

High Holy Day Schedule 2019/5780

Mark your calendars for the High Holy Days. Wishing everyone a sweet new year!

Rosh HaShanah

Erev Rosh HaShanah: Sunday, September 29, 2019

7:30 p.m. **Evening Worship**

Rosh HaShanah Day 1: Monday, September 30, 2019

9:00 a.m. **Morning Worship (early service)***

10:30 a.m. **Tashlich**

We will take a brief walk, during which we will reflect on the year that has passed and the year to come. We will then complete the ritual of tossing breadcrumbs into water, symbolically washing away our sins to begin the New Year with a clean slate. This is appropriate for both adults and children of all ages.

11:00 a.m. **Morning Worship (late service)***

11:00 a.m. **Teen Service**

A teen-led, participatory, musical worship experience for all seventh through twelfth (7th-12th) graders. Bring your voice, your enthusiasm, and your friends! If you would like to participate please contact Rabbi Rachel Heaps at RabbiHeaps@templejeremiah.org.

2:00 p.m. **Children's Worship**

This fun and exciting service is appropriate for preschoolers through second (2nd) graders and their families. This service is open to the community. We simply ask that you sign up so we know to expect you.

2:00 p.m. **Youth Worship**

Third through sixth (3rd-6th) graders are invited to attend this lively, energetic service. This service is open to the community. Be sure to sign up so we know to expect you.

3:30 p.m. **Worship for Families with Special Needs**

This worship service will include music, prayers, and a story geared for individuals of all abilities and those who love them. Visit our Inclusion page at templejeremiah.org/get-involved/inclusion-committee for more information or RSVP to Caren Brown at ceb994@gmail.com.

Rosh HaShanah Day 2: Tuesday, October 1, 2019

10:00 a.m. **Morning Worship, followed by light Kiddush**

Start the new year off in our Chicago "Garden of Eden" - the Botanic Garden. Our traveling *tefila* will bring us to locations in and around the gardens, informing and inspiring our High Holy Day liturgy and study. There will be plenty of opportunities to sit and take in the beauty around you. Wear comfortable shoes, and bring an open soul.

Yom Kippur

Erev Yom Kippur (Kol Nidre): Tuesday, October 8, 2019

6:30 p.m. **Evening Worship (early service)***

8:30 p.m. **Evening Worship (late service)***

Yom Kippur: Wednesday, October 9, 2019

9:00 a.m. **Morning Worship (early service)***

11:00 a.m. **Morning Worship (late service)***

11:00 a.m. **Teen Service**

A teen-led, participatory, musical worship experience for all seventh through twelfth (7th-12th) graders. Bring your voice, your enthusiasm, and your friends!

11:00 a.m. **Movement and Meditation**

This is a wonderful 75-minute session that blends the movements of yoga with a spiritual focus on the themes of Yom Kippur and the High Holy Days. We'll experience a restorative yin yoga practice, combining movement, intention, and prayer. Please wear comfortable clothing and bring a yoga mat, blanket, and pillow.

2:00 p.m. **Children's Worship**

This fun and exciting service is appropriate for preschoolers through second (2nd) graders and their families. This service is open to the community. We simply ask that you sign up so we know to expect you.

2:00 p.m. **Youth Worship**

Third through sixth (3rd-6th) graders are invited to attend this lively, energetic service. This service is open to the community. Be sure to sign up so we know to expect you.

2:00 p.m. **Adult Study**

We will explore a text that relates to Yom Kippur and the High Holy Days.

3:30 p.m. **Afternoon Service, including Yizkor and Ne'ilah**

Our Yom Kippur Afternoon Worship is a special, meaningful culmination of our High Holy Day season. We begin the service at 3:30 p.m., during which two of our congregants will share their personal reflections. We'll continue with a Yizkor and healing service, using the meaning of the holiday to recall our loved ones who are no longer with us, and spiritually heal from the pain, illnesses, and sufferings of our lives. Then we'll conclude our worship service with Ne'ilah, including the majestic call of our "Shofar Orchestra," followed by an inspiring Havdalah. Children are welcome and encouraged to join their parents for Ne'ilah, and anyone who has a shofar and wants to be part of our Shofar Orchestra, please bring your shofar with you.

6:30 p.m. **Break the Fast**

** Choose which service time works best for you*

Visit the High Holy Day page on our website (templejeremiah.org) for more information. If you have any questions about your name badges, please contact Pamela Stauffer at 847.441.5760 or pamela@templejeremiah.org.