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## Finding Holiness in Our Actions & in Others

By **RABBI RACHEL HEAPS**

*Assistant Rabbi*

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Dear Friends,

Holiness is a part of our everyday Jewish lives, and, in the midst of this worldwide pandemic, we may be searching for it now more than ever. When we light candles, study Torah, don a tallit, or do any number of other actions – each of these has an aspect of holiness associated with it. But what is holiness, really? Is it innate, a part of our Jewish genetic structure? Are there levels of holiness? Is holiness in the eye of the beholder or is it absolute? Is holiness a noun or a verb? So many questions.

Perhaps, we can look closely at two parts of our tradition to understand the true nature of holiness.

First, the Havdallah ceremony which facilitates the transition from the holy day of Shabbat back to the rest of the week. There

are four blessings in this ritual, the first three over sensory symbols reminding us of the wonder of Shabbat: the sweet wine or juice, the aromatic spices, and the brilliant braided candle. The fourth one, recited as the candle is extinguished in the wine, highlights the moment when we separate (*l'havdil* – hence the name of the ritual) *kodesh* (holiness) from *chol* (the mundane). At first glance, we might say this is obvious – Shabbat should be separate from the humdrum of the week, that's what makes it special. But the truth is Shabbat only becomes special when we notice its specialness. Without our awareness of the day, Shabbat would simply be Saturday. It is our care and attention that make Shabbat holy. Without our actions it would be as mundane as Tuesday.



*continued on page 5*

“...we can find our holiness if we look for it, create opportunities to feel it, and then share it.

and then share it. In fact, as Temple Jeremiah programs, meetings, and events moved from in person to online, the holiness seems stronger than ever.



By **JULIE WEINBERG**  
*Editor, The Covenant*  
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Our initial plans for this edition of The Covenant went out the window when we saw the world around us suddenly shutting down amidst the spread of COVID-19. However, we held onto one thing: the theme of holiness. It's an abstract concept and something many of us struggle to personalize. When you read Rabbi Rachel Heaps' Cover Story and Executive Director Danny Glassman's Perspective, I hope you'll find some clarity on this topic. I think the articles that follow their comments illustrate the lessons they are teaching us: we can find our holiness if we look for it, create opportunities to feel it,

As you read this issue, you'll meet a Monthly Mensch who is finding holiness in the music he plays, you'll discover how the Mental Health Initiative team rallied virtually with support and compassion for Jeremiah parents who could use every ounce of holiness they can get while home with their children, and you'll learn how Jeremians spread the holiness of the holiday of Passover around the world. The Sisterhood offers a glimpse of how we all are experiencing holiness on a daily basis during these unprecedented times, and the Israel Action Committee shares their exciting plans to connect us to the Holy Land in the coming year.

Above all, I hope this issue provides comfort and connection to my fellow Jeremians, and at the very least, I hope it helps you pass the time during these long days. Stay safe and stay well!

## Join Me at a Virtual Lounge



By **DINA BAUWENS**  
*Member Engagement Director*  
dina@templejeremiah.org

Prior to coronavirus turning our world upside down, I was so excited for a new initiative we were launching at Temple Jeremiah. TJ Community Circles were going to be small group gatherings for temple members. Want to meet your neighbors in Glenview? We would help organize a get-together. Interested in a walking group? Let's find others who share the same love of outdoor exercise. Have a first grader and want to meet other families? Let's do it! Except now we're social distancing so our initial vision was put on hold. Until we decided to organize Virtual Lounges. The same idea of connecting with a small group of like-minded members, just virtually.

*Lo Tov L'Adam L'hiyot L'vado* - It is not good for humans to be alone.

Temple Jeremiah has now launched Virtual Lounges as opportunities for small groups of congregants to get together over Zoom. We are excited to "see" many of you and check in. We'll share family activities that have worked well, recipes, stories, and just chat. We will have different Lounges based on interests. Do you have an idea for a Virtual Lounge? Want to discuss what Lounge might be best for you to join? Contact me! We are constantly creating new Lounges and would love for you to participate. To see the current Virtual Lounge schedule please visit [templejeremiah.org/virtual-lounges](https://templejeremiah.org/virtual-lounges).

Hope to "see" you soon!

