
















Purim Carnival 3.8.2020

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NOTE ON COVID-19: When this issue went to print, Temple Jeremiah leadership had just made the decision to discontinue programming due to COVID-19. Information about the changing situation will be communicated via email and at templejeremiah.org/covid-19-updates. In the spirit of *Kol Yisrael arivim zeh l'zeh*, each of us is responsible for one another, we hope the members of this community continue to draw strength from, to care for, and to support one another.

Finding Inspiration from Overlooked Heroes

By **RABBI PAUL F. COHEN**

Senior Rabbi

rabbi@templejeremiah.org

Dear Friends,

In a famous passage from *Pirke Avot*, The Ethics of our Ancestors, a sage asks a series of four questions and provides his own answers. Ben Zoma asks, "Who is truly heroic?" And he answers, "The one who is able to overcome their own evil inclinations." This deceptively simple message is a profound lesson on human nature.

First, we learn that each of us has an evil inclination with which we grapple each and every day. Second, we learn that though this evil inclination exists within us, it does not

necessarily control us. Third, it takes an heroic effort to overcome the evil inclination. Last, we can be truly heroic; each and every one of us has this potential to become a hero.

As I was meditating upon this passage from *Pirke Avot*, I came to consider again the true heroes of the Exodus story. This month we will gather around the Passover table, share in the Seder as we retell the story of the Exodus with the words of the Haggadah.



continued on page 5

“ In this issue, we search for heroes... those among us, those who came before us, and those within us.



By **JULIE WEINBERG**
Editor, The Covenant
julieweinberg@me.com

Welcome to the third revamped edition of The Covenant. On behalf of the Communications Committee, I hope you have enjoyed reading stories about your fellow congregants and the meaningful connections that are the result of all that happens at Temple Jeremiah.

In this issue, we search for heroes... those among us, those who came before us, and those within us. In the cover story, Rabbi Cohen encourages us to honor some overlooked heroes during our Passover Seders. Cantor Friedman shares her perspective to help us find the hero inside us. Our Monthly Mensch is a teenager

who is certainly a hero to many and a role model for all of us. Don't miss this chance to find out about Ella Rubinstein and all the goodness she is putting out to the world.

I'd also like you to meet Katie Bick, Temple Jeremiah's new Communications Coordinator. She is my personal hero these days as she's joining my effort to get The Covenant out to all of you.

Also in this issue:

- Learn about another Rabbi Cohen who's coming to Temple Jeremiah with an important and personal message.
- Find out about some special collaborative pieces headed to this year's CEL Art Show.
- Read about the discussion at Temple Jeremiah's forum on Gun Violence.

As always, if you have a story to tell about your experience at Temple Jeremiah, send it my way. I'd love to hear it and help you share it.

Meet Katie Bick: Communications Coordinator

Katie Bick is thrilled to be a part of Temple Jeremiah as the synagogue's new Communications Coordinator. "Temple Jeremiah has a really vibrant and strong community," she said, "I'm excited to join an organization that's making a difference in the world."

Katie grew up in the Detroit suburb of Franklin, Michigan where she was raised attending Sunday School and Hebrew School at Temple Israel, a large reform synagogue. As a child, she loved musical theater, and while she says she can't hold a tune, she still made her way onto the stage.

By her teenage years, Katie developed a passion for poetry and served as the editor of her high school poetry magazine. "For me, poetry isn't just an interest but a celebration of language that encourages connection and communication," she said, adding, "T.S. Eliot is my favorite poet. I'm fascinated by the playful form and contradictions of his poems. His writing is always rewarding."

Katie attended the University of Chicago where she graduated with a bachelor's degree in English literature with a concentration in Anglo-American early modern poetry. "One of the most exciting things about UChicago was the intellectually voracious student body. People were always game to think through dense topics and engage in deep discussion," she said.

After graduation, Katie took a job in communications for a law firm, which gave her the opportunity to learn about public relations and marketing. Now, she's bringing her skills to help Temple Jeremiah continue to grow from strength to strength.

