



Temple Jeremiah, at the Chicago Pride Parade, supporting LGBTQ+ equality and belonging in Jewish life

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You Are Resilient

By **RABBI RACHEL HEAPS**

Associate Rabbi

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When I was a kid, we had an art/music/science project. We would take a shoe box and cut a hole in the top. Then, we'd stretch a series of rubber bands around the box so that they lay across the hole. When plucked, the rubber bands would make a sound that echoed and was amplified through the box. And so, we each now possessed a rudimentary, homemade guitar.

There was a trick to this project, however. There was a fine line between having a rubber band taut enough to produce a sound, and one that couldn't take the strain or stretch of the box and a strum. Some bands were too small, or too dry, or too narrow to withstand the stress of producing music. Some bands snapped and some bands vibrated with stamina. I didn't realize it at the time, but the term that measured whether a band would make it or break it was "resilience."

In physics, resilience

is the ability of an object to absorb energy or a force, change its shape, release the built-up energy and return to its previous shape. Ecology says resilience is the ability of an ecosystem to recover after a disturbance or damage. Art defines resilience as remaining relevant. But in everyday life, we have an easier definition: resilience is simply the ability to recover.

I find I often confuse the presence of resilience in my life with perseverance. That somehow resilience is more about my strength of will and determination and less about my innate ability. When I experience a challenge or riddle, my instinct is to become stubborn and border on obsessive. I believe I *should* be able to overcome an obstacle and therefore put my energy into solving

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By **JULES HENSON**
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Summer has certainly made a name for itself for those of us who live in the Midwest or other parts of the country and the world that tend to have long, cold, snowy winters. Spring ignites the melody that comes with summertime: the buds that start creeping upward from the earth, and the birds that sing us nature's important messages. And as summer awakens, so do the colors and the warmth it brings along, betrothing us with a new lease on the moments. The warmth in the air seems to give us just a little bit more ease of breath, as inspiration flows in and out, on inhale and exhale. Yes, summer has quite the reputation as a time of restoration and healing. Yet, reputations can be one of life's greatest burdens.

This summer, many of us have hoped that we'd have time to nurture our spirit after a very messy (in all sense of the word) winter. And yet many of us right now are scared and feeling more uncertain than ever. Summer can't give us wings to fly above our reactions to our political landscape, but we don't need it to. We

are resilient. We always have been. We don't need summer to heal us, we just need to remember who we are. We need to remember that we have the tools to nurture ourselves and others, to keep going on and to fight for what we believe in.

Rabbi Heaps, in her cover article, with the utmost beauty, describes resilience and how each and every one of us "has innumerable units of" it. Danny Glassman, Executive Director of Temple shares the touching idea that we, as Jews, may not need the word resilience at all because we are a part of a tribe of survivors, of those who have overcome annihilation; resilience is a deep part of who we are. This issue of the Covenant is full of inspirational narratives such as these, as well as support, ways in which you can volunteer, events to be with fellow congregants, and even a little fun and games (with the Covenant Crossword).

There is nothing that we cannot get through, and we must keep fighting for what we know to be right, for all life on this earth.

Additionally, as many of you know, July and August are generally combined into one issue. Moving forward, the Covenant will continue in this fashion—issued bimonthly (once every two months). Stay tuned for our next few issues in September, followed by November, and then January will take us into 2023!

Resiliency: Embedded in Our DNA



By **DANNY GLASSMAN**
Executive Director
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I was recently scanning the internet for information to help me craft a message about COVID policies and I found an article titled, "Resilience is Part of Jewish Tradition." The article, written by Ofer Gutman, focused on Masa and how, during the pandemic and even before 2020, they acted as a model for resilience. The title of the article caught my attention, but it was his conclusion that started the gears turning in my head. "There is no Hebrew equivalent for the word "resilience." Rather, it's in the DNA of the Jewish people, embedded so deeply in our consciousness and history that it has become second nature to us. As the last year has shown, Jews will continue to be resilient in the face of whatever hardships come our way."

We live in a world that has changed dramatically in just less than a decade. I joined the Jeremiah community while the U.S. was just pulling itself together after the last economic downturn. Temple Jeremiah was not spared and had to make tough decisions in order to weather the proverbial storm. We came out stronger with a new sense of enthusiasm to make the world around us better. Backpack Blessings was launched just after the High Holy Days in 2012 and immediately began garnering engagement donors and volunteers. A few months later, Super Storm Sandy devastated the East Coast, but Jeremiah rose to the occasion and filled a

“As a Jewish community, we have the responsibility to make our voices heard. Some of our personal values may vary, but as a people, we need to bounce back and make sure that we support those on the margins and who need support.”

semi-truck with much-needed supplies. This is a common theme running through the fibers of the congregation. When there is a need for someone to take a stand, we are there, ready to get our hands dirty.