## Weekly Torah Portions

We invite you to join us on Saturday mornings to discuss the Torah portion and how it might apply to our lives. We meet virtually at 9:30 a.m. every Saturday.



|              |                               |                      |
|--------------|-------------------------------|----------------------|
| May 2, 2020  | <b>Acharei Mot - K'doshim</b> | Leviticus 16:1-20:27 |
| May 9, 2020  | <b>Emor</b>                   | Leviticus 21:1-24:23 |
| May 16, 2020 | <b>B'har - B'chukotai</b>     | Leviticus 25:1-27:34 |
| May 23, 2020 | <b>B'midbar</b>               | Numbers 1:1-4:20     |
| May 30, 2020 | <b>Naso I</b>                 | Numbers 4:21-5:31    |

## Holiness Found in the Power of Free Flowers



By **DANNY GLASSMAN**  
Executive Director  
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Dear Friends,

I am writing this article amidst week five of the state-wide "Stay at Home" order. (What I hope is) halfway through this new norm, I find myself taking advantage of time differently than before. Being stuck at home affords us all the time to reflect on our lives differently. This month's theme for the Covenant is Holiness. I have to admit I

**“As we currently wait for this incredibly bizarre time in our lives to pass, I cannot help but think about how holiness could be found in personal meaning.”**

couldn't define the word before looking it up. Holiness is defined as the state of being holy. Well that doesn't help much. It is also defined as emphasizing the doctrine of the second blessing. Now I am officially lost! What does holiness actually mean?

Surprisingly when you enter in a Google search for a definition there is a graph provided that shows how often the word is used over the last 200 or so years. Since the 1850's there has been a dramatic decline in the use of the word holiness. I hypothesize that it has something to do with the industrial revolution. For the first time in recorded history, mankind's technological advancements were growing exponentially along with the population of the planet. More and more people were embracing science rather than religion. Also, an interesting fact, the Reform movement of Judaism was beginning to make its mark on the Jewish community around this time. Though I cannot point to Reform Judaism as a reason for a decline in holiness, it is interesting that it modeled itself after its liberal Christian neighbors. Services were no longer on Shabbat but held on Sundays, and the prayer was done in the vernacular. But again, this does not help us define holiness and what it means for us today.

I recall reading Viktor Frankl's book *Man's Search for Meaning*. In it, Frankl chronicles his experience in the Nazi concentration camps through the lens of Logotherapy, a form of psychotherapy he created based on the experience. Frankl believed in three core properties on which his theory and therapy were based:

- ✧ Each person has a healthy core.
- ✧ One's primary focus is to enlighten others to their own internal resources and provide them tools to use their inner core.

- ✧ Life offers purpose and meaning but does not promise fulfillment or happiness.

Going a step further, Logotherapy proposes that meaning in life can be discovered in three distinct ways:

- ✧ By creating a work or doing a deed.
- ✧ By experiencing something or encountering someone.
- ✧ By the attitude that we take toward unavoidable suffering.

As we currently wait for this incredibly bizarre time in our lives to pass, I cannot help but think about how holiness could be found in personal meaning. We are experiencing something we normally would take for granted. Interaction and connection to others (via technology). Krystal and I have taken on a side project of giving away donated bouquets of flowers at the edge of our driveway. Buckets of flowers line the drive and passersby can grab a bouquet to brighten their day. We wait patiently at our front window to exchange a smile, wave or blow kisses with the next person stopping by the makeshift floral shop. Something as simple as the connection to others has made me feel more complete, more holy in this time of isolation.

I still don't have a definitive answer to what holiness means. What I can tell you is that in this time of retrospective I am feeling that a sense of connection and community is more holy to me than ever. More than ever do I feel the Joy of Belonging.



*The Glassman family's flower power in action.*

(The Glassman family's flower power drew the attention of The Daily Herald. Check out the entire story here: [dailyherald.com/news/20200329/buffalo-grove-familys-idea-for-random-act-of-kindness-blossoms](https://dailyherald.com/news/20200329/buffalo-grove-familys-idea-for-random-act-of-kindness-blossoms).)



## Fred Kagan: Sharing His Joy of Music

By KATIE BICK  
Communications Coordinator  
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Fred Kagan's first heroes were Bob Dylan and Neil Young. He played in a rock band. Now, Fred Kagan lends his musical talent to Temple Jeremiah by performing in the Jeremiah Bullfrogs, a volunteer band that plays monthly during Shabbat services.

According to Fred, his experiences with Judaism and music have always been entwined. "I was raised in a reform



Fred Kagan

“... I love the opportunity to play music in a way that enhances a religious experience for people. There’s nothing like looking out at congregants and seeing that they’re feeling something deep--that they’re in the right place...”



Fred (far left), performing at the 60's Jewish Rock n Roll Concert

congregation,” said Fred, “even though my parents couldn’t sing their way out of a box, I was singing in the [temple’s] choir from a young age.” Fred cites this time with the choir as a possible influence on his decision to pick up guitar at age 16.