Outside of work, she continues to pursue her passion for poetry

as an editorial assistant for RHINO Poetry, a non-profit literary organization based in Evanston. While she does write some of her own poetry, she prefers to keep it close to the chest. "I write about life, fears, relationships. It's very personal," she explained.

Katie lives in Logan Square with her roommate and her beloved cat, Alma, a 2-year-old mackerel tabby. "She is the fluffy love of my life," said Katie.



Katie Bick

You can find Katie at her desk in the office near the south parking lot. "I'm always available to help start any new initiative, promote an event, and ensure this tight-knit, devoted community is informed and connected," she said, "So come say hello!"



Alma, Katie's cat

Mussar Teaches Path to Own Heroism



By **CANTOR SUSIE LEWIS FRIEDMAN**
Cantor
cantorfriedman@templejeremiah.org

"There's a hero if you look inside your heart...you don't have to be afraid of who you are." -Mariah Carey & songwriter/producer Walter Afanasieff, *Hero*

Because we are all created *B'tzelem Elohim*, in the divine image of God, we all have the potential to be our own heroes, to partner with God in Tikkun Olam (repairing the world), and to be our own healers

“By showing our devotion and praise to God, we are actually acknowledging our own heroism.

and champions. One of the prayers of our *Amidah*, the *G'vurot*, literally means “God as Hero.” When I work with our children for their B'nai Mitzvah, at that crucial time in their lives, I always help them try to connect with the prayers of our liturgy. It can be difficult to sell the concept of praising God. After all, why should this strong, almighty, powerful God need us to pump up God? My answer is always: we are created in God's image. By showing our devotion and praise to God, we are actually acknowledging our own heroism.

Some of our greatest heroes also live among us and inspire us on the personal journey of our lives. Rabbi Cohen is that person for many of us, helping us through his teachings based in Mussar, a one-thousand-year-old practice that provides distinctly Jewish

answers to the questions we ask about life. It guides individuals in identifying a unique, personal path of spiritual growth. Rabbi Cohen has led courses on Mussar and established Mussar groups at Temple Jeremiah with Ron Rooth and Judy Craven. He is grateful that not only has the Mussar language and practice been emulated by members of our congregation, but many say they find it extremely meaningful and life changing. Those who have participated in this practice find it gratifying to find Jewish elements in things they encounter in everyday life such as meditation, yoga, repairing the word, and mindfulness. We can find our inner “hero” when we walk through the world in a meaningful way.

Rabbi Cohen was recently asked to contribute his thoughts about the Jewish concept of *Anavah*, or humility, in the new Mussar Torah Commentary which has just been published by the Central Conference of American Rabbis.

It may be difficult to believe that deep within us lies a hero. Often, the challenges of life seem endless. It takes humility, or *Anavah* to do the spiritual work and dig down deep enough to find our own heroism. The very fact that we are able to recover when we are down and find solutions to life's challenges comes from the fact that we are humans, sons and daughters of Adonai, created *B'tzelem Elohim*, in the divine image of God.

Rabbi Cohen will be celebrating his 20th year here at Temple Jeremiah. Please plan to join together for a special event to honor him for his service to our congregation on June 12th. More details to come.

Weekly Torah Portions

We invite you to join us on Saturday mornings to discuss the Torah portion and how it might apply to our lives. We meet at 9:30 a.m. every Saturday.



April 3, 2020

Tzav

Leviticus 6:1–8:36

April 11, 2020

Chol HaMo-eid Pesach

Exodus 33:12-34:26

April 18, 2020

Sh'mini

Leviticus 9:1-11:47

April 25, 2020

Tazria - M'tzora

Leviticus 12:1-15:33



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♥ Upcoming events

♥ Shabbat Shalom Message

♥ Pictures from school

♥ Youth event pictures

♥ Announcements

♥ And much more!

Ella Rubinstein: Teenager Making An Impact

Ella Rubinstein credits Temple Jeremiah with helping her figure out at a pretty young age exactly how she wants to spend her time. “I wouldn’t be as social justice oriented if it weren’t for Temple Jeremiah,” said this high school sophomore, “I’ve been involved with social justice as long as I can remember.”



Ella in Washington D.C., at L'Taken

“I know the world can be tough sometimes. If I can make someone’s day a little more bearable, I’m happy.”

