osher Scott and Alisa Patterson and Family Brian and Danielle Ruben Shari and Jeffrey Sacks Michael and Molly Schack
\$5,000 - \$17,999		\$1,000 - \$4,999	
Anonymous The Ardell Family, <i>in memory of grandson, Aiden</i> Lisa and Darryl Bradford Stephen Brown Ron and Doris Cohen Judy and Jack Craven Rob Dann and Erica Regunberg Nancy and Arnee Eisenberg, <i>in memory of Helen and David Lawton, and Marilyn and Wilbur Eisenberg</i> The Feis Family Jeanne and Ron Gieseke Mr. and Mrs. David Goldberg Avi and Allyson Greenfield Jani and Steve Harris Debbie and Gary Holzman Bonnie and Herb Horn Bronwyn and Ken Jacobson Mark and Christine Kaufman and Family Philip and Jacqueline Krause and Family Charles Laurito Scott and Amy Levin	Lisa and Steve Levy The Matles Family, <i>in memory of Ron and Joyce Matles, and Mike and Margie Razar</i> Joe Meis and Suzi Weiss The Phillips Family, <i>in honor of Edith Phillips</i> Michael Pollak Anne and Greg Richards, <i>in memory of Nathan Frankel</i> Carol Mills Saldinger and Lee Saldinger Nancy and David Sarne Rabbi Robert and Patricia Schreiber Scott Schwartz and Melissa Field The Shabelman Family Laurel and Edward Shapiro, <i>in honor of Judith Homer and in memory of Richard Homer</i> Natalie and Barry Slotnick Alan and Ellen Toban Steven L. and Stephanie A. Victor Richard and Jamie Zelvin Laura and Bruce Zimmerman	Anonymous Julie and Joel Africk The Bellows Family, <i>in memory of Jason Bellows, Arthur Weil, and Rochelle Weil</i> Trudy Bers Jay and Shelley Cohen Warren and Barri Colman, <i>in honor of their 55th wedding anniversary</i> The Dieffenbacher and Ratkin Family Gerson and Ilene Field Ross Friedman and Cantor Susan Lewis Friedman Alene Frost Sue Pinsky-Gardner and Phil Gardner Krystal and Danny Glassman Kay and Bart Gordon Rabbi Rachel L. Heaps Judith Homer Diana Kaufmann Anne and Jerry Lidsky	Ron and Betsy Rooth, <i>in memory of Calvin and Dolores Rooth; Samuel and Gloria Schall</i> Ron and Andrea Sandler Jennifer and Noah Schnepfer The Stolberg Family, <i>in honor of our parents who taught us the importance of faith</i> Mark Sulkin and Shelley McNaughton Sulkin Peggy and Jim Swartzchild Judy and Jerry Tatar Ben and Cydney Topaz, <i>in memory of Ann Hallo</i> Amy and Jason Torf Dr. Mark and Julie Weinberg and Family Mary and Jerry Weinberg Victoria Weisenberg and Barry Goldman Cantor Amy Zussman and David Fell
Up to \$999			
Anonymous Joel and Susan Bersh and Family Sima Browne Phyllis Burg The Family of Shirley Craven Irene and Jay Frank Tori and Jeremy Franklin Louis and Barbara Goldman, <i>in memory of Jack and Lorraine Goldman, and Jane Goldman</i> Dr. Jason and Mrs. Nicole Kane and Family	Marilyn and Yale Kaplan Michele and John Maeglin Hershy Pappadis, <i>in memory of Bettye and Hyatt Leverette</i> The Patano Family Babette and Jeffrey Sanders, <i>in memory of Herbert and Elfriede Seligmann</i> Ken and Naoko Tornheim Mimi and Jay Weisbach	<p>*For a complete listing of all our donors, please see our campaign webpage at tinyurl.com/BTT-Donors and after our November 18th campaign celebration, please visit our newly installed donor wall located in the Tarshish Community Space.</p>	

Everyone Is Included at Temple Jeremiah

Even Our Four-Legged Friends!



By MEREDITH BEIRNE

Communications Coordinator
meredith@templejeremiah.org

Temple Jeremiah's Inclusion Committee has been having a lot of fun lately. During Rosh HaShanah, our Inclusion Committee held a worship service geared toward individuals of all abilities and those who love them. Attendees enjoyed music, prayers, individual snacks, craft projects, and a story.

Rabbi Cohen, Rabbi Heaps, and Cantor Friedman encouraged those interested in participating to help light the candles, hold the Torah, and join together in song to welcome the New Year.