The world around us has visibly changed in the last five years. Our Jewish values have been tested at numerous points from immigration and gun safety and now, reproductive rights. As a Jewish community, we have the responsibility to make our voices heard. Some of our personal values may vary, but as a people, we need to bounce back and make sure that we support those on the margins and who need support. Not everyone has been gifted with the lives we lead on the North Shore. I challenge us all to dig deep into our subconscious and find that sense of resilience that Gutman identified. We have overcome a lot in our 5700-year history. Most of the time, we focus on how we survived eradication followed by the running joke, "we survived, let's eat!" This time out, we might not be faced with annihilation the same way our fore-parents faced, but we must remain vigilant and must continue to fight the good fight.

Welcome the Stranger

Temple Jeremiah Congregant supports a refugee from Myanmar.

Presented by Temple Jeremiah's Social Justice Committee



Stephen Miller in the car with Rafik al Bin Abdul Shukur

Bangladesh and had sustained his business for 32 years until 2021, when the new military junta in Myanmar forced him out of business. He has come to the U.S. to earn money for his family back home, and maybe someday will bring them here for a better life. It's been a rewarding journey for Stephen and Rafik, and once Rafik settles in at SCRUB and learns more English, Rafik hopes to use his business skills somewhere that will pay better and use his many talents.

He has been a joy to work with, is a terrific English student—always mimicking Stephen when they drive around—and is bound and determined to learn the language. Already speaking five languages: Rohingya, Burmese, Pakistani, Hindi, and Thai; English will be his sixth.

Congregant Stephen Miller recently volunteered to assist a religious refugee from Myanmar at the request of HIAS (the Hebrew Immigrant Aid Society). Unlike the Afghan family the Temple sponsored financially and with an entire committed team, HIAS only needed one person to assist the refugee, with no financial commitment. Stephen met with Mohamad Rafik al Bin Abdul Shukur ("Rafik") at his apartment in East Rogers Park along with the HIAS caseworker. He then set up Rafik's new HP laptop from HIAS, took him to the Comcast store and signed up for service, set up the cable modem at the apartment, and taught him how to log in to the Heartland Alliance ESL class every day from 9:00 to 11:30 a.m. Rafik had never seen a computer, so it was certainly a challenge! Heartland reports that he is one of their better students and never misses class. He then took Rafik to get a State ID (wow was that a challenge) and then on to SCRUB, Inc., a cleaning service contractor at O'Hare that employs many Rohingya immigrants to clean planes and other airport areas. Rafik applied for the job and was hired. He already has a friend working there and hopefully they can carpool. Rafik has made great progress after working with Stephen for less than a month.

Rafik is 52 years old and has a wife and two adult sons back in Myanmar. He started a business when he was 16 selling Burmese food and beverages across the river in

Social Justice Advocacy

Postcard Campaign

Every Voice, Every Vote Campaign

We are excited to be participating in the 2022 Every Voice, Every Vote campaign postcard program! In partnership with the Center for Common Ground's Reclaim Our Vote Campaign, the Every Voice, Every Vote campaign is writing postcards to engage under-represented voters.

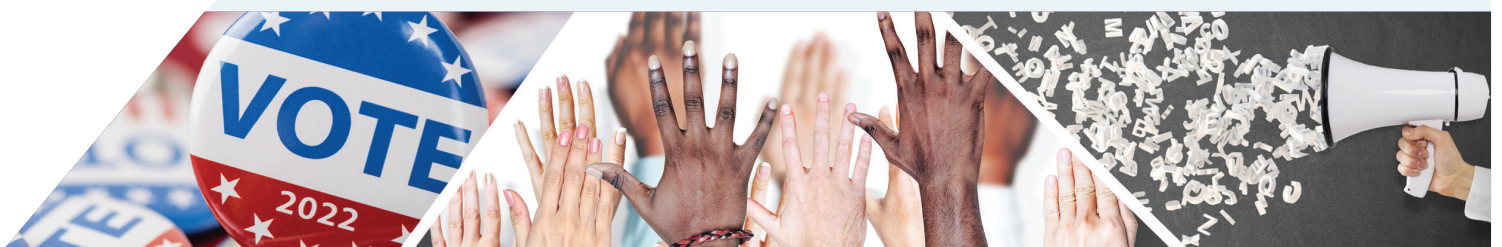
Our efforts will include voter education as well as helping people register and make a plan to vote.

Please register to participate by filling out the Postcard Kit Request Form at urj.tfaforms.net/730, and select "A member of a Postcard Group" on the form.

Your postcard kit will be mailed directly to you from the Religious Action Center within approximately 10 days of registration.

To learn more about Every Voice, Every Vote, visit tinyurl.com/evev2022.

Thank you for participating with us!



Rabbi Heaps (*continued from page 1*)

“If you’re anything like me, it might be too difficult to look into the mirror and see a truly righteous person staring back. It might be easier to see that person as resilient, someone who has taken many falls, cuts, and bruises, and still channels their innate ability to recover.

the puzzle. I rarely take a moment to realize that I *can* overcome, which would perhaps require me to direct my energies inward. Rubber bands don’t have that problem, but they do have that strength.