Family Promise offered Ella her first opportunity to get involved with social justice. When Ella was in elementary school, her mom helped coordinate the program, and Ella would go along to provide dinner and play with the kids, who were spending the night at Temple Jeremiah with their own families. “Family Promise helped me understand that homelessness is complicated. There are many situations that lead to homelessness. We have to help people get back on their feet,” she said.



Ella with her buddy at Special Gifts Theater

When it came time for her Bat Mitzvah, Ella incorporated her interest in musical theater with her Tikkun Olam project by volunteering with Special Gifts Theater. Its program, Creativity in Motion, allowed Ella to partner with an individual with special

needs so the two could do a show together. “I’m so happy I did that because hands-on volunteering is the way you can really see your impact,” said Ella. Her work with the organization has continued, and she is currently helping a young man who is performing in a production of Aladdin. “I’m there for moral support,” she said, “These kids just want friends. I don’t feel like I’m volunteering. I’m just hanging out with my buddy.”

Earlier this year, Ella joined other teens on a four-day trip to Washington, D.C. where she participated for a second time in a L'Taken Social Justice Seminar run by the Religious Action Center of Reform Judaism. She learned about the Reform Jewish perspective on mental health and abortion rights and lobbied members of Congress on refugee caps. The highlight of Ella’s trip was participating in a Havdalah service at the Jefferson Memorial, and she called seeing U.S. Senator Tammy Duckworth the “coolest experience.” Ella came home fascinated by the idea of someday working in the nation’s capital, perhaps becoming a lawyer, and solving refugee crises.



Ella in front of Tammy Duckworth’s office

Ella is also involved in the local chapter of BBYO serving as the Vice President of Fundraising and is a member of Voices, a teen philanthropy board, charged with reviewing grant submissions and doling out thousands of charitable dollars. In addition, she’s on the speech team at Glenbrook North High School and is a member of the school’s Jewish Student Connections, a club that brings students together for different activities and programs.

So, what keeps this young lady motivated and involved? “Giving to other people and making a difference is what’s important. I’m so grateful for my life and opportunities and friends. I know the world can be tough sometimes. If I can make someone’s day a little more bearable, I’m happy,” she said, summing it all up, “I’m really into Judaism and have a passion for helping people.”

RABBI COHEN (*continued from page 1*)

Unfortunately, the true heroes of the story are rarely if ever mentioned or even named. They are, of course, the women who stepped up by conquering their evil inclination that would have them remain silent and passive. Then they stepped up to actually save the lives of individuals and save the entire community of the Israelites.

“Let us celebrate them not only by remembering them, but by emulating them. Let us overcome our evil inclination and become the heroes we are meant to be.

Yocheved, Moses' mother, is the first hero of our story. Rather than simply accept the decree of the Pharaoh, she built a basket out of reeds. She wove them together into a watercraft that shares the same Hebrew word with the vessel that Noah built at God's command. Yocheved with great heroic inner strength places Moses in the Ark and sets him floating down the Nile River.

The next heroic woman of our story is Miriam. She steps up of her own volition and follows the Ark with her baby brother inside to make sure he remains safe on this perilous voyage. Miriam, too, conquers her evil inclination that would have her remain a passive character, safe in her own home. Instead, Miriam remains with her brother, risking her life and witnessing the next heroic act of Pharaoh's daughter, named by the sages of our tradition as Batya, meaning “the daughter of God.”

Batya is at the Nile with her attendants. She sees the tiny Ark with

the infant inside. It is obvious that this is a Hebrew child. And yet she overcomes her own evil inclination and the command of her father and rushed into the water to save the helpless child. For this heroic act, Batya becomes a hero of our story. Miriam, who has been keeping watch, again risks her life by approaching Pharaoh's daughter and suggesting that she knows of a wet nurse who could feed this newly found child. Miriam brings their mother forward, reuniting mother and son.

Lastly, I want to name two other heroic women who prevented the genocide of our people in Egypt. Shifrah and Puah, two Egyptian midwives, refused to destroy the male infants born of the Israelite women defying Pharaoh's command. They overcame both the evil decree of the Pharaoh and their own evil inclination to play it safe. Shifrah and Puah risked their lives countless times to save lives.

