

Where to Turn During Times of Difficulty ... Community Resources

Various organizations are available to serve you.

Temple Jeremiah

847/441-5760 or office@templejeremiah.org

www.templejeremiah.org

Our clergy and staff are always here to help you in any way possible.

EMERGENCY ASSISTANCE	
<u>Organization</u>	<u>Services</u>
The ARK 773/973-1000 www.arkchicago.org	Delivers medical, social welfare, legal and other human services
JUF/J-HELP 312/357-4949 or jhelp@juf.org	Provides financial help for emergency food, utilities, rent, medicine and scholarships
New Trier Township Social Services 847/446-8201 www.newtriertownship.com	Provides general assistance for the basic needs of residents who are unemployed or disabled and who have no other forms of income or assets
Northfield Township Social Services 847/724-8300 www.twp.northfield.il.us	Provides general assistance to the indigent. Also works with people in need of emergency assistance
West Deerfield Township Food Pantry 847/945-0614 www.westdeerfieldtownship.org/community	Provides year-round food pantry, offering non-perishable and personal care items
MEDICAL/PSYCHOLOGICAL/COUNSELING	
<u>Organization</u>	<u>Services</u>
Cancer Wellness Center 847/509-9595 www.cancerwellness.org	Offers a full range of free psycho-social support services, bereavement services, stress reduction programs and educational opportunities

MEDICAL/PSYCHOLOGICAL/COUNSELING	(continued)
Organization	Services
Chai Lifeline – Midwest Region 847/763-1818 www.chailifeline.org	Brings joy to seriously ill young patients and their families through family-centered programs
Evanston Northwestern Healthcare Home Services 847/475-2001 www.northshore.org	Offers a full spectrum of home care services including skilled nursing, physical and occupational therapy, hospice, private nursing and medical equipment
Family Services of Glencoe 847/835-5111 www.familyserviceofglencoe.org	Provides counseling, psychotherapy services, a domestic violence program, community education programs, emergency funds and vouchers, and crisis intervention in case of a tragedy in schools, businesses or homes
Family Services of Glenview, Kenilworth, Northbrook & Wilmette 847/251-7350 www.familyservicecenter.com	Provides education, consultation and psychotherapy to those who live, work or attend school in Glenview, Kenilworth, Northbrook and Wilmette
Family Services of Winnetka/Northfield 847/446-8060 www.familyservicewn.org	Promotes emotional well-being for individuals and families through quality, affordable counseling and psychotherapy
Hadley School for the Blind 847/446-8111 www.hadley-school.org	Promotes independent living for blind people, their families and service providers
Jewish Child & Family Services (and the Jewish Healing Network) 312/444-2090 www.jcfs.org	Offers expertise on a range of family issues through an array of therapeutic, educational and preventative programs

MEDICAL/PSYCHOLOGICAL/COUNSELING	
	(continued)
Organization	Services
Josselyn Center for Mental Health 847/441-5600 www.josselyn.org	Provides individual, family and group counseling services on a sliding fee scale
Midwest Palliative & Hospice Care Center 800-331-5484 www.midwestpalliativeandhospicecarecenter.org	Provides compassionate, high-quality healthcare for people with life-challenging conditions - from home wellness services to consultations in palliative care to hospice services and grief support
Willpower Inc. 847/501-2939 www.willpower.org	Provides adults with mental illness with counseling, case management, outreach, wellness education, employment assistance and supportive housing
EMPLOYMENT	
Organization	Services
Career Resource Center 847/295-5626 www.careerresourcecenter.org	A career transition center providing education, training and mentoring
Heartland – Bridge to Success 773/433-1260 www.thebridgetosuccess.org	Provides job applicants with appropriate clothing, coaching and related services in preparation for job interviews and employment
Jewish Vocational Service - Jewish Employment Network 312/673-3400 or jvs@jvschicago.org (Main office) www.jvschicago.org	Offers sessions with counselors, networking events, support groups and various other programs to assist job-seekers in finding employment
SENIOR CITIZEN RESOURCES	
Organization	Services
Council for the Jewish Elderly SeniorLife 773/508-1000 or info@cje.net www.cje.net	A comprehensive network of housing, healthcare, community services, education and applied research for older adults and their families throughout metropolitan Chicago