When complimented on his early musical talents, Fred demurred: “It was the 60s - everyone from Paul Simon to Crosby, Stills, and Nash were bubbling up then. If you liked music and wanted to play an instrument, you played guitar.”

Fred joined Temple Jeremiah in 2009 after shopping around with a few North Shore congregations. “The congregation’s open culture made it click,” said Fred. He was especially impressed by how progressive Temple Jeremiah’s leanings were and how willing

everyone was to come together as a community.

Fred started volunteering his talents soon after becoming a congregant. “I watched Cantor Zussman play the guitar at services and thought, hey, these are 3 and 4 chord songs,” said Fred. “I knew I could figure out how to play them.” Fred approached the cantor about playing at services and was thrilled to get the go-ahead. Since then, he’s been a staple of Temple Jeremiah worship and events.



Fred (second from right), performing with the Jeremiah Bull Frogs

For Fred, performing with the clergy isn’t just a mitzvah, but a musically enriching experience. “From a musical perspective, playing with the Temple is wonderful,” said Fred. “I love the opportunity to play music, but more importantly, I love the opportunity to play music in a way that enhances a religious experience for people. There’s nothing like looking out at congregants and seeing that they’re feeling something deep--that they’re in the right place. It shows what music can do.”

According to Fred, his musical involvement with Temple Jeremiah can be directly attributed to the warmth of its congregants. “My experience at Jeremiah has been consistently welcoming,” said Fred. “That sense of warmth and welcome not only drew me to the Temple, but directly created opportunities for me, as a congregant, to participate.”

If you’d like to nominate someone for the Monthly Mensch, contact Katie Bick at [katie@templejeremiah.org](mailto:katie@templejeremiah.org).



Fred, performing on Zoom for a recent Shabbat Morning Worship

## RABBI HEAPS (continued from page 1)

Just as a day is considered holy, a person or people can be considered holy. This month we read from *Parashat Kedoshim*, the Torah portion in which God remarks to the Israelite people “You will be holy because I am holy” (Leviticus 19:2). In the very next verse, God goes on to reiterate a number of commandments: honoring parents, observing Shabbat, avoiding idolatry, and more.

“Holiness is what we get when we notice one another, when we work to make their world and ours just a little bit better...”

In this chapter of Leviticus, commonly called “The Holiness Code,” God emphasizes that it is not enough to have an association with holiness, you must act holy through thought or purpose.

Just from these two examples, our tradition starts to paint a picture – though we are not intrinsically holy, each of us has the potential to become holy not through separating ourselves, or hoping to absorb holiness from somewhere else, but through the choice to notice and act holy at any given moment in any given day. Holiness is what we get when we notice one another, when we work to make their world and ours just a little bit better, when we are able to break out of the daily routine and observe the miracles of our lives.

I hope during this time when we are all separated from one another, you will take actions and connect with others to create your own holiness. We might read in Leviticus “You will be holy because I am holy,” but I think the truth of it is “I will be holy because through your example you inspire me to holiness.”

## Virtual Tours Now, Close Look at Israeli Life Planned for 2021



By JERRY TATAR  
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The Israel Action Committee (IAC) has certainly been living up to its name. We are active! In these days of virtual programs, we are offering synagogue members live Zoom tours led by museum staff of the Museum of the Jewish People in Tel Aviv, live tours of Jewish Rome led by Micaela Pavoncello of Jewish Roma,

Rick Steves fame, and other programs.

We recently joined with the Inclusion Committee to host a wonderful session about Israel's Special in Uniform program. Through this program, special needs adults are incorporated into the Israel Defense Forces as full and active members. Some of them have very crucial and high security positions. We saw how the IDF's decision to launch this program not only changed the lives of many special needs adults but also enriched and strengthened the military.

We are especially excited about our plans for the next year. The highlight will be a series of programs we are planning about

daily life in Israel. This will start with a wonderful evening of Israeli music and poetry to celebrate Yom Ha'atzmaut led by Cantor Friedman and others. Our plans are to follow that with a short class led by weekly speakers on topics concerning the geographical and historical development of Israel, water issues, and the rights of women, minorities, the LGBTQ community, and others in Israeli society.

We also plan to look at economic issues in Israel including employment, the startup economy, and poverty. This will cover the effect of these topics on all facets of society, including the Arab community, Ethiopian Jews, etc. From there, the class will delve into education and politics, the role of various parties in the government, and then examine the roles of various religions in Israeli society. This discussion will include the relationship among different Jewish groups (Orthodox, Progressive, etc.), Muslim Society, Christian Sects, and others.

While the IAC members have been working hard on these exciting programs, we are always looking for others to join us in our work. If you are interested in Israel, civil rights, various religions, economic issues, and are looking for a fun and active committee in which to participate, share ideas, or just want to see what this is all about, please join us.