Ben Zoma asked, “Who is truly heroic?” And he answered, “The one who can overcome their own evil inclination.” As we celebrate our Passover Seder this year, let us name and celebrate these heroes: Yocheved, Miriam, Batya, Shifrah and Puah. Let us celebrate them not only by remembering them, but by emulating them. Let us overcome our evil inclination and become the heroes we are meant to be.

Shalom,



Rabbi Paul Cohen, D.Min., D.D.

Summer Camp Scholarships Available

For Temple Jeremiah's Brotherhood, a hero is someone who offers resources, time, and strength in the service of the Jewish community, benefiting people who may never know them by name, but who will reap the rewards of their work.

The Brotherhood strives to put this understanding of heroism into practice by ensuring that the price of summer camp will not prevent young congregants from joining their peers at Olin-Sang-Ruby Union Institute (OSRUI). We know that Jewish summer allows campers to connect to their own identity and the larger Jewish community.

During the last year, we raised \$14,000 for summer camp

scholarships and are now accepting applications. Interested children should send a short essay (about three paragraphs) addressing the topic: "Why I Want to Go to A Jewish Overnight Camp" to Rusty Colman at warrencolman@gmail.com by April 15th. Many thanks to Rusty Colman, Bruce Zimmerman and Alan Turover for serving on the scholarship committee.

The Brotherhood also helps others by boxing and delivering Passover meals to local families in need through Maot Chitim. Thank you to Michael Schack who chaired this activity and to the volunteers who participated. For more information, contact Dan Bellows, Brotherhood President, at dbellows60025@yahoo.com.

Save the Dates for Upcoming Brotherhood Events!

Business Meeting at Barnaby's
Tuesday April 7th, 6:30 p.m.

Brotherhood Shabbat
Friday, May 8th

Religious School Barbecue
Sunday, May 17th

Art Show Creates Special Connection

Michelle giggles as the bubble wrap that she coated with white paint POPS when pressed to the canvas. She also likes the feelings of peeling the bubble wrap off the canvas and the movement of her arm as she blends the colors. Michelle is working on a piece that's part of a collaborative art project between the Center for Enriched Living (centerforenrichedliving.org) (CEL) and Temple Jeremiah. "I like that my adult group started it, and the kids are finishing it," Michelle said.



Michelle creating art with Shelly, for a CEL project

Program art class are creating the first layers of their projects. Their works will then move to Temple Jeremiah's Sunday School junior high classes on April 12th, where students will create the final layers. The goal is to make pieces that depict strength, courage, and acceptance. The completed designs will be featured and offered for sale at the annual Art Show on Sunday, April 26th along with multimedia

works created by artists from CEL.

The Riverwoods-based organization offers a variety of programs to people with developmental disabilities and autism giving them the opportunity to be fully included in the community, achieve personal success, and enjoy a good quality of life.

Congregant Judy Craven launched the Art Show several years ago in partnership with an organization serving people with developmental disabilities and autism. When that alliance ended, congregant Lori Kash facilitated a new relationship with CEL. During the first Temple Jeremiah CEL Art Show in 2017, more than 90 pieces of artwork were on display from 15 individual artists and many group collaborations. That show also introduced congregant Shelley Cohen to CEL, where she now volunteers teaching a weekly class. "While I was teaching elementary art, I always felt a strong need to connect with and include students with disabilities. It was often hard to establish a relationship as I had many students and time constraints. Volunteering at CEL has given me the opportunity to experience the joy of working with this community," she explained. Now, Shelley's experience is coming full circle as her students are bringing their art to Temple Jeremiah. Money raised during the event goes directly to the artists and CEL programs.

This year's collaborative projects also benefit Temple Jeremiah students, giving them an opportunity to learn about inclusion. "We are celebrating diversity by showing our kids what can happen when we bring our different skills together to create something unique and special," said Lori.



CEL Art Show 2019, Collaboration Piece

If you would like to volunteer at the Art Show by helping to set up, guiding our visitors, taking photos, or cleaning up, please contact Lori Kash at 847-612-4998, lorikash12@gmail.com or Judy Craven at 847-902-747, judyabc3@gmail.com.