Then, on October 22nd, congregants gathered in the south courtyard for our Paws in Action Therapy Dog Day! Attendees were able to visit with a wonderful therapy dog from Paws for Patrick,

followed by Havdalah, arts & crafts, and a snack.

Sutter, the red golden retriever, enjoyed all the pets and cuddles she received, while Cantor Amy Zussman led SELAH, the choir for adults with special needs, in song. Attendees also took part in a *Tikkun Olam* project, making toys to donate to Orphans of the Storm.

Temple Jeremiah's Inclusion Committee hosts events like the ones listed above year-round. Information can be found on Temple Jeremiah's calendar on our website or through our weekly E-newsletter. Next up? Join us for our upcoming Inclusion Chanukah Party on Sunday, December 18th.

For additional information about events or any questions you have regarding the Inclusion Committee, please contact Inclusion Committee Co-Chairs Caren Brown (ceb994@gmail.com) or Gail Modro (gailmodro@comcast.net).



The Many Rewards OF BROTHERHOOD

By **MICHAEL SCHACK**

Temple Board and Brotherhood Member
michael.schack@comcast.net

Brotherhood has been busy in a variety of ways to strengthen connections within the Temple Jeremiah community. Many of the events are congregation-wide activities. Some events over the past year included the end of year school barbeque, Chicago Dogs outing, New Member Shabbat barbeque, Brotherhood Open House Breakfast, Chicago Bears watch night at Buffalo Wild Wings, and other events. Notice a theme? Food is more often than not, part of Brotherhood activities. This is also true for one of our Social Action events that we sponsor twice a year: Maot Chitim Delivery Day.

Maot Chitim was formed in 1908 and is a local organization based in Northbrook that provides *Rosh HaShanah* and Passover meals to over 16,000 people struggling with food insecurity. Recipients include Holocaust Survivors, senior citizens, and families who otherwise would not be able to celebrate the holidays in a manner that many of us do not think twice about. All the meals are delivered in one day, Delivery Day.

Brotherhood has been partnering with Maot Chitim for the past

several years by assisting in the assembling and delivering of the meals on Delivery Day. We arrive at the warehouse at 6:00 a.m. to pack the perishable food in a human assembly line and load over 5,000 boxes into trucks and cars. Brotherhood members are there to pack boxes, load trucks, and drive trucks to various destinations including in Chicago. One truck makes a stop at Temple Jeremiah where more members of the congregation of all ages help unload boxes and then reload them into personal cars to deliver to homes in the area. On average, Temple Jeremiah members have delivered between 150 and 200 meals. The most rewarding part of the morning is seeing the joy and gratitude of the recipients.

As part of the food theme, Rabbi Cohen provides coffee, bagels, and cream cheese for the volunteers that gather prior to the truck arriving, which further strengthens Temple Jeremiah connections and brings nourishment prior to delivering the holiday meals.

Brotherhood looks forward to delivering meals in the spring for Passover. It would be wonderful to deliver even more meals. Please consider joining in. Information will be shared as it gets closer to Passover. In the meantime, look for other Brotherhood events including Northwestern Basketball Night on November 28th, a possible Wolves game in the winter, and other activities.



Maot Chitim Rosh HaShanah Volunteers

UPCOMING EVENTS

*Temple
Jeremiah*

NOV
4

FAMILY KABBALAT SHABBAT AND 3RD GRADE FAMILY DINNER: Join us for our Family Kabbalat Shabbat Worship followed by our 3rd Grade Family Dinner.

NOV
6

COLORS OF THE SEASON CENTER FOR ENRICHED LIVING (CEL) ART SHOW: Shop artists of various ages and abilities, including some of Temple's 5th grade J-Quest students.

NOV
11

KABBALAT SHABBAT, VETERAN'S DAY & KRISTALLNACHT: Join us for Shabbat featuring our Adult Choir singing for Kristallnacht commemoration, followed by Oneg.

NOV
12

CLUB 345: Join Club 345 at Dave and Buster's in Vernon Hills for arcade games, dinner, havdalah, and more!

NOV13
+
DEC11

YOGA: Looking for something to do while your kids are at J-Quest? Come join us for a yoga class at Temple taught by a temple member! All experience levels welcome. BYO yoga mat.

NOV18
+
DEC16

TOT SHABBAT: Join us for Tot Shabbat worship at 5:30 p.m., and introduce your little ones to Shabbat songs and blessings tailored to kids 5 years old and younger.