## Surviving Social Distancing Together



By KATIE BICK  
Communications  
Coordinator  
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org

Days after Governor J.B. Pritzker issued a state-wide stay-at-home order to curb the spread of COVID-19, Sarabeth Salzman knew she couldn't be the only Temple Jeremiah member who needed a little extra support.

"These are unprecedented times," said Sarabeth. "We're all coping with the stressor of the news every day, and [that stress] is only compounded by our new, close quarters." Realizing that parents kept at home with their families, in particular, were lacking time to themselves to decompress and process the new normal, Sarabeth rallied Temple Jeremiah's Mental Health Initiative team to create "Taking Care of Ourselves, Taking Care of Our Families," a weekly Zoom call for social distancing parents.

"I think we all missed seeing other adults," Sarabeth said, "so, we wanted to create an opportunity for parents to simply take a break and connect with each other." Since the first "Taking Care of Ourselves, Taking Care of Our Families" session in mid-March, the event has

become a highlight of Temple Jeremiah parents' calendars.

"The call is a space to catch up," said attendee and co-host Tanya Silverstein. "We can all relax and vent about common stressors."

Each "Taking Care of Ourselves, Taking Care of Our Families" meeting offers a one-hour window in which attendees can share tips regarding social distancing, parenting during quarantine, and maintaining a healthy headspace during this trying time. "The meetings are social spaces, yes, but they're also wellness resources during this scary time," said Sarabeth. "We want to provide some of the social support everyone needs while still maintaining a healthy, physical distance."

Spending weeks at home with limited resources and social contact can take a toll on one's mental health. With this in mind, these "Taking Care of Ourselves, Taking Care of Our Families" sessions feature input from a Jewish Children and Family Services counselor who shares tips for coping with mental health struggles while in quarantine and offers language to use with a partner or with children when asking for personal space.

"We all need to take a breath sometimes," said Sarabeth. "We're all glad to be taking one together."

**Miss seeing  
adults during  
the day?**

**Wednesdays  
8:00 - 9:00 p.m.**

*Join fellow Temple Jeremiah parents for some adult time. Occasionally, a JCFS counselor will hop on to provide valuable tips for getting through our "quarantines."*

**Meet on Zoom:  
[zoom.us/j/836075260](https://zoom.us/j/836075260)**



### SOCIAL JUSTICE CALENDAR AT-A-GLANCE

The Social Justice Committee is working hard to re-organize all of our programs to support the growing needs of our community in the midst of the COVID-19 pandemic.

**FEED THE HUNGRY** will continue the first Sunday of every month. There is a new menu which can be found at [tinyurl.com/FTH-updated](https://tinyurl.com/FTH-updated). **All food must be dropped off at Temple Jeremiah by 10am. Next delivery day: May 3rd**

**FOOD DRIVE:** Drop off packaged food to Temple Jeremiah Monday through Friday between 8:00 a.m. - 12:00 p.m. Deliveries will be made the third Sunday of every month to A Just Harvest on Chicago's North Side. **Next delivery day: May 17th**

**COLOR WAUKEGAN KIDS HAPPY:** Donate new coloring books for pre-kindergarten through 5th grade for children in Waukegan School District 60. **Drop off in bins outside Temple Jeremiah no later than Sunday, May 10th.**

***If you'd like more information about our social justice programs during this time, and how you can help, please visit [tinyurl.com/SJ-updates](https://tinyurl.com/SJ-updates).***



## Jeremiah Sisters Find New Ways to Connect

By ALISA PATTERSON  
Sisterhood Co-Chair  
sarap124@aol.com

A virtual temple, a virtual service, a virtual Sisterhood; this is all part of our new reality, as we navigate these times. While many things feel different and uncertain, there are many things that are reassuringly the same. The holiness of our lives has become both less familiar, yet ironically more meaningful.

“Our daily fortitude, willingness to reach out to our friends and neighbors via phone, text, and computer, and the work we do to keep our fellow citizens safe, is a form of holiness that uplifts all of us.”

Since early March, I have had all of my adult children living back at home. For the first time, in a long time, all five of us were together to light the Shabbat candles for many weeks in a row. I appreciated this moment in time, this gift of an opportunity, to have our family together when they would otherwise have been spread out all across the country.

Many women I have spoken to did the same, as their young adult and college age children moved back home. Many chanted the Shabbat prayers via Zoom, so all of their family members could be present, the desire to pray as a group stronger than ever before.

The holiness was present in our Jeremiah sisters who visited their aging parents in nursing homes and assisted living facilities, standing outside with their children, holding up signs, and blowing kisses through the window.