Next CEL ART SHOW

Sunday, April 26th
10:00 a.m. - 12:00 p.m.

SOCIAL JUSTICE CALENDAR AT-A-GLANCE

For more information on Temple Jeremiah's social justice programs, visit tinyurl.com/tj-socialjustice.

April:

Sunday, April 5th: Feed the Hungry

Tuesday, April 7th: Eat and Be Well

Sunday, April 19th: Backpack Blessings

Tuesday, April 21st: Eat and Be Well

Sunday, April 26th: CEL Art Show

May:

Sunday, May 3rd: Feed the Hungry

Tuesday, May 5th: Eat and Be Well

Sunday, May 17th: Backpack Blessings

Tuesday, May 19th: Eat and Be Well



Guns in Our Community

Gun Violence Forum Reveals Hope for

By KATIE BICK

Communications Coordinator

katie@templejeremiah.org

During a thoughtful discussion on gun violence, panelists at a special Temple Jeremiah forum suggested solutions and compromise on gun control are possible. The synagogue hosted the program, "Guns in Our Community? Why You Should Care," 30 years after Temple Jeremiah experienced

and highlighted the difficulty in getting common-sense gun control laws passed.

"The biggest challenge is a lopsidedness of the monetary investment in the political process," said Phil Andrew explaining that state and federal governments have not substantially invested in research regarding gun violence. However, he said, the NRA and its affiliates have channeled their resources into funding favorable studies

“The biggest challenge is a lopsidedness of the monetary investment in the political process,” said Philip Andrew, explaining that state and federal governments have not substantially invested in research regarding gun violence.

a loss during the Hubbard Woods School shooting. Topics during the March 1st event included the regulation of gun purchasing, Supreme Court legislation regarding the Second Amendment, and the classification of gun ownership as a civil right.

Rabbi Paul Cohen moderated the forum which featured a panel including Phil Andrew, a former FBI crisis negotiator and survivor of that Hubbard Woods shooting; Mark Jones, a policy advisor for the Center for American Progress' Gun Violence Prevention program; Professor Sheldon Nahmod, a constitutional law professor; and Ed Sullivan, a former local congressman and Illinois Rifle Association lobbyist.

The discussion predominantly focused on gun-related legislation in Illinois

and obscuring data concerning the dangers of gun possession. "This has created an information vacuum," said Phil, "it hampers our ability to talk about the problem as well as our government's ability to understand the problem."

The panelists offered possible methods to combat the problem of gun violence in the United States, including federally regulating the sale of ammunition, increasing the rigor of background checks for potential gun buyers, and requiring substantial gun training in order to receive a license to carry a firearm.

The panelists also emphasized the crucial role bipartisanship would play in firearm reform. Per Mark Jones, "in Illinois, we have done outstanding work tightening



Featured Panelists, Guns in Our Community 3.1.2020

up gun laws." Mark attributes this to the willingness of both parties to collaborate and compromise on gun-related legislation. "The middle ground is important," said Mark, "together we can make change."

Ed Sullivan echoed this belief: "The topic is complicated," said Ed. "We need a proactive stance to keep the guns out of the hands of those who should not have them—we need a happy medium."

Overall, the panel stressed the possibility of comprehensive Second Amendment reform. "While it does seem overwhelming, the answer to gun violence is much easier and closer than expected," said Phil.

The forum's audience seemed to share this outlook. "Firearm violence is a tragedy," said attendee Joan Berenbaum. "But the fact that we all came out to this talk is important. It shows we are all invested in positive change."

Sisterhood Bookclub

For more information or to sign up, contact Vicki Siegelman at vsieg@gralynn.org.

Thursday, April 2, 2020, 10:00 - 11:30 a.m.

On Division, By Goldie Goldbloom



Pregnant? At her age? What will people say? "Goldbloom, who is herself Chasidic, writes with great depth of feeling about this close community but also with humor . . . She shows the joy of belonging to a community as well as the feelings of frustration at its strictures." — Kirkus

Thursday, May 14, 2020, 10:00 - 11:30 a.m.