SENIOR CITIZEN RESOURCES	(continued)
<u>Organization</u>	<u>Services</u>
Gidwitz Place for Assisted Living and the Friends Center for Alzheimer's Care 866-421-8266	Assists older adults with tasks such as medication reminders, bathing and housekeeping
Meals on Wheels 312/744-2120 www.mealsonwheelschicago.org	Provides isolated and homebound seniors with food and contact, helping them maintain self-sufficient and dignified lives
North Shore Senior Center 847/784-6000 www.nssc.org	Provides programs and support services so older adults can continue living in their own homes. Provides a wide range of services in the home and a comprehensive analysis of needs to determine an older person's eligibility for benefits under entitlement programs. The center also offers a wide variety of cultural, recreational, educational and social activities.
HOUSING	
<u>Organization</u>	<u>Services</u>
Interfaith Housing Center of the Northern Suburbs 847/501-5760 www.interfaithhousingcenter.org	Investigates fair housing, landlord-tenant and predatory lending complaints. Its Homesharing program matches home providers with seniors seeking affordable housing
SHELTERS/DOMESTIC ABUSE	
<u>Organization</u>	<u>Services</u>
Deborah's Place www.deborahsplace.org	Offers a complete continuum of housing options, linked with vital supportive services, to women who are homeless
Mary Lou's Place (formerly the Evanston Shelter for Battered Women and their Children) 847/864-8445 24-Hour Crisis Line 847/864-8780	Domestic violence shelter for up to 90 days. Offers a crisis line, screening and referral services and counseling

SHELTERS/DOMESTIC ABUSE	
	(continued)
<u>Organization</u>	<u>Services</u>
MENSCH (Men for Shalom in the Community and Home) www.chicagomensch.org	Promotes healthy relationships by providing education, awareness and prevention programs that discourage violence in relationships
PADS Crisis Services of Lake County 847/689-4357 www.lakecountypads.org	Provides emergency shelter, permanent housing and supportive services to homeless families with children and individuals in Lake County
SHALVA 773/583-4673 www.shalvaonline.org	Addresses domestic abuse through awareness, education and prevention programs. Aids abuse victims in the Jewish community.
YOUTH SERVICES	
<u>Organization</u>	<u>Services</u>
Erika's Lighthouse Erikaslighthouse.org	Raises awareness about adolescent depression and mental health for young people. Its Red Flags Program is a Comprehensive Adolescent Depression Awareness Program for middle school students.
Haven Youth and Family Services 847/446-5606 www.havenforyouth.org	Helps young people make a healthy transition to adulthood. Provides crisis intervention for youth who have run away or been abused, neglected or going through difficult times.
LINKS – North Shore Youth Health Service 847/441-6191 www.linksyouth.org	Provides medical treatment, counseling, community education and support services for minority youth and mentoring for adolescent parents
Youth Services of Glenview/Northbrook 847/724-2620 www.youthservices-gn.org	Teaches social, problem-solving and decision-making skills and builds self esteem for youth in Glenview, Northbrook and Northfield Township

RECREATION/EDUCATION	
Organization	Services
KESHET 847/205-1234 www.keshet.org	Provides education, recreation and vocational programs for children and young adults with special needs
NSSRA (North Suburban Special Recreation Association) 847/509-9400 www.nssra.org	Intergovernmental partnership providing year-round recreation programs for children and adults with disabilities
Special Olympics 202/628-3630 www.specialolympics.org	Empowers individuals with intellectual disabilities to become physically fit, productive members of society through sports training and competition
Waukegan Project (Barb and Steve Miller – 847/266-1686)	Temple Jeremiah’s ongoing project to support education in Waukegan’s underfunded school district