The holiness was apparent in all of the moms who were working from home, amusing their children for endless hours at home,

teaching their children math from home, making forts from pillows and blankets at home, taking yoga classes and participating in book discussions from home and praying each and every night for their family's safety, all from home.



Alisa Patterson with her family

Holiness looks different now, as we observe life cycle events in a whole new way. Weddings and B'nai Mitzvah services have been either postponed or celebrated virtually, funerals have been conducted graveside and Shiva gatherings forgone or done virtually as well, as grieving families find alternative ways to comfort and find comfort. We have been part of text messages where our sisters still organized dinners to deliver to comfort a grieving family; a virtual hug when we cannot sit together and hold each other's hand. Our desire to reach out and connect is still strong and we are finding new avenues to do so.

Our ability to adapt and continue to show our love and support for our families and our community is reassuring. It demonstrates the enduring nature of our teachings, the importance of our Jeremiah community as it continues to provide support to us and find new ways to reach out to our members, holding us in a virtual embrace. Our daily fortitude, willingness to reach out to our friends and neighbors via phone, text, and computer, and the work we do to keep our fellow citizens safe, is a form of holiness that uplifts all of us.

To the women of Jeremiah, we salute you, we virtually support you and we look forward to the day when we can all be in the same room, together again, laughing, hugging, praying, and feeling our connection, as it continues to grow stronger.

## Sisterhood Bookclub

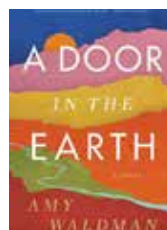
**NOTE:** We will be meeting through Zoom! Join us online at [zoom.us/j/3417454169](https://zoom.us/j/3417454169).  
For more information or to sign up, contact Vicki Siegelman at [vsieg@gralynn.org](mailto:vsieg@gralynn.org).

Thursday, May 14, 2020, 10:00 - 11:30 a.m.  
***The Lost Family***, By Jenna Blum



A handsome bachelor in 1960s Manhattan carries a tragic past. Plagued by “survivor’s guilt” can he allow himself to ever love again? Each unforgettable character in this deeply moving novel brings new meaning to the familiar phrase “never forget.”  
— Booklist, starred review

Thursday, June 11, 2020 ~10:00 - 11:30 a.m.  
***A Door in the Earth***, By Amy Waldman



Young, Afghan-American, and female... what should she do? Choose between a comfortable life in northern California or follow her ideals to a charitable cause? "A Door in the Earth" is a deeply chilling, multifaceted examination of... the situation in Afghanistan" — Bookpage, starred review

## Online Seders Bring Bigger Crowds to the Table

By JULIE WEINBERG

Editor, *The Covenant*

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*The Kogan family's Virtual Seder*

Temple Jeremiah congregant Loryn Kogan made some big changes this year in order to hold on to her annual tradition of hosting her family's Seder. For the past 20 years, she's brought 25 people together in her home to celebrate Passover. Due to COVID-19 and the shelter-in-place order, she moved the family dinner online. "Everyone enjoyed it," Loryn said, "It was gratifying to be together that way."

The Kogan family was not alone in their online experience. Many Temple Jeremiah families held a similar celebration, some guided by the synagogue's online session on hosting a virtual Seder which was held one week before Passover. Rabbi Rachel Heaps' technological expertise came in handy as she introduced various tools to use to bring people together, demonstrating the value of the virtual connection by including her own mother in the session. "I love getting a chance to see my daughter in action, even from afar," Dianne Heaps told the group.

Rabbi Heaps also shared an online list of resources including prayers and songs, but above all, she encouraged everyone to let go of the pressure to cover every part of the Seder and simply focus on the parts that meant the most to them. "What we have noticed in all of our stay-at-home moments is the most important thing is the connection, not the content," she said.

For Loryn, a key ingredient was the food. "I get a lot of satisfaction putting together food for my family," she said. She cooked the entire meal and spent more than three hours in the car delivering brisket, chicken, matzah ball soup, and more to

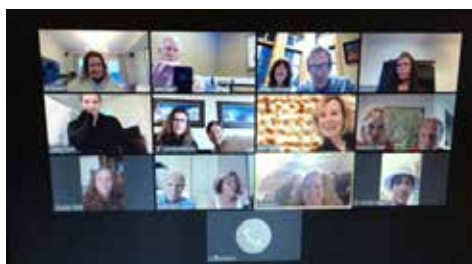
**“What we have noticed in all of our stay-at-home moments is the most important thing is the connection, not the content.”**

family members across the Chicagoland area. By Seder time, everyone was in front of their screen, and rather than follow the Haggadah, they each talked about how they are managing during these unusual times. When relatives in Buenos Aires saw photos of the Zoom event on Facebook, they joined in too. "My mother-in-law was thrilled," said Loryn, who had spent nearly an hour the previous night teaching the 88-year-old how to use Zoom.