The Lost Family, By Jenna Blum



A handsome bachelor in 1960s Manhattan carries a tragic past. Plagued by "survivor's guilt" can he allow himself to ever love again? Each unforgettable character in this deeply moving novel brings new meaning to the familiar phrase "never forget." — Booklist, starred review.

Denver Rabbi Coming to Share Personal Story of Mental Illness

When Rabbi Sandra Cohen had a stroke at the age of 34, continuing her work leading a congregation was too much to manage, so she began a new journey to find a way to remain involved in Jewish life. “At the time, I missed



Rabbi Sandra Cohen

being a congregational rabbi and the meaning it gave to my life. I had to figure out how to make meaning out of the life I have,” she said. So, she asked herself, “What would it mean for me to talk about who I am?” She will do just that when she visits Temple Jeremiah in mid-April during the congregation’s Mental Health Awareness Weekend.

During Friday Shabbat Services on April 17th, Rabbi Sandra Cohen (no relation to Rabbi Paul Cohen) will speak from the bima about her experience with her own mental health. As a teenager growing up in Minneapolis, she was diagnosed with major depression disorder and sought treatment from a therapist and a psychiatrist. After rabbinical school, she moved to Denver where she first served as an assistant rabbi at a large congregation for two years and then became the solo rabbi at a small urban congregation. Her dream job would come to an end after five years. “The stroke made

everything worse,” she said.

So, she made the shift from congregational rabbi to community rabbi and began to tell her story. After she would preach during services, at the

“I think it’s going to take us telling our stories over and over again. We have to make sure people understand mental illness is a real illness.

Kiddush or Oneg, Rabbi Cohen says, “Half the congregation would come tell me their stories. It’s so scary to talk to each other. How can we find a way to tell each other who we are and not judge each other?”

Now she travels internationally helping congregations become more open and welcoming for people with mental illness. “I think it’s going to take us telling our stories over and over again. We have to make sure people understand mental illness is a real illness. People assume someone has a breakdown, finds a therapist, and then gets better. That’s not how it works; many mental disorders are chronic and may flare up again during the course of a lifetime,” she explained.

“In our communities, we might start with small steps like displaying literature in the lobby,” she said, promising to provide more advice and guidance during a session on Sunday, April 19th.

Rabbi Sandra Cohen also has advice on how to support someone coping with a mental illness. “We can help one another simply by being there,” she said, “It’s like going to visit someone with a new baby. When you go, there’s no expectation you are going to make the baby sleep through the night. You go home knowing you were with them. You gave the gift of presence.”

Don’t miss this special opportunity to hear more from Rabbi Sandra Cohen during Temple Jeremiah’s Mental Health Awareness Weekend, an event held in conjunction with the Stanley C. Golder Interfaith Initiative which promotes understanding between faiths and embraces the unifying spirituality among all religions.

Mental Health Awareness Weekend

April 17 - 19, 2020

Join us for this special weekend, together with the Stanley C. Golder Interfaith Initiative and Scholar in Residence, Rabbi Sandra Cohen

Friday, April 17th, 6:30 p.m.
(Reception at 6:00 p.m.)

D’var Torah: Crying Out For Help:
The Mentally Ill Among Us

Saturday, April 18th, 9:30 a.m.
(following 8:30 a.m. worship)

Torah Study: *Bikkur Holim* Visiting the Sick: What to Say, What Not to Say

Sunday, April 19th, 9:30 a.m.

Adult Education: Creating Caring Communities: First Steps & Beyond

Sunday, April 19th, 4:00 p.m.

Opening our Hearts, Opening Our Minds: Engaging with Mental Health as a Shared Social Justice Concern - A panel discussion featuring: a politician, mental health expert, and representatives from the Jewish, Muslim, and Christian communities



Lately Around Jeremiah



Jeremiah Kids Gymnastics Party 2.23.2020



Jeremiah Kids Gymnastics Party 2.23.2020



5th Grade Wedding 3.1.2020



Sisterhood & Brotherhood Wine Night 3.5.2020



NFTY 678 Kallah 2.28.2020



5th Grade Wedding 3.1.2020



Sisterhood & Brotherhood Wine Night 3.5.2020

Coronavirus **COVID-19** Updates

Visit the COVID-19 Updates page on our website to read the latest updates from Temple Jeremiah's clergy, learn about family friendly activities to do while social distancing, and access community resources from around the globe.