Each of us has innumerable units of resilience. Each of us has recovered from a multitude of challenges, sicknesses, dangers, and frustrations. We’ve each dealt with the energies that push,

pull, and attempt to reshape us; the unseen forces that sadden, madden, and confuse us. Even now, each of you is thinking of an event, a conversation, a decision, or an act of fate that tested your resilience. And you’re thinking about how you reacted, rebounded, and recovered. Each of you is indeed resilient.

The book of Proverbs tells us: A righteous person stumbles seven times, but still rises (24:16). If you’re anything like me, it might be too difficult to look into the mirror and see a truly righteous person staring back. It might be easier to see that person as resilient, someone who has taken many falls, cuts, and bruises, and still channels their innate ability to recover. To stumble and to rise. To stretch but not break. Perhaps, it doesn’t even take a mirror to see our own righteous resilience. Perhaps, all it takes is a rubber band and a shoe box, redirecting the forces of the world into the creation of music.

Stay Up to Date with Our Calendar

To learn about
upcoming events, visit:
tinyurl.com/TJ-Calendar,
or scan the QR code →



WEEKLY TORAH PORTIONS

JULY

July 2, 2022	Chukat	Numbers 19:1–22:1
July 9, 2022	Balak	Numbers 22:2–25:9
July 16, 2022	Pinchas	Numbers 25:10–30:1
July 23, 2022	Matot - Mas'ei	Numbers 30:2–36:13
July 30, 2022	D'varim	Deuteronomy 1:1–3:22

AUGUST

August 6, 2022	Va-et'chanan	Deuteronomy 3:23–7:11
August 13, 2022	Eikev	Deuteronomy 7:12–11:25
August 20, 2022	R'eih	Deuteronomy 11:26–16:17
August 27, 2022	Shof'tim	Deuteronomy 16:18–21:9

We invite you to join us on Saturday mornings to discuss the Torah portion and how it might apply to our lives. We meet virtually and in-person at 9:30 a.m. every Saturday. Visit the temple calendar for up-to-date Zoom links.

Upcoming Social Justice Opportunities

Feed the Hungry

We are seeking volunteers on **the first Sunday of every month**. Please help us Feed the Hungry by volunteering at Temple, or by packing lunches at home! This quick, family-friendly activity can take place at home over the weekend and lunches can be dropped off at Temple Jeremiah **before 9:30 a.m.** Each lunch should consist of the following: two meat sandwiches (two slices per sandwich of any lunch meat), small bag of chips, fruit (apple, orange, etc.), and two cookies. Every lunch helps!

Our next sessions are **July 3rd, August 7th, and September 4th**. To get involved, visit: tinyurl.com/FeedTheHungry2021-2022.

Note: We have a new partner, new location, and new drop off time! *See below to read about all the changes.*

Family Promise

Temple Jeremiah serves as host for Family Promise from **July 24th - August 6th**! We are looking for volunteers to help with two weeks of meals. July 24th - July 30th: bring dinner or have it delivered at Temple, where you are welcome to join us. July 31st - August 6th: bring dinner or have it delivered to Family Promise Day Center in Evanston, for drop-off only.

For more information and to sign up to help this summer, visit tinyurl.com/TJfamilypromise22.

To learn more about and get involved in Temple Jeremiah's Social Justice programs, visit: tinyurl.com/TJSocialJustice or scan the QR code.



FEED THE HUNGRY

New Partner, New Location!



Feed the Hungry, one of TJ's signature social justice projects, has been delivering bag lunches to the hungry at Greater Bethlehem Healing Temple on the west side for almost 20 years. It's been a great run, but that area is really changing, with a huge influx of condo construction up and down Madison Street all the way to Western Avenue and beyond. Due to these demographic changes, the number of homeless and hungry seeking food at the church on Sundays has been declining for several years, lessening the impact of our important work. In March, the Social Justice Committee met with the three other Temples we partner with (TJ, Am Shalom, BJBE, and Temple Shalom each take one Sunday a month) and agreed to find a new site for distributing our lunches.

In May, we met with Pastor David Kay of Another Chance Assembly, located at 5136 West Division, who agreed to host a pilot program over the summer and fall to hand out lunches from the front door of his church. Another Chance, founded in 1995 by Pastor Kay and his wife Stephanie, is located in the Austin Avenue corridor and is excited to become our partner.

Here's a link to a service where you will find Pastor Kay appearing at around 37:55: youtube.com/watch?v=1tRaJpihg3k.

We are confident that we will once again be able to feed more needy people just as we did in the past at Greater Bethlehem before the area gentrified. But Bethlehem has been our great partner for many years, and we plan to continue our relationship by exploring some exciting new programs, so stay tuned! And, we will continue participating with the other temples in the Bethlehem Thanksgiving meal on Saturday before Thanksgiving.

Meanwhile, please continue to drop your twenty lunches on the first Sunday of the month all through the summer, no later than 9:30 a.m. (Pastor Kay wants us to arrive a little earlier so we don't conflict with his 11 a.m. service).

We also need drivers/help delivering the lunches in July, August, and September.

To get involved, please visit tinyurl.com/FeedTheHungry2021-2022.

For questions, please contact Stephen Miller at stephenmiller2854@gmail.com.

To receive advocacy updates from the Social Justice Committee via text messages, please sign up here: safestop.io/zVm4d6

Please contact Advocacy Chair, Nancy Eisenberg, with any questions: nleslp@aol.com

Roe v. Wade: History, Status, & The Jewish Perspective

By **NANCY EISENBERG**

Social Advocacy Chair
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The Temple Jeremiah Social Justice Committee recently presented a discussion on the current status of Roe v. Wade. As we awaited the Supreme Court decision to overturn this law, over eighty Jeremiahans gathered to learn about this historic ruling.

Rabbi Cohen began the conversation with an explanation of Jewish law as it pertains to abortion. In his words, "Jewish law does not speak of rights. When faced with a question, we must ask, is this permitted, is this forbidden or an obligation. In Judaism, preservation of life supersedes everything. In the case of abortion, if carrying the fetus to term endangers the mother's life, that is to say actual life takes precedence over the life of the fetus, potential life. This is the case where abortion is an obligation. If the mother's life is not in danger, abortion would be forbidden." The Rabbi added that endangering the mother's life could include endangering her physical, mental or economic health.

Following Rabbi Cohen's introduction, the panel held a robust discussion about the original Roe decision to legalize abortion, the effects on society over the intervening fifty years, and how the state law is likely to change. Emily Werth, Staff Attorney of the Women's and Reproductive Rights division of the American Civil Liberties Union provided the legal history of Roe v. Wade from the Supreme Court decision in 1973 to the present. Oren Jacobson, co-founder and co-executive director of Men4Choice and board member of the non-partisan PersonalPAC, continued the conversation by discussing how Roe vs. Wade impacted women and men in our society and how we will be affected when the right to an abortion is stricken down.

Of particular importance to Illinoisans, Oren pointed to the urgency of maintaining the present balance in the Illinois supreme Court in order to protect abortion laws in our state. The upcoming mid-term elections will determine that court's balance which, in large part, hinges on the race for the Supreme Court Justice in Lake County.



Oren Jacobson, Emily Werth, Nancy Eisenberg, Rabbi Heaps, and Rabbi Cohen

This program was recorded and can be viewed on the TJ YouTube channel at youtu.be/oAON3lBkKIE.

As a response to this program, and after the decision made by the Supreme Court, people are asking, "What can I do?" The first and most important answer is VOTE! Learn about the candidates and the positions they hold. Vote for public officials who will represent your views and concerns. Then, help get out the vote. Sign up for our postcard campaign at urj.tfaforms.net/730, register voters, phone/text bank, knock on doors, and join and donate to organizations that stand to protect a woman's right to choose.

Additionally, if you haven't already, please read Rabbi Cohen and Rabbi Heaps' email to the congregation, sent on June 24th. To view their important message, visit conta.cc/3QVTZDo.

In the coming weeks and months, we will be compiling a list of resources that will help you engage in the vital work ahead of us.

UPCOMING EVENTS

Don't forget to check the calendar for all the details at tinyurl.com/TJ-calendar!

We hope to see you soon!

JUL
21

BROTHERHOOD BASEBALL NIGHT: Watch the Chicago Dogs play the Winnipeg Goldeyes + fireworks!

JUL
24

DANCING QUEEN: An evening of ABBA with DANCING QUEEN: An ABBA Salute at Heritage Park in Wheeling.

JUL
31

CABARET: Explore some of Cantor Friedman's favorite tunes and cantorial voices in this evening cabaret.

AUG
6

JEWS IN CANOES: Have fun paddling around the Skokie Lagoons with other Temple Jeremiah members.

AUG
14

FAMILY DRIVE-IN: Bring the kids, your friends, a chair, and snacks for Spaceballs!

AUG
19

Prospective Member Kabbalat Shabbat + BBQ: Meet our clergy and experience the warmth of our community.

AUG
21

RAVINIA: Enjoy Tchaikovsky Spectacular with the CSO featuring the 1812 Overture with Cannons at Ravinia.

Name a Famous Jewish Military Figure - Who First Comes to Mind?

By JEFFREY SACKS

Temple Jeremiah Member

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Whose name first comes to mind if asked to name a famous Jewish military figure: Gen. Moshe Dayan, or maybe Gen. Wesley Clark (who, I didn't know was Jewish until I started writing this article)? Until about a year ago, when I was asked to be the Vice-Chair of the Hyman G. Rickover Commissioning Committee, I was not familiar with Admiral Rickover, known as the "Father of the Nuclear Navy." ADM Rickover was born in Poland in 1900 and his family left Poland in 1906 due to Jewish persecution. The Rickover family made their way to Chicago, and Hyman grew up in the North Lawndale neighborhood attending Chicago Public Schools. In 1918, Rickover was admitted to the Naval Academy, graduating 1922. So, how did this young naval officer, who graduated 107th out of a graduating class of 540 midshipmen become one of the most influential and powerful officers in the history of the U.S. Navy and the longest serving military officer of any branch of the military, serving 63 years of active-duty service to our country?



ADM Rickover, TIME Magazine, Jan. 1954.

While Rickover had a number of different postings prior to and during WWII, his education and distinction as an engineer and a manager gave him experience in managing and leading large scale development projects. It was his experience at the Bureau of Engineering where he learned to choose only the best for a given task, manage enormous projects and work closely with private industry. Time Magazine, which featured ADM Rickover on its January 11, 1954 cover, said "Sharp-tongued Hyman Rickover spurred his men

to exhaustion, ripped through red tape, drove contractors into rages. He went on making enemies, but by the end of the war he had won the rank of captain. He had also won a reputation as a man who gets things done."

Shortly after WWII, Rickover realized the potential of nuclear power for ship propulsion, especially for submarines. Prior to the development of nuclear propulsion, submarines when underwater ran on batteries that had to be recharged (generally overnight) and were slow when submerged. As Rickover progressed through a series of positions within the Bureau of Ships, his hand-picked team developed a nuclear reactor that would fit within a submarine's hull, and which was safe for the crew to operate without fear of radiation exposure. During this time, Rickover was pushing and pulling Navy brass that believed that it was not possible to safely harness the atom in a reactor that could power a ship. And many simply detested Rickover because he cut through red tape by going over the heads of superiors that stood in his way, his unrelenting drive for perfection in everything he and his people did, and being constantly on the backs of government contractors to deliver material and services as promised.

The result of Rickover's efforts was the development and commissioning of the USS Nautilus, the first nuclear powered submarine. Rickover drove his team, from the time construction of the boat was authorized in 1951, the start of construction in 1952 and its commissioning and launch in January 1954, which was a remarkable achievement developing engineering technology and techniques that previously did not exist. To put this into today's perspective, it takes approximately seven years to build the newest Virginia Class submarine. The development of the USS Nautilus fundamentally changed forever the U.S. Navy and our ability to use sea-power to further our nation's objectives.



Admiral Rickover

Go back in time and give some thought to being Jewish at the Naval Academy from 1918 – 1922 and being a Jew in the Navy from 1922 and throughout Rickover's career. Some have argued that Rickover, who was turned down for promotion to Admiral multiple times by the promotion board, was passed over due to his being Jewish. Others point out that he was passed over because "In his career Admiral Rickover generated controversy on all sides. He attacked Naval bureaucracy, ignored red tape, lacerated those he considered stupid, bullied subordinates and assailed the country's educational system" (New York Times, July 9, 1986). Regardless, what Rickover and his team accomplished changed the world with respect to the propulsion of submarines and aircraft carriers. Due to Rickover's maniacal adherence to perfection in the construction, training, and maintenance of nuclear-powered ships, there has never been an accident involving the release of radiation on any nuclear-powered United States Navy ship. ADM Rickover also interviewed and selected every officer that served in the nuclear propulsion program.

For more information about the life and accomplishments of ADM Rickover, I recommend "Admiral Hyman Rickover: Engineer of Power" by Marc Wortman, part of the Yale University Press Jewish Lives series. Also, check out the Hyman G. Rickover Commissioning Committee's web site at ussrickover.org, which provides information about ADM Rickover and one of the newest Virginia Class submarines, the USS Hyman G. Rickover (SSN 795). The boat is currently expected to be commissioned in the summer of 2023. The event is open to the public and will be held in Groton, CT.

Final comments – When Rickover married in 1931, he wrote his parents that he had "become Episcopalian." However, historians have noted that there is no record that he actually converted. The first time he ate non-kosher food was after being admitted to the Naval Academy. In any event, it was unlikely that, as an adult, he was a practicing Jew. You may not have wanted to work for ADM Rickover, but he certainly was the right man, in the right place, in the history of the United States Navy.

Staff Spotlight: Officer Steve Modert and His Team

TELL US ABOUT YOURSELF

Hello, my name is Steve Modert and I'm the Director of Security at Temple Jeremiah. I grew up on the Northside of Chicago until eventually moving to my home in Mount Prospect with my family. My immediate family consists of my wife, Antoinette, and two daughters, Nicole and Stephanie, both of whom are in college.

WHAT'S YOUR FAVORITE JEWISH TRADITION?

My favorite traditions are the Mitzvahs. It's good to see parents and children having a good celebration.

WHAT DO YOU DO AT JEREMIAH?

My officers and I bring our twenty-five plus years experience to the temple. Every officer has different law enforcement specialties: patrol, executions of warrants, community services, narcotics, court services, traffic, and other services.

WHAT BROUGHT YOU TO TEMPLE JEREMIAH?

I came to the temple through Dr. Lidsky. I used to do security/traffic control at Solomon Schechter Day School where I met her picking up her grandchildren. One day, one of them was playing at a playground and was injured, not able to wait for emergency services. I transported him directly to the ER at Glenbrook Hospital in my unmarked squad car, and she was very grateful. With that, we are now able to provide the temple with the same service we provided at SSDS.

WHAT'S YOUR FAVORITE THING ABOUT TEMPLE JEREMIAH?

My favorite thing about working at Temple Jeremiah is the congregation. Also, Danny Glassman is one of the best executive



Deputy Michael Gercone, Deputy Steve Modert, Deputy David Lucio, Deputy Mark Moder (clockwise, starting top left)

directors we've dealt with and he is the best proactive boss I've worked for. The members here are extremely welcoming, kind, considerate, and personable. It truly is an honor and privilege to be a part of such a wonderful group of people.

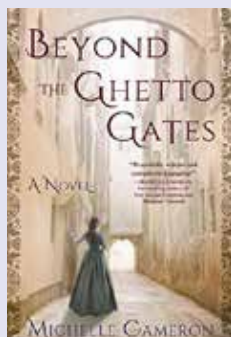
WHAT DOES THE "JOY OF BELONGING" MEAN TO YOU?

The "Joy of Belonging" means to me how inclusive all of you have been to not only myself but to my staff as well. It truly feels like a family environment.

Sisterhood Book Club

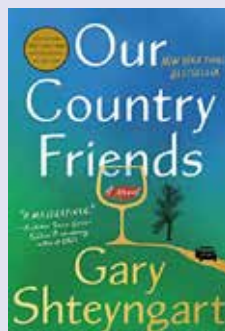
NOTE: We're planning an in-person meeting (masks optional)! Contact Vicki if you'd like to join from Zoom.

Thursday, July 14, 2022 ~ 10:00 - 11:30 a.m.
Beyond the Ghetto Gates, By Michelle Cameron



Ghetto gates will open soon in Ancona, Italy as Napoleon releases the Jews from their repressive lives (1796-7). But even with their new cultural acceptance, the Jews are faced with rising antisemitism. "A gripping peek into a bygone Italy and an astute look at the era's prejudice." — Kirkus Reviews

Thursday, August 11, 2022 ~ 10:00 - 11:30 a.m.
Our Country Friends, By Gary Shteyngart



What happens when eight friends and friends-of-friends agree to stay together for six months in a big country house, to wait out the pandemic? "Shteyngart's big-hearted drama is timely yet timeless with its penetrating and nuanced social commentary..." — Booklist, starred

Contact Vicki Siegelman at vsiegel@gralynn.org for more information or to join.

The Covenant Crossword

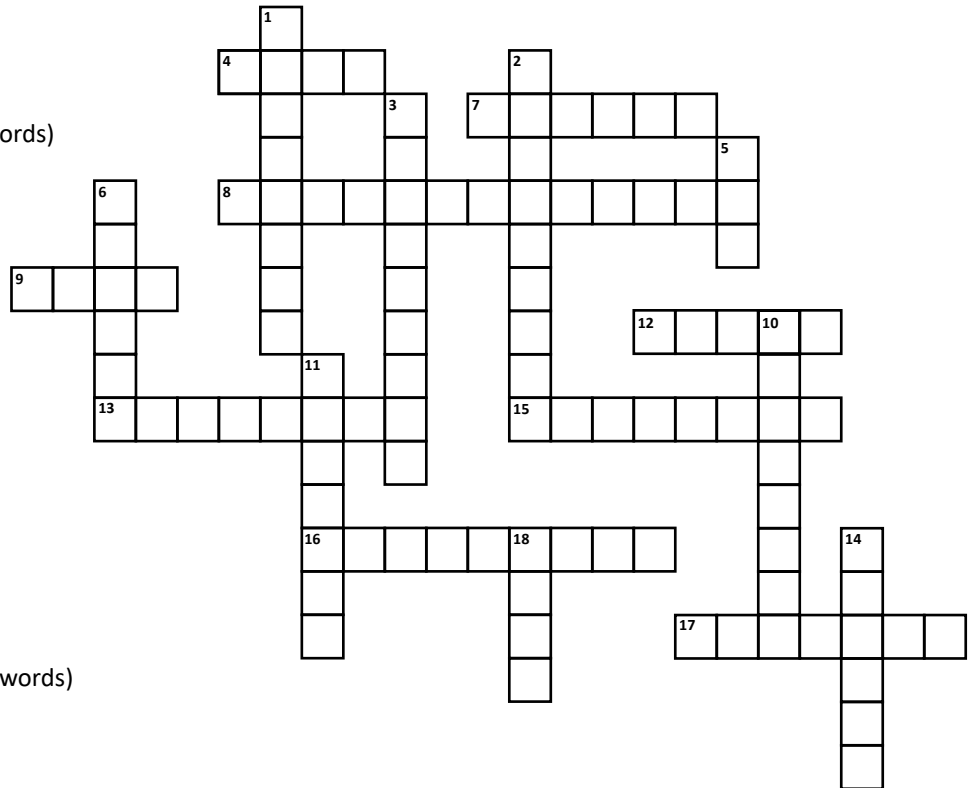
Theme: Summertime

ACROSS

4. Kids summer spot
7. Open-air meal, sometimes with a basket
8. Popular summer kids' business venture (2 words)
9. What the A/C removes
12. Sandy shore where water meets land
13. Allows plants to photosynthesize
15. Synchronized _____
16. Summer sandals with a distinctive noise (hyphenated)
17. Hottest time of summer (origin Sirius the "dog star")(2 words)