*The Kogan packed and ready for delivery, with a menu!*

Lori and Gary Kash also hosted a virtual Seder, gathering relatives from coast to coast and breaking matzah with family members they hadn't celebrated with in decades. Gary led the Seder and compared the current restrictions we are experiencing with the Passover story. "It allows us to truly empathize with our ancestors," he said. They lit candles, discussed the Seder plate, asked questions of one another, and overlooked technological issues to sing a few songs. "Even though people aren't in sync on Zoom, we sang anyway and it was fun," Gary said, adding, "I loved it. There was such a feeling of gratitude. There's something wonderful about being able to connect with people so far away."

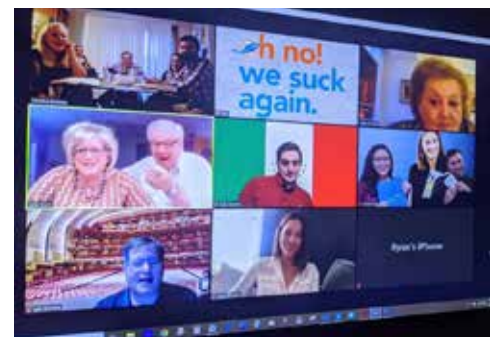


*The Kash family's Virtual Seder*



*Gary Kash, answering a text question during their Seder*

Over at Julie and Jim Ford's home, family and friends tuned in from 10 different locales including Scotland where the Ford's daughter lives. While they took turns reading the Haggadah, the highlight of the evening was the friendly competition that developed over Zoom backgrounds. "People got creative," said Julie. "It started with matzah, one had Mayor Lori Lightfoot in it, then there were team sports, and some people even put Grandma in different situations."



*The Ford family's Virtual Seder*

While the online gatherings allowed families to connect with others who typically wouldn't have joined the celebration, perhaps Loryn Kogan pointed out the real silver lining to the virtual Seder, "We were relieved we didn't have so much to clean up!"



## Helping Teachers and Their Communities



What began as two-to three-week school closures have crept steadily into April and now will outlast the school year. Teachers were thrown into a situation where they had to quickly create a virtual likeness to what students received in school, while also learning new technologies. Providing a caring and efficient learning environment conducive for all learners in a matter of days was challenging, to say the least. Usually all while juggling e-teaching their own children and other responsibilities. We can imagine how difficult this has been (and still is) for many teachers, and we want all of our teachers to know that we are here to help in any way we can.

Many teachers also feel for their students and their families who may be facing numerous challenges at this time. As we know, there are children who received free school breakfasts, lunches, benefited from programs like Backpack Blessings and more. Temple Jeremiah has created an

initiative to help support both the well-being of teachers as well as their students' families.

If you are a teacher or know of a teacher who needs support, we would love to hear from you! We invite teachers to fill out this super short form: [tinyurl.com/teachersduringcovid](https://tinyurl.com/teachersduringcovid).

For ways you can help teachers and their students' families now, visit this article: [templejeremiah.org/supporting-our-teachers](https://templejeremiah.org/supporting-our-teachers).

Teachers, we also want to invite you to a special Teacher Virtual Lounge. Grab a glass of wine or warm tea, snuggle into your couch, and Zoom with other teachers. Commiserate about your challenges, share your successes, and just connect. Want to participate? Share the best time in the form ([tinyurl.com/teachersduringcovid](https://tinyurl.com/teachersduringcovid)) or simply email Dina at [dina@templejeremiah.org](mailto:dina@templejeremiah.org).

## Toddie Gray and Diane Mary Katz Scholarship

In memory of Toddie Gray and Diane Mary Katz, a college scholarship is awarded each year to a Temple Jeremiah High School senior who actively participated in or provided service to the Temple or his or her school.

To apply, students entering their first year of college in the fall of 2020 should email a personal essay to Rabbi Cohen discussing their interests and goals, and describing their qualifications for scholarship consideration.

Applicants should have achieved academic or extracurricular success, be in need of financial aid, and/or have excelled in community service. Rabbi Cohen will review all applications with the Scholarship Committee. The deadline for receiving applications this year is May 8, 2020 at 5:00 P.M. The winner of the scholarship will be announced at our annual meeting, May 18th. Good luck!

Contact Melissa Celnikat at [mrsclenik@yahoo.com](mailto:mrsclenik@yahoo.com) for more information.