For up-to-date event info & cancellations,
stay tuned to our online calendar.



FOR TEMPLE UPDATES & RESOURCES:
templejeremiah.org/covid-19-updates



**TEMPLE JEREMIAH
ANNOUNCEMENTS**



**VIRTUAL
PROGRAMMING**



**IDEAS &
RESOURCES**

IN HONOR OF**Jacob Cohen**

Son of Rabbi Paul and Cathy Cohen, *on the occasion of his engagement to Elana Gordon*
-Shirley Craven
-Judith Homer
-Michele and John Maeglin
-Ellen and Alan Toban
-Maralee and Ed Wicks

Rabbi Paul Cohen

In honor of his visit to Temple Sinai
-Celia and Robert Glast

Rabbi Rachel Heaps

For leading a wonderful L'Taken trip
-Amy and Brian Rubinstein

Diane and Joel Rovner

On the occasion of their marriage
-Mara and Gerry Lane

Ethan Rubin

Son of Jennifer and Andrew Rubin, *on the occasion of him becoming a Bar Mitzvah*
-Lynda Arnberg

Lee Saldinger

On the occasion of his 85th birthday
-Ellen and Alan Toban

Lexi and Max Shmarak

Children of Amy and Michael Shmarak, *on the occasion of them becoming B'nai Mitzvah*
-Marci and Adam Carl

Ernie Schubert

On the occasion of his special birthday
-Linda and Ernie Schubert

Michael Tatar

Son of Judy and Jerry Tatar, *on the occasion of his marriage to Erin Levy*
-Nancy and Arnee Eisenberg

Daniel Willner

Son of Suzanne and Brian Willner, *on the occasion of him becoming a Bar Mitzvah*
-Leslie Berman

IN MEMORY OF**Rhoda Adelstein**

Wife of David Adelstein
-David Adelstein

Robert Baldwin

Father of David Baldwin
-Vicki Siegelman and David Baldwin

Herbert Bass

Father of Phyllis Mitzen
-Phyllis and Michael Mitzen

Les Cohen

Brother of Ron Cohen
-Doris and Ron Cohen

Sylvia Cohen

Mother of Ron Cohen
-Doris and Ron Cohen

Rose Ettelson

Grandmother of Jill Goldy
-Jill Goldy and Mark Holtzer

Herman Fishman

Uncle of Susan Klepper
-Susan and John Klepper

Stanley Golder

Husband of Joan Golder, father of David Golder
-Joan Golder

Toni Goldman

Mother of Jamie Zelvin
-Leslie Berman

Herschell Goodman

Father of Karen Goodman
-Karen Goodman and Robert Joseph

Richard Homer

Husband of Judith Homer; father of Laurel Shapiro
-Judith Homer

Hilda Jacobs

Mother of Alan Jacobs
-Avrie and Alan Jacobs

Arthur J. Kaplan

Husband of Muriel Kaplan
-Muriel Kaplan

Susan Klein

Mother of Elizabeth Shabelman
-Elizabeth and Doug Shabelman

Brenda Ross Laurito

Wife of Charles Laurito
-Charles Laurito

Alfred London

Father of Richard London
-Lisa and Jason Guralnick

Claire Neinstein

Grandmother of Alyson Margulies
-Alyson and Daniel Margulies

Isaac Pilossoph

Father of Jackie Pilossoph
-Jackie Pilossoph

Joan Plotkin

Mother of Arlyn Stern-Hiltzik
-Arlyn Stern-Hiltzik and David Hiltzik

Jean Ryack Levin

Mother of Joyce Suchsland
-Joyce and Mike Suchsland

Bernice and Leo Rand

Parents of Diane Block
-Diane and Bradford Block

Ann Robinson

Mother of Sheila Schlagger
-Sheila Schlagger

Milton Ruthstein

Father of Sheila Schlagger
-Shirley Schwartz

Barbara Traugot

Mother of Elyse Esrig
-Elyse and Gregg Esrig

Lisa Schlagger Vissering

Daughter of Sheila Schlagger
-Sheila Schlagger

Donate to Temple Jeremiah

Making a donation to Temple Jeremiah is a wonderful way to honor a friend or family member on their happy occasion or to memorialize a loved one. You can make a donation in two easy ways:

1. Click on "Make a Donation" at templejeremiah.org or visit the Member Login section and click on "Donate" to donate online via credit card or ACH/eCheck.
2. Mail a check to Temple Jeremiah, 937 Happ Road, Northfield, IL, 60093. Be sure to include a note as to what the donation is for and which fund you prefer.

Your Donation Supports:

Temple Jeremiah Annual Fund • Temple Jeremiah Endowment Fund • Temple Jeremiah Building Maintenance Fund • Social Justice Fund • Education Fund • Stanley Golder Interfaith Initiative Fund • Marshall B. & Viola R. Schwimmer Library Fund • Prayer Book and Torah Commentary Fund • Caring Community • The Bill and Norma Brown Fund for Lifelong Learning • The InterAct Fund for Youth Programming • The Fern M. Kamen Fund for Youth • Joseph H. Goldberg Family Fund for Special Needs Programming • The Cantor Amy Zussman Fund for Music • Brotherhood Fund • Sisterhood Fund
Discretionary Funds: Rabbi Paul F. Cohen • Rabbi Rachel L. Heaps • Cantor Susan Lewis Friedman

ADULT LEARNING April 2020

Pulse of Our World with Rabbi Paul Cohen

Sunday, April 5, 2020, 9:30 a.m.

Join Rabbi Paul Cohen for discussion of the current events from around our community and world.

Talmud to Go

Friday, April 10, 2020, 9:00 a.m.

Panera Bread, 772 Skokie Blvd., Northbrook
 Start your day off with a taste of Talmud learning. Join our rabbis the 2nd Friday of the month as we dive into the Talmud and how it helps guide our lives. Contact Rabbi Rachel Heaps with questions.

Book Discussion with Ruth Adler: Waking Lions by Ayelet Gundar-Goshen

Sunday, April 12, 2020, 9:30 a.m.

Set in Israel, the novel involves a privileged doctor who kills an Eritrean immigrant in a hit-and-run incident. What ensues is a series of moral behaviors and ethical decisions, each with a psychological edge.

Mental Health Initiative Weekend

Friday, April 17 - Sunday, April 19, 2020

(Details on page 9)

Lunch & Learn - Torah in the Workplace: Jewish Responses to Contemporary Challenges

Wednesday, April 22, 2020, 12:00 p.m.

Take a lunch break and join us downtown for Lunch & Learn with Rabbi Cohen, who will lead a lively and interactive discussion. No experience or knowledge of Hebrew is needed. Each meeting is self-contained and open to all.

Events that Shaped Our Nation, with Historian Laurence Stern

Sunday, April 26, 2020, 9:30 a.m.

Laurence Stern explores the important decisions that shaped national and world events. A real eye opener with respect to the past, and a clear warning to the present and the future.



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Temple Jeremiah's Backpack Blessings

Thank you to the Daily North Shore for its January article, *Handle with Care*, highlighting Temple Jeremiah's Backpack Blessings program.

This social justice project ensures children in the Highland Park/Highwood School District who qualify for free or reduced lunch and breakfast at school go home with a bag of nourishing food to eat on weekends.



Photos courtesy of the Daily North Shore (Debbie Lee)



The Daily North Shore reports: "One in 15.5 people in Highland Park live in poverty. Poverty rates for children in nursery and elementary schools are just above 10 percent... Five dollars can feed a child for the weekend, and \$140 can provide enough food for an entire school year."

Temple Jeremiah is committed to getting to the root of issues impacting our community and will always work toward *tikkun olam*, repairing the world.

You can read the entire article at tinyurl.com/NSD-BB2020. To learn more about this and other social justice programs at Temple Jeremiah, visit tinyurl.com/tj-socialjustice.