DOWN

1. Fourth of July event
2. E.g. sparklers
3. Apply it to protect against UV rays
5. Likely answer to "who wants ice cream?" (2 words)
6. Window and eye light blockers
10. Fun watercraft activity
14. Go places



Find the answers on page 10.



B'nei Mitzvah

Mazel Tov to Leah Brooke Mobley, daughter of Michael and Sharon, on becoming a Bat Mitzvah on August 6th.

Mazel Tov to Rebecca Grace Lichtman, daughter of Herbert and Bari Lichtman, on becoming a Bat Mitzvah on August 6th.

Mazel Tov to Lucille Jean Weisman, daughter of Daniel Weisman and Dana Garbarski, on becoming a Bat Mitzvah on August 13th.

SHARE YOUR GOOD NEWS! We love to hear about the great things happening in our members' lives. Tell us about your engagements, weddings, the birth of your child or grandchild, and more! Please contact Phyllis Burg (phyllis@templejeremiah.org) to share your good news.

Rise Up: Stonewall and the LGBTQ Rights Movement

By LIZ MENDEL

Inclusion Committee and LGBTQ+ Task Force Member
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On Saturday, April 30th, a group of about twenty Temple Jeremiah members visited the Illinois Holocaust Museum in Skokie to explore the Rise Up exhibit. Rise up is a traveling exhibit that presents the history and importance of the Gay Rights movement from Stonewall and the activists of the 1970's through the present.

The tour was organized by our Temple LGBTQ+ task force for the dual purpose of further educating our congregants, as well as reaching out into our broader Jewish community to share thoughts, concerns, support, and engagement. Viewing Rise Up enlightened us on how difficult it has been for LGBTQ+ Americans to gain equality and freedom of expression throughout American history.

It also prompted increased admiration for those individuals of all ethnicities courageous enough to advocate for their equality, often at the high cost of humiliation, discrimination, and safety. LGBTQ activists ranged from college students, writers and artists,



politicians to celebrities. We thank the Museum for showcasing this often ignored slice of history.

Our one-hour tour was followed by an intimate Havdalah lead by both of our Rabbis in one of the private rooms at the Museum. It was a satisfying closure to gather together in gratitude for Shabbat after witnessing the suffering of so many of our fellow humans.

If you would like to join the LGBTQ+ task force, please contact Rabbi Heaps at rabbiheaps@templejeremiah.org.



Family Promise Summer 2022

Temple Jeremiah will be serving as a
host for Family Promise from
July 24th - August 6th.


We are looking for volunteers to help with two weeks of meals in the following formats:

- 1) Sunday 7/24-Saturday 7/30: Bring dinner or have dinner delivered to the Family Promise guests at Temple Jeremiah. We would love for you to stay for dinner with the guests and the Family Promise Coordinators, but you are not obligated to.
- 2) Sunday 7/31-Saturday 8/6: Bring dinner or have dinner delivered to the Family Promise guests at the Family Promise Day Center in Evanston. This would be a drop-off only.

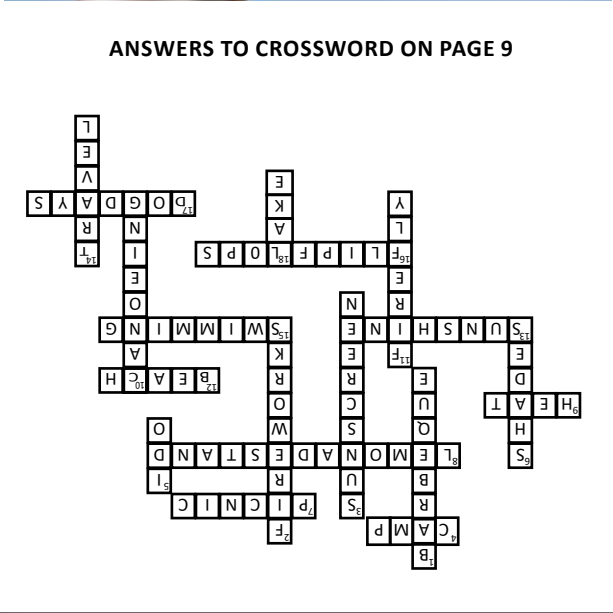
For more information, and to sign up to volunteer, scan the QR code below or visit tinyurl.com/TJfamilypromise22




If you have questions, please
contact Beth Wechsler at
bethwechsler@gmail.com.



ANSWERS TO CROSSWORD ON PAGE 9





90s Luncheon with Cantor Zussman 6.8.2022



Chicago Kayak Experience + Havdallah with Emanuel Congregation 6.18.2022



Pride Chicago Parade 6.26.2022

IN APPRECIATION OF

Rabbi and Cathy Cohen

-Babette and Jeffrey Sanders

Barry Sorkin

-Gentlemen Enjoying Leisure

IN HONOR OF

Celeste Schwartz Beck

Granddaughter of Cindy and Hal Schwartz
on the occasion of her arrival

-Cindy and Hal Schwartz

Lydia Josephine Browne

Great Granddaughter of Sima Browne and
Great Niece of Julie and Jim Ford *on the
occasion of her birth*

-Sima Browne

Ross Harris and Nick Teddy

On the occasion of their marriage

-Lori and Gary Kash

Jeff Krupp

on the occasion of his special birthday

-Gail and Andrew Brown

Zachary Peven

Great Grandson of Shelley Trilling *on the
occasion of his birth*

-Alene Frost

IN MEMORY OF

Benard Bell

Father of Judy Tatar

-Judy and Jerry Tatar

Jason Bellows

*Husband of Carole Bellows and Father of
Dan Bellows*

-Carole Bellows

David Blustein

Brother of Rachel Siegel

-Minda and Michael Bernberg

-Barri and Warren Colman

-Lori and Gary Kash

-Sue and Joel Kaufmann

-Susan and Ken Lorch

-Hershy Pappadis

-Dianne and Joel Rovner

Marlene Brout

Sister of Susan Slutsky

-Susan and Allen Slutsky

David F. Browne

*Husband of Sima Browne and Father of
Julie Ford*

-Sima Browne

Judge Nathan M. Cohen

Grandfather of Trudy Jacobson

-Trudy and Seth Jacobson

Sonia Chelemsky

Mother of Charlotte Fink

-Charlotte and Howard Fink

Maury Cooper

-Ivy Baruch

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Father of Jeff Goldberg

-Stacey and Jeff Goldberg

Samuel Goldhar

Father of Joel Goldhar

-Leslie and Joel Goldhar

Jack Goldman

Father of Louis Goldman and Sally Wascher

-Barbara and Louis Goldman

Rochelle Harris

Mother of Randi Carr

-Randi and Barry Carr

Ralph Kornbluth

-Hershy Pappadis

Judy Kamen

Wife of Gary Kamen

-Trudy Bers

-Elizabeth Blodgett and Jonathan Don

-Elise Frost

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-Mitch Liberman

-Sandra and Milton Paige

-Shari Rosen

-Avra Weiss

Frances M. Kash

Mother of Gary Kash

-Lori and Gary Kash

Mort Levin

Father of Joyce Suchsland

-Joyce and Michael Suchsland

Janet Lopin

Mother of Sheila Goode

-Sheila Goode

Mitchell Nyberg

Son of Charlotte Fink

-Charlotte and Howard Fink

Sigmund Rieger

Grandfather of Sheila Goode

-Sheila Goode

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-Sheila Schlagger

Jerrold Schwartz

*Husband of Shirley Schwartz and Father of
Steven Schwartz*

-Shirley Schwartz

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Father of Jerry Tatar

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Elaine Williams

-Kathy and Marc Mayer

Bessie Zaiken

Mother of Phyllis Klapman

-Phyllis and Jim Klapman

-Barbara and David Rosenberg

FOR THE SPEEDY RECOVERY OF

Barry Goldman

-Ruth and Chuck Adler

-Alene Frost

Donate to Temple Jeremiah

Making a donation to Temple Jeremiah is a wonderful way to honor a friend or family member on their happy occasion or to memorialize a loved one. You can make a donation in two easy ways:

1. Click on “Make a Donation” at templejeremiah.org or visit the Member Login section and click on “Donate” to donate online via credit card or ACH/eCheck.
2. Mail a check to Temple Jeremiah, 937 Happ Road, Northfield, IL, 60093. Be sure to include a note as to what the donation is for and which fund you prefer.

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Our Memorial Wall and Wall of Life Giving

If you wish to create a permanent remembrance of your loved ones, please consider adding their names to Temple Jeremiah’s Memorial Wall. This beautiful wall commemorates those who touched our lives but are no longer with us.

A leaf on our Wall of Life is a meaningful way to share your happy occasion with the Temple community in a lasting way. It permanently marks a celebration such as a birth, Bar/Bat Mitzvah, Confirmation, special birthday, wedding or anniversary.

For questions about Memorial Wall plaques or Wall of Life leaves, please contact Danny Glassman at daniel@templejeremiah.org.



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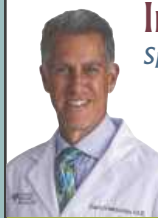
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