Krashin family celebrating Passover



"Camp" Fire Sing-a-long 4.5.2020



The Zbaraz family at Andrew's Bar Mitzvah 4.4.2020



The Greenbergs at a Virtual Kabbalat Shabbat Worship 4.17.2020



Andrew Zbaraz becoming a Bar Mitzvah on Zoom 4.4.2020



8.5 month old, Zev Nutkis, enjoying his Temple Jeremiah bib



Sunday afternoon Sing-long 3.29.2020



Sunday afternoon Sing-long 3.29.2020



# May 2020 Calendar (Unless otherwise noted, all programming will be held virtually)

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|--|--|--|--|---|--|---|
| <p><b>*Please be sure to check the online calendar for up-to-date programming information, including links to join all virtual programs.</b></p> |  |  |  |   | <b>1</b><br>9:00am Adult Learning: Talmud To Go<br>11:00am Bim Bam Baby & Tots<br>12:00pm AA Meeting<br>6:30pm Kabbalat Shabbat<br>Worship   | <b>2</b><br>8:30am Tefillah<br>9:30am Torah<br>Study<br>5:30pm Campfire<br>and Havdallah  |
|  | <b>3</b><br>8:30am Brotherhood<br>Kibitz & Bytes<br>9:15am Religious School<br>10:00am Adult Learning:<br>The History of the Jewish<br>People in Rome<br>12:00pm Feed the Hungry<br>12:00pm Shir Joy | <b>4</b><br>9:30am Coffee Talk<br>with Rabbi Cohen<br>12:00pm AA Meeting<br>3:30pm Nosh and<br>Mingle<br>4:30pm Hebrew<br>School | <b>5</b><br>9:30am Virtual Lounge:<br>Revisiting High School Classics<br>11:00am iEngage Course: The<br>Future of Jewish Peoplehood<br>12:00pm AA Meeting<br>7:00pm Alanon, Alateen, & EDA<br>Meetings<br>7:00pm Choir Rehearsal | <b>6</b><br>12:00pm AA Meeting<br>3:30pm Nosh and<br>Mingle<br>4:30pm Hebrew<br>School<br>8:00pm Video<br>Chat: Taking Care of<br>Ourselves, Taking Care<br>of Our Families | <b>8</b><br>9:00am Adult Learning: Talmud<br>To Go<br>9:30am Virtual Lounge:<br>Revisiting High School Classics<br>11:00am Bim Bam Baby & Tots<br>12:00pm AA Meeting<br>6:30pm Kabbalat Shabbat<br>Worship | <b>9</b><br>8:30am Tefillah<br>9:30am Torah<br>Study<br>5:30pm Campfire<br>and Havdallah  |
|  | <b>10</b><br>Mother's Day<br>NO Religious School   | <b>11</b><br>9:30am Coffee Talk<br>with Rabbi Cohen<br>12:00pm AA Meeting<br>6:00pm Lag B'Omer<br>Kumsitz                        | <b>12</b><br>Lag BaOmer<br>11:00am iEngage Course: The<br>Future of Jewish Peoplehood<br>12:00pm AA Meeting<br>4:00pm Bob Ross Painting<br>7:00pm Alanon, Alateen, & EDA<br>Meetings<br>7:00pm Choir Rehearsal                   | <b>13</b><br>12:00pm AA Meeting<br>7:00pm Executive<br>Board Meeting<br>8:00pm Video Chat:<br>Taking Care of<br>Ourselves, Taking Care<br>of Our Families                   | <b>15</b><br>9:00am Adult Learning: Talmud<br>To Go<br>11:00am Bim Bam Baby & Tots<br>12:00pm AA Meeting<br>6:30pm Kabbalat Shabbat<br>Worship with Confirmation<br>Service                                | <b>16</b><br>8:30am Tefillah<br>9:30am Torah<br>Study<br>5:30pm Campfire<br>and Havdallah |
|  | <b>17</b><br>9:00am Last Day Religious<br>School<br>10:00am JeTY Elections<br>11:30am Inclusion<br>Committee Meeting   | <b>18</b><br>12:00pm AA Meeting<br>7:00pm Annual<br>Congregational<br>Meeting  | <b>19</b><br>11:00am iEngage Course: The<br>Future of Jewish Peoplehood<br>12:00pm AA Meeting<br>7:00pm Alanon, Alateen, & EDA<br>Meetings<br>7:00pm Youth Committee<br>Meeting  | <b>20</b><br>12:00pm AA Meeting<br>2:00pm Lunch & Learn<br>8:00pm Video Chat:<br>Taking Care of<br>Ourselves, Taking Care<br>of Our Families                                | <b>22</b><br>Yom Y'rushalayim<br>9:00am Adult Learning: Talmud<br>To Go<br>12:00pm AA Meeting<br>6:30pm Kabbalat Shabbat<br>Worship  | <b>23</b><br>8:30am Tefillah<br>9:30am Torah<br>Study<br>5:30pm Campfire<br>and Havdallah |
|  | <b>24</b>  | <b>25</b><br>Memorial Day<br>12:00pm AA Meeting  | <b>26</b><br>12:00pm AA Meeting<br>7:00pm Alanon, Alateen, & EDA<br>Meetings   | <b>27</b><br>12:00pm AA Meeting<br>8:00pm Video Chat:<br>Taking Care of<br>Ourselves, Taking Care<br>of Our Families  | <b>29</b><br>9:00am Adult Learning: Talmud<br>To Go<br>10:00am Shavuot Worship and<br>Yizkor<br>6:30pm Kabbalat Shabbat<br>Worship   | <b>30</b><br>8:30am Tefillah<br>9:30am Torah<br>Study<br>5:30pm Campfire<br>and Havdallah |
| <b>31</b>  |  |  |  |   |  |   |



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### **IN SUPPORT OF**

#### **Social Justice Fund**

-Jackie and Marvin Lutz

#### **Temple Jeremiah**

-Fern and Stanley Weiss

### **IN HONOR OF**

#### **Jacob Cohen**

Son of Rabbi Paul and Cathy Cohen, *on the occasion of his engagement to Elana Gordon*

-Diana Kaufmann

-Carol Maxon

#### **Noah Samuel Glandon**

Grandson of Mara and Gerry Lane, *on the occasion of his birth*

-Mara and Gerry Lane

#### **Bart Gordon**

*On the occasion of his special birthday*

-Carol Maxon

#### **Jacob Lurie**

Son of Patty and Fred Lurie, *on the occasion of his engagement to Samantha Schneider*

-Deborah and Frank Leibow

#### **Jonathan Kraft**

Grandson of Susan and Ken Lorch, *on the occasion of his birth*

-Lori and Andy Goldstein

#### **Ilene Kramer**

*On the occasion of her 90th birthday*

-Ilene Kramer

#### **Aya Rose Stevens**

Granddaughter of Susan and Miff Ardell, *on the occasion of her birth*

-Diana Kaufmann

#### **Cantor Amy Zussman and the Selah Choir**

*For your beautiful singing and inspiration at the Inclusion Shabbat Service*

-Renee and Michael Klass and the Inclusion Committee at Congregation Beth Judea

### **IN MEMORY OF**

#### **Robert Baldwin**

*Father of David Baldwin*

-Vicki Siegelman and David Baldwin

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2. Mail a check to Temple Jeremiah, 937 Happ Road, Northfield, IL, 60093. Be sure to include a note as to what the donation is for and which fund you prefer.

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## ADULT LEARNING May 2020

### Talmud to Go

**Friday, May 1, 2020, 9:00 a.m.**

Start your day off with a taste of Talmud learning. Join our rabbis the 2nd Friday of the month as we dive into the Talmud and how it helps guide our lives. Contact Rabbi Rachel Heaps with questions.

### The History of the Jewish People in Rome

**Sunday, May 3, 2020, 9:30 a.m.**

Joined direct from Rome via Zoom by Micaela Pavoncello, the owner of Jewish Roma Walking Tours, will take us on a wonderful journey through the 22nd Century history of Jews in Rome.

### Revisiting High School Classics with Ruth Adler

**Tuesday, May 5th & 8th, 2020, 9:30 a.m.**

Starting with *To Kill a Mockingbird*, Ruth will lead a Virtual Lounge book discussion where we will revisit classics from our high school days. We will discuss each book for one week in two separate sessions. Rabbi Cohen will join us to explore the Jewish themes in each book.

### Talmud to Go

**Friday, May 8, 2020, 9:00 a.m.**

Start your day off with a taste of Talmud learning. Join our rabbis the 2nd Friday of the month as we dive into the Talmud and how it helps guide our lives. Contact Rabbi Rachel Heaps with questions.

### Lunch & Learn

**Wednesday, May 20, 2020, 12:00 p.m.**

Join us for Lunch & Learn with Rabbi Cohen, who will lead a lively and interactive discussion. No experience or knowledge of Hebrew is needed. Each meeting is self-contained and open to all. We will meet on Zoom, not downtown. (No need to deal with traffic or parking!)

**For up-to-date Adult Learning programming, please visit our online calendar. And to read about past and future events, visit [tinyurl.com/TJ-virtualprogramming](https://tinyurl.com/TJ-virtualprogramming).**



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