NOV
18

KABBALAT SHABBAT AND BUILDING TOMORROW TOGETHER CELEBRATION ONEG: We will toast to a successful campaign, our campaign leaders and donors, and reveal our donor wall.

NOV
20

JEREMIAH BUDDIES: Bring your 2-4 year-olds to learn more about Judasim and to meet new families and friends at 9:15 a.m.

NOV
20

TEEN ARIAL YOGA: Fly with JeTY as we try aerial yoga at Air Fitness Winnetka (549 Lincoln Ave. in Winnetka). There will be friends, fun, and lots of laughs!

NOV
21

CHANGING THE SCRIPT: We will have an open forum meeting to discuss how we can build bridges of understanding at Temple Jeremiah between folks of diverse political views.

NOV
22

INTERFAITH THANKSGIVING SERVICE: This service will be hosted at Winnetka Congregational Church (725 Pine St. in Winnetka).

DEC
2

FAMILY KABBALAT SHABBAT: Bring the whole family for Kabbalat Shabbat Worship at Temple, followed by Oneg.

DEC
9-11

ARTIST IN RESIDENCE WEEKEND: Join us for a weekend of learning, reflection, and connection with Artist in Residence, Rabbi and Poet Pamela Wax.

DEC
11

CHANUKAH MINI CONCERT: Come spread the Light with Shir Joy and Youth Choir during Kehillah.

DEC
16

KABBALAT SHABBAT: Join us for Kabbalat Shabbat Worship followed by Shabbat dinner with friends.

DEC
18

INCLUSION CHANUKAH PARTY (EREV CHANUKAH): Join us for a celebration of Chanukah designed for individuals with disabilities and their families and friends. All ages and abilities are welcome.

DEC
18

J-QUEST WINTER BREAK (NO SCHOOL): First day of winter break. Classes resume on Sunday, January 8th.

DEC
23

BRING YOUR OWN MENORAH KABBALAT SHABBAT: We will light our Chanukah candles together during Kabbalat Shabbat with Adult Choir.

CANASTA: Come play Canasta on Thursdays at 12:15 p.m. or Fridays at 11:30 a.m.

Thursdays: Contact Phyllis Burg (phyllis@templejeremiah.org) **Fridays:** Contact Nancy Eisenberg (nleslp@aol.com)

Don't forget to check the calendar for all the details at tinyurl.com/TJ-calendar!

🕯️ CHAI LIGHTS: FROM THE HIGH HOLY DAYS



Rosh HaShanah (Day Two): Bahai Temple and Gardens 9.27.2022



Sukkot Festival 10.9.2022



Simchat Torah and J-Quest 10.16.2022

Theme

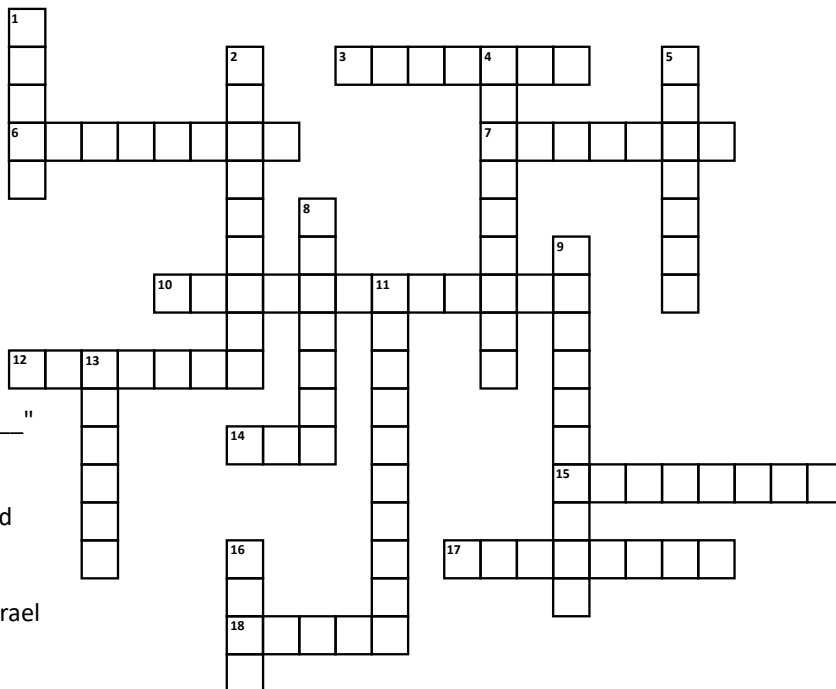
CHANUKAH/ UNEXPECTED BLESSINGS

ACROSS

3. A blessing that seems impossible
6. "Alone we can do so little; _____ we can do so much."
-Helen Keller
7. Chanukah candle holder
10. A mutual exchange of ideas between multiple people
12. Philosophical viewpoints
14. Only enough for one night, but it lasted for eight
15. "Dedication" in hebrew
17. The ability to remain resilient in the face of adversity
18. The vibrancy we see from a lit candle or a kind person

DOWN

1. Oneness, harmony
2. Temple Jeremiah social justice program "Backpack _____"
4. A group of people who share similar beliefs
5. Helper candle
8. The four letters on it stand for "a great miracle happened there"
9. Out of the blue
11. Over 18 million of these doughnuts are consumed in Israel around Chanukah
13. Dish fried in oil to remind us of the Chanukah miracle
16. Money, informally



Find the answers on page 17.

Sisterhood Book Club Update: November & December

NOTE: These two months are both open to the entire congregation for drop-in. Please consider joining us to read and discuss these historically important novels.

Thursday, November 10th ~ 10:00 - 11:30 a.m.

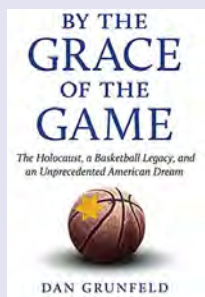
The Netanyahus: an Account of a Minor and Ultimately Even Negligible Episode in the History of a Very Famous Family,
By Joshua Cohen



2022 Pulitzer Prize Winner for Fiction, 2021 National Jewish Book Award Winner Prize, "Cohen proves himself not just America's most perceptive and imaginative Jewish novelist, but one of its best novelists full stop." - Sam Sacks, The Wall Street Journal

Thursday, December 8th ~ 10:00 - 11:30 a.m.

By the Grace of the Game: the Holocaust, a Basketball Legacy, and an Unprecedented American Dream,
By Dan Grunfeld



"This heartfelt debut is a sincere reflection on the Jewish experience." - Booklist. "A multi-generational family epic detailing history's only known journey From Auschwitz to the NBA." - Publisher. "...a series of remarkable stories..." - Adam Silver, NBA commissioner

Contact Vicki Siegelman at vsieg@gralynn.org for more information or to join.



First Day of J-Quest 9.11.2022



Dedication in Memory of Eugene L. Bronstein, M.D. 8.28.2022

Dedication in Honor of Cantor Amy 9.18.2022



Consecration 10.16.2022



Jr. JeTY Cupcake Wars 10.22.2022

ACKNOWLEDGMENTS

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Backpack Blessings

-Aimee Lang

Temple Jeremiah

-Louis Berns
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-Darlene and Kenneth Davis
-Jaclyn Deppen
-Phyllis and Philip Fogel
-Barbara and Ken Kaufman
-Anne and Mel Rodas
-Brittney and Noel Saks
-Jo and Robert Sawyer
-Amanda Scully and Brian Frost
-Rona Serota

IN APPRECIATION OF

Rabbi Paul F. Cohen

-Nancy Hirschfield
-Fern Wolke Bloom

Temple Jeremiah

-Gina and Peter Goldsmith

IN HONOR OF

Sam Apfel

Son of JoAnna and Jeffrey Apfel, *on the occasion of him becoming a Bar Mitzvah*
-JoAnna and Jeffrey Apfel

Noah and Hannah Babcock

-William B. Ross

Joey Annabelle Becker

Granddaughter of Vicki and Bruce Adams, *on the occasion of her baby naming*
-Vicki and Bruce Adams

Meredith Beirne and Brandon Levinson

On the occasion of their auf ruf
-Shari and Michael Beirne

Beverly Brodsky

On the occasion of her birthday
-Joanne Keeshin

Bill Brown

-Randi and Charles Gurian
-Gayle Malvin
-Shelly Trilling

Ellie Cohen and Brooke Cohen

Daughters of Beth and Scott Cohen
-Samuel Romirowsky

Nancy and Arnee Eisenberg

On the occasion of their 50th wedding anniversary
-Melinda Streicker and James Burda

Dylan Friedman

Grandson of Rachel and Frank Friedman, *on the occasion of him becoming a Bar Mitzvah*
-Geri and Michael Greenberg

Sophia Medvin

Daughter of Jennifer and Steven Medvin
-Sophia Medvin

Carol Schaner

On the occasion of her 85th birthday
-Toby and Jonathan Mann

Olivia Ruth Stellman

Granddaughter of Marcy and Michael Seiler, *on the occasion of her baby naming*
-Jillian Seiler and Gabe Stellman

Eli Asher Suss

Grandson of Laura and Bruce Zimmerman, *on the occasion of his birth*
-Mara and Gerry Lane

IN MEMORY OF

Bernard Adelstein

Father of David Adelstein, grandmother of Lisa Fishbain
-David Adelstein

Sophie Adler

Mother of Harriet Weinstein
-Harriet and Alan Weinstein

Richard Africk

Father of Joel Africk
-Diana Kaufmann
-Barb Kite
-Lisa and Steve Kleiman
-Amy and Scott Levin
-Kathy and Marc Mayer
-Laurel and Ed Shapiro

Helen Baldwin

Mother of David Baldwin
-Vicki Siegelman and David Baldwin

Ilene Bass

Sister-in-law of Phyllis and Michael Mitzen
-Phyllis and Michael Mitzen

Esther Brenner

Mother of Howard Brenner, grandmother of David Brenner and Judy Craven
-Howard Brenner

Barbara Brick

Mother of Betsy Weiss
-Betsy and Jim Weiss

Robert Cohn

Father of Jamie Kost
-Jamie and Jeff Kost

Ruth DeGraff

Grandmother of Jeanne Gieseke
-Jeanne and Ron Gieseke

Jerry Falkin

Father of Gail Pierce
-Gail and Mark Pierce and Family
-Dianne and Joel Rovner
-Vicki and Jay Stoller

Mort Gellman

Father of Hal Schwartz
-Majorie Gellman

Marilyn Goldsmith

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-Jamie and Bruce Hague

Herbert Goldstein

Father of Carole Fishman and Linda Schubert
-Carole and Bill Fishman
-Linda and Ernie Schubert

Michael Gong

Father of Jennifer Gong-Gershowitz
-The Gong-Gershowitz Family
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-Barbara Goodman

Lois Hirschfield

Sister-in-law of Nancy Hirschfield, aunt of Carol Hirschfield and Jill Meltzer
-Nancy Hirschfield

Hannah Israel

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-Leslie and Joel Goldhar

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-Karen Gitles and Michael Jablo
-Marilyn Kaplan
-Lori and Gary Kash

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-Jamie and Jeff Kost

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Julius Lopin

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-Sheila Goode

Florence "Chevy" Mitzen

Mother of Michael Mitzen
-Phyllis and Michael Mitzen

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-Nancy Pikofsky

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-Seymour Ferdman

Arlene Rosenthal

-Darlene and Jeffrey Hirsh

Esther Rosenzweig

Mother-in-law of Betsy Rosenzweig
-Betsy Rosenzweig

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Cyrus West

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-Susan Wise and Family

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-Kathy and Marc Mayer

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-Phyllis and Jim Klapman

Lawrence Zale

Brother of Patricia Weinfuss, uncle of Deborah Weinfuss
-Caren Brown
-Joan Golder
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-Fran Druth

Gerry Lane

-Dianne and Joel Rovner

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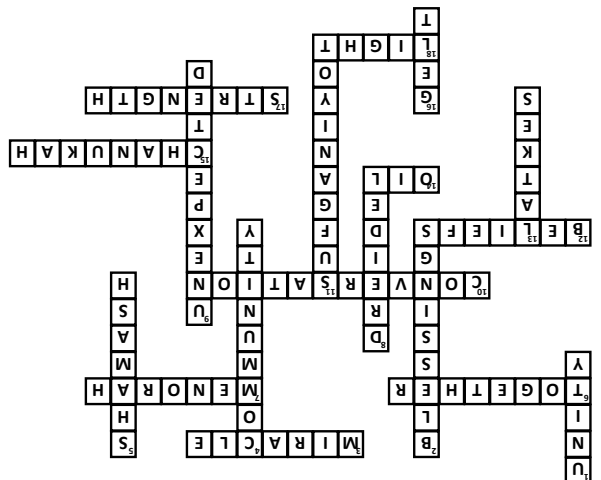
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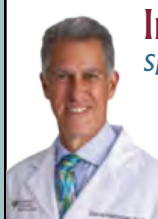
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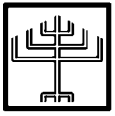
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for up-to-date information
on the weekend